



UNITED TOWNSHIP HIGH SCHOOL BREAKFAST

**March
2020**

*Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Alternate Items Available Daily: Hot/Cold Cereal, Yogurt, Bagel, Breakfast Sandwich, Fruit
Choice or Fruit Juice Choice.
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg, Sausage & Cheese Biscuit Fresh Orange	3 Scrambled Egg French Toast & Syrup Applesauce Fruit Cocktail	4 Scrambled Egg Fresh Baked Cinnamon Roll Fresh Apple	5 Cheese Omelet Assorted Muffin Peaches Sliced Pear	6 Glazed Donut Sausage Links Assorted Fruit
9 Spring Intersession	10 Spring Intersession	11 Spring Intersession	12 Spring Intersession	13 Spring Intersession
16 Scramble Egg French Toast & Syrup Fresh Orange	17 Pancakes & Syrup Sausage Patty Peaches Sliced Pear	18 Cheese Omelet Assorted Muffin Hash Brown Fresh Apple	19 Scrambled Egg Waffles & Syrup Assorted Fresh Fruit	20 Pancake & Sausage On A Stick Slice Pears Fruit Cocktail
23 Glazed Donut Sausage Links Fresh Apple	24 Scrambled Egg French Toast & Syrup Fresh Banana	25 Ham Or Vegetable Quiche Assorted Muffin Fresh Orange	26 Sausage, Egg & Cheese Croissant Applesauce Pears	27 Scrambled Egg Pancake & Syrup Assorted Fresh Fruit
30 Scrambled Egg Fresh Baked Cinnamon Roll Applesauce Orange Juice	31 Scrambled Egg French Toast & Syrup Fresh Apple			



UNITED TOWNSHIP HIGH SCHOOL LUNCH

March 2020

Daily Lunch Choices: A variety of premade Salad, Hoagie Lunch, Soft Pretzel Lunch
*MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 <u>Chef Special</u> Chili With Grilled Cheese Sandwich Mixed Green Salad Baby Whole Carrot/ Dip Assorted Fruit Sorbet Applesauce</p>	<p>3 <u>Chef Special</u> Chicken Alfredo Served With A Whole Grain Garlic Bread Stick Peas Mixed Green Salad Fresh Orange</p>	<p>4 <u>Chef Special</u> General Chicken Fried Rice Vegetable Egg Roll Mixed Green Salad Broccoli Applesauce Assorted Craisin</p>	<p>5 <u>Chef Special</u> Mac & Cheese Served With A Whole Grain Dinner Roll Carrots Mixed Green Salad Fresh Apple</p>	<p>6 <u>Chef Special</u> Spicy Chicken Breast Served On A Whole Grain Bun Baby Whole Carrot/ Dip Oven Baked French Fry Mixed Berry Fruit Cup Applesauce</p>
<p>9 Spring Intersession</p>	<p>10 Spring Intersession</p>	<p>11 Spring Intersession</p>	<p>12 Spring Intersession</p>	<p>13 Spring Intersession</p>
<p>16 Pasta Bar Served With A Whole Grain Garlic Bread Stick Spicy Chicken Tenders Served With A Whole Garlic Bread Sticks <i>Mixed Green Salad</i> Carrots Applesauce Strawberries</p>	<p>17 Chicken Fajita Spanish Rice Taco & Cheese Burrito Pork Tenderloin Served On A Whole Grain Bun Refried Beans Mixed Green Salad Fresh Apple</p>	<p>18 Oven Baked Chicken Leg Served With Whole Grain Dinner Roll Country Fried Steak Served With Whole Grain Dinner Roll Green Bean Mixed Green Salad Mashed Potato and Gravy Applesauce Assorted Fruit Sorbet</p>	<p>19 Mac and Cheese Served With Whole Grain Dinner Roll Corn Dog Mixed Green Salad Oven Baked Sweet Potato Fries Broccoli Assorted Fruit</p>	<p>20 Honey BBQ Pork Patty Cheeseburger Fish Sandwich Served On A Whole Grain Bun Pepperoni Calzone Oven Baked French Fries Mixed Green Salad Baby Whole Carrot/ Dip Applesauce Assorted Craisin</p>
<p>23 Baked Italian Rotini Served With Whole Grain Garlic Bread Breaded Chicken Breast Served On A Whole Grain Bun Steamed Broccoli Mixed Green Salad Oven Baked French Fries Applesauce Craisin</p>	<p>24 Mandarin Orange Chicken Fried Rice Vegetable Egg Roll Mike's Cheese Bites Carrot Mixed Green Salad Fresh Orange</p>	<p>25 Cheeseburger On A Whole Grain Bun Spicy Chicken Breast On A Whole Grain Bun Mixed Green Salad Oven Baked French Fries Assorted Fruit Sorbet Applesauce</p>	<p>26 Pepperoni Calzone Walking Taco's Mixed Green Salad Refried Beans Carrots Fresh Apple</p>	<p>27 Breaded Dill Chicken Breast Served On A Whole Grain Bun Pork Tenderloin Served On A Whole Grain Bun Pizza Baby Whole Carrot/ Dip Oven Baked French Fries Green Bean Applesauce Craisin</p>
<p>30 Cheesy Ravioli With A Whole Grain Garlic Stick Italian Chicken Breast on a Whole Grain Bun Baby Whole carrot/ Dip Mixed Green Salad Broccoli Fresh Orange</p>	<p>31 Chicken Patty Served On A Whole Grain Bun Smoked Pulled Pork Sandwich Served On A Whole Grain Bun Oven Baked French Fries Baked Beans Mixed Green Salad Applesauce Assorted Fruit Sorbet</p>			



UTEC BREAKFAST MENU

**March
2020**

*Milk choice includes:
Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chocolate Muffin Fresh Orange	3 Scrambled Egg French Toast & Syrup Applesauce Fruit Cocktail	4 Powder Donut Fresh Apple	5 Cheese Omelet Assorted Muffin Peaches Sliced Pear	6 Honey Bun Assorted Fruit
9 Spring Intersession	10 Spring Intersession	11 Spring Intersession	12 Spring Intersession	13 Spring Intersession
16 Whole Grain Cereal Applesauce Orange Juice	17 Pancakes & Syrup Sausage Patty Peaches Sliced Pear	18 Chocolate Mint Donut Fresh Apple	19 Scrambled Egg Waffles & Syrup Assorted Fresh Fruit	20 Assorted Pop Tarts Fruit Cocktail Sliced Pear
23 Glazed Donut Sausage Links Fresh Apple	24 Scrambled Egg French Toast & Syrup Fresh Banana	25 Yogurt Assorted Muffin Fresh Orange	26 Sausage, Egg & Cheese Croissant Applesauce Sliced Pears	27 Honey Bun Assorted Fresh Fruit
30 Assorted Pop Tarts Applesauce Orange Juice	31 Scrambled Egg French Toast & Syrup Fresh Apple			



UTEC/PHOENIX LUNCH MENU

March 2020

Milk choice includes: Choice of non-fat (flavored or unflavored) or 1% milk (unflavored)

**Menu subject to change*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chili With Grilled Cheese Sandwich Baby Whole Carrots Assorted Fruit Sorbet Applesauce</p>	<p>3 Chicken Alfredo Served With A Whole Grain Garlic Bread Stick Peas Mixed Green Salad Fresh Orange</p>	<p>4 General Chicken Fried Rice Vegetable Egg Roll Broccoli Applesauce Assorted Craisin</p>	<p>5 Bosco Sticks Mixed Green Salad Baby Whole Carrot/ Dip Fresh Apple</p>	<p>6 Pizza Baby Whole Carrot/ Dip Oven Baked French Fry Mixed Berry Fruit Cup Applesauce</p>
<p>9 Spring Intersession</p>	<p>10 Spring Intersession</p>	<p>11 Spring Intersession</p>	<p>12 Spring Intersession</p>	<p>13 Spring Intersession</p>
<p>16 Spicy Chicken Tenders Served With A Whole Garlic Bread Sticks <i>Mixed Green Salad</i> Carrots Applesauce Sliced Pears</p>	<p>17 Taco & Cheese Burrito Refried Beans Mixed Green Salad Fresh Apple</p>	<p>18 Country Fried Steak Served With Whole Grain Dinner Roll Green Bean Mashed Potato and Gravy Applesauce Assorted Fruit Sorbet</p>	<p>19 Corn Dog Oven Baked Sweet Potato Fries Broccoli Assorted Fresh Fruit</p>	<p>20 Pizza Oven Baked French Fries Baby Whole Carrot/ Dip Applesauce Assorted Craisin</p>
<p>23 Breaded Chicken Breast Served On A Whole Grain Bun Steamed Broccoli Oven Baked French Fries Applesauce Assorted Craisin</p>	<p>24 Mike's Cheese Bites Baby Whole Carrot/Dip Mixed Green Salad Fresh Orange</p>	<p>25 Cheeseburger On A Whole Grain Bun Mixed Green Salad Oven Baked French Fries Assorted Fruit Sorbet Applesauce</p>	<p>26 Walking Taco's Mixed Green Salad Refried Beans Fresh Apple</p>	<p>27 Breaded Dill Chicken Breast Served On A Whole Grain Bun Baby Whole Carrot/ Dip Oven Baked French Fries Applesauce Assorted Craisin</p>
<p>30 Cheesy Ravioli With A Whole Grain Garlic Stick Baby Whole carrot/ Dip Broccoli Fresh Orange</p>	<p>31 Bosco Sticks Oven Baked French Fries Mixed Green Salad Applesauce Assorted Craisin</p>			