



*Parent Coffee Talk*  
*With the Counselors*

Please join us for the following presentations at Baker Middle School:

## Mindfulness

by Jessica Cortez, LMSM  
Child and Adolescent Therapist

Save the Date: Friday, October 12<sup>th</sup> at 9:30 am

## Overcoming Social Obstacles

by Jennifer L. Elliott, M.A., LPC, NNC  
Child and Adolescent Therapist

Save the Date: Monday, November 5<sup>th</sup> at 9:30 am

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