

Updated Community Food Resource List:

Anyone with a need of food can go to [mcdowellcares.com](http://mcdowellcares.com) to fill out the form. An email will then be sent to Mandi Pittman who is coordinating this effort at Grace Community Church. If families do not have access to the internet, they can call Grace Community Church at 724-9599 for assistance.

Website: [www.mcdowellcares.com](http://www.mcdowellcares.com)

Free Meal Opportunities for kids at local restaurants

March 16th-26th

Limit one per day Monday-Friday

- Fat Boys Burritos- Free kids meal one taco with chips and a drink
- Smokey Q's- Free kids meal with a drink
- McDowell Local-Free kids meal with a drink- Tuesday- Friday
- Main Street Pizza-Free kids meal- 6 different choice options
- BoonDocks Sports Bar and Grill-Free kid's meal
- McDonalds on West Henderson and Hwy 70 West-Free kids meal of hamburger, cheeseburger, or 4-piece chicken nugget and small fries; apples or yogurt  
Between the hours of 11am- 2pm any day of the week until school is back in session
- Whistle Stop in Old Fort-Free kids meal- 7 inch cheese or pepperoni pizza and a drink

East Marion Baptist Church:

If you have a need food assistance and you live in the East Marion district, please call East Marion Baptist Church

Phone: 559-2575

McDowell Mission Ministries:

Saturday and Sunday

12:00 until food is depleted

Phone: 659-3981

Grace Community Church:

Every Wednesday

2:00-4:30

Phone: 724-9599

Clinchfield United Methodist Church:

Tuesday and Thursday

11:00-1:00

Phone: 559-2643

Corpening YMCA Marion:

Every Saturday 11-1:00- Pre-packaged meals

Third Thursday 4:30-5:30- Mobile Market

Senior Center- Old Fort

Second and Fourth Thursday 10:30-11:30

Phone: 775-7081

Centro Unido

Every other Thursday starting this Thursday March 19th

12:00 til food is depleted

Phone: 828-852-0727

Clinchfield United Methodist Church

Tuesdays and Thursdays outside weather permitting

11:00-1:00

Phone: 704-678-4781

Bounty and Soul

Drive Thru- pre-packaged food

Tuesdays at Saint James Episcopal Church

424 West State Street in Black Mountain

11:00-1:00

Phone: 419-0533

Bounty and Soul

Fridays at Black Mountain Presbyterian Church

117 Montreat Rd. Black Mountain

4:00-6:00

Phone: 419-0533