

Breakfast Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 French Toast Sticks 100% Fruit Juice Fruit Milk	4 Coffee Cake Fruit Cup Fruit Milk	5 Apple Jacks Cereal Whole Grain Bites Fruit Milk	6 Bean & Cheese Burrito Hot Sauce Fruit Milk
9 Banana Bread Fruit Milk	10 Mini Confetti Pancakes 100% Fruit Juice Fruit Milk	11 Strawberry Bagel Bar Fruit Cup Fruit Milk	12 Cinnamon Vanilla Crunch Cereal Fruit Milk	13 Boom Chicken Boom Sandwich *V: Boom Cheese Boom* Fruit Milk
16 Pan Dulce Fruit Milk	17 Chicken & Waffle *V: Waffles* Syrup 100% Fruit Juice Fruit Milk	18 Blueberry Muffin Flat Fruit Cup Fruit Milk	19 Frosted Flakes Cereal Whole Grain Bites Fruit Milk	20 Breakfast Cheese Tamale Fruit Milk
23 Mango Bar Fruit Milk	24 Cheesy Pretzel Bread Sandwich 100% Fruit Juice Fruit Milk	25 Coffee Cake Fruit Cup Fruit Milk	26 Fruit Loops Whole Grain Bites Fruit Milk	27 Bean & Cheese Burrito Hot Sauce Fruit Milk
30 Yogurt Granola Fruit Milk	1	2	3	4

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This institution is an equal opportunity provider.



Lunch Specials

September 2019



**Tuesday
September 10th**

Spicy Chicken
Patty Burger
w/ Baked Fries

A spicy twist on our traditional breaded chicken patty burger! Served with a oven baked fries.



**Tuesday
September 17th**

BBQ Cheeseburger w/
Baked Fries

All beef hamburger patty topped with cheddar cheese and a tangy BBQ sauce on a whole wheat bun. Served with oven baked fries.



**Thursday
September 26th**

Chef Antonia Lofaso's
Korean Chicken Wings

CHEF'S SPECIAL

Sweet & spicy wings with a bang! Made fresh with garlic, honey, Sriracha, Sambal and fresh chopped cilantro! Served with "not so fried" rice. Order quickly these won't last long!



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Lunch Menu K-8

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Beef Hot Dog <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	4 Turkey Nachos Tortilla Chips <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	5 Chicken Alfredo <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Teriyaki Chicken Not So Fried Rice <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
9 Baked Ziti w/ Meat Sauce <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	10 Chicken Patty Burger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i> <i>Special</i>	11 Turkey Chili Popped Corn Chips <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	12 Breaded Chicken Leg Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Chicken Burrito Bowl <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
16 Chicken Tamale Mixed Vegetables <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	17 Cheeseburger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i> <i>Special</i>	18 Spaghetti & Meatballs <i>Baby Tomatoes</i> <i>Fruit</i> <i>Milk</i>	19 Beef & Cheese Burrito <i>Side Salad</i> <i>Premium Bulk Fruit Day</i> <i>Milk</i>	20 Breakfast for Lunch: French Toast, Pork Sausage, & Tots <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
23 Orange Chicken Chow Mein Noodles <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	24 Corn Dog <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	25 Cheese Lasagna <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	26 CHEF'S SPECIAL Hamburger <i>Pickles, Tomato, & Lettuce Kit</i> <i>Fruit</i> <i>Milk</i>	Popcorn Chicken Cheesy Mashed Potatoes <i>Whole Grain Dessert</i> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
3 FS Green Chicken Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	1	2	3	4

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Lunch Vegetarian Menu K-8



September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Plant-Based "Chicken" Tenders <i>Oven Baked Fries</i> <i>Baked Chips</i> <i>Fruit</i> <i>Milk</i>	4 Cheese Nachos Tortilla Chips <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	5 Penne Alfredo <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Plant-Based "Chicken" Teriyaki Not So Fried Rice <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
9 PP Cheesy Baked Ziti <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	10 Vegetarian Burger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	11 Bean & Cheese Chili Popped Corn Chips <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	12 Plant-Based "Chicken" Tenders Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Bean Burrito Bowl <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
16 Cheese Tamale Mixed Vegetables <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	17 Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	18 Baked Spaghetti w/ Plant-Based "Beef" <i>Baby Tomatoes</i> <i>Fruit</i> <i>Milk</i>	19 Bean & Cheese Burrito <i>Side Salad</i> <i>Premium Bulk Fruit Day</i> <i>Milk</i>	20 Breakfast for Lunch: French Toast, Plant-Based "Chicken" & Tots <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
23 Orange Plant-Based "Chicken" Tenders Chow Mein Noodles <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	24 Plant-Based "Chicken" Tenders <i>Oven Baked Fries</i> <i>Baked Chips</i> <i>Fruit</i> <i>Milk</i>	25 Cheese Lasagna <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	26 Vegetarian Burger <i>Pickles, Tomato, & Lettuce Kit</i> <i>Fruit</i> <i>Milk</i>	27 Plant-Based "Chicken" Tenders Cheesy Mashed Potatoes <i>Whole Grain Dessert</i> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
30 Green Cheese Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	1	2	3	4

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Sandwich Menu K-8

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Roast Beef Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	4 Club Sandwich <i>*Contains Pork*</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	5 Turkey Ham & Cheese Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Build Your Own Tuna Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
9 Deli Chicken & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	10 Turkey Ham & Cheese Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	11 Ham & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	12 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
16 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	17 Roast Beef Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	18 Turkey Ham & Cheese Sandwich <i>Baby Tomatoes</i> <i>Fruit</i> <i>Milk</i>	19 Club Sandwich <i>*Contains Pork*</i> <i>Side Salad</i> <i>Premium Bulk Fruit Day</i> <i>Milk</i>	20 Build Your Own Tuna Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
23 Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	24 Deli Chicken & Cheese Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	25 Turkey Ham & Cheese Sandwich <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i>	26 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	27 Turkey Pastrami & Cheese Sandwich <i>Whole Grain Dessert</i> <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
30 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>	1	2	3	4

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Salad Entrée Menu K-8

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	4 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots Fruit Milk	5 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	6 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice Milk
9 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice Milk	10 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	11 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots Fruit Milk	12 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	13 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice Milk
16 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice Milk	17 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	18 Tuna Salad Wheat Crackers Ranch Dressing Baby Tomatoes Fruit Milk	19 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	20 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice Milk
23 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice Milk	24 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	25 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots Fruit Milk	26 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	27 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice Milk
30 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice Milk	1	2	3	4

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Lunch Menu 9-12

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Beef Hot Dog <i>Oven Baked Fries</i> <i>Cucumber w/ Tajin</i> <i>Fruit</i> <i>Milk</i>	4 Turkey Nachos Tortilla Chips <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	5 Chicken Alfredo <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Teriyaki Chicken Not So Fried Rice <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i>
9 Baked Ziti w/ Meat Sauce <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	10 Chicken Patty Burger <i>Oven Baked Fries</i> <i>Jicama w/ Tajin</i> <i>Fruit</i> <i>Milk</i> <i>Special</i>	11 Turkey Chili Popped Corn Chips <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	12 Breaded Chicken Leg Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Chicken Burrito Bowl <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
16 Chicken Tamale Mixed Vegetables <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	17 Cheeseburger <i>Oven Baked Fries</i> <i>Celery w/ Tajin</i> <i>Fruit</i> <i>Milk</i> <i>Special</i>	18 Spaghetti & Meatballs <i>Baby Tomatoes</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	19 Beef Nacho Burrito <i>Side Salad</i> <i>Premium Bulk Fruit Day</i> <i>Milk</i>	20 Breakfast for Lunch: French Toast, Pork Sausage & Tots <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
23 Orange Chicken Chow Mein Noodles <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	24 Corn Dog <i>Oven Baked Fries</i> <i>Cucumber w/ Tajin</i> <i>Fruit</i> <i>Milk</i>	25 Cheese Lasagna <i>Dinner Roll</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	26 CHEF'S SPECIAL Hamburger <i>Pickles, Tomato,</i> <i>& Lettuce Kit</i> <i>Fruit</i> <i>Milk</i>	27 Popcorn Chicken Cheesy Mashed Potatoes <i>Whole Grain Dessert</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
30 Green Chicken Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	1	2	3	4

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Lunch Vegetarian Menu 9-12

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Plant-Based "Chicken" Tenders <i>Oven Baked Fries</i> <i>Baked Chips</i> <i>Cucumber w/ Tajin</i> <i>Fruit</i> <i>Milk</i>	4 Cheese Nachos Tortilla Chips <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	5 Penne Alfredo <i>Dinner Roll</i> <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Plant-Based "Chicken" Teriyaki Not So Fried Rice <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
9 Cheesy Baked Ziti <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	10 Vegetarian Burger <i>Oven Baked Fries</i> <i>Jicama w/ Tajin</i> <i>Fruit</i> <i>Milk</i>	11 Bean & Cheese Chili Popped Corn Chips <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	12 Plant-Based "Chicken" Tenders Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Bean Burrito Bowl <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
16 Cheese Tamale Mixed Vegetables <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	17 Vegetarian Cheeseburger <i>Oven Baked Fries</i> <i>Celery w/ Tajin</i> <i>Fruit</i> <i>Milk</i>	18 Baked Spaghetti w/ Plant Based "Beef" <i>Baby Tomatoes</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	19 Bean & Cheese Burrito <i>Side Salad</i> <i>Premium Bulk Fruit Day</i> <i>Milk</i>	20 Breakfast for Lunch: French Toast, Plant-Based "Chicken", & Tots <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
23 Orange Plant-Based "Chicken" Tenders Chow Mein Noodles <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	24 Plant-Based "Chicken" Tenders <i>Oven Baked Fries</i> <i>Baked Chips</i> <i>Cucumber w/ Tajin</i> <i>Fruit</i> <i>Milk</i>	25 Cheese Lasagna <i>Dinner Roll</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	26 Vegetarian Burger <i>Pickles, Tomato, & Lettuce Kit</i> <i>Fruit</i> <i>Milk</i>	27 Plant-Based "Chicken" Tenders Cheesy Mashed Potatoes <i>Whole Grain Dessert</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
30 Green Cheese Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	1	2	3	4

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Sandwich Menu 9-12

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Roast Beef Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	4 Club Sandwich <i>*Contains Pork*</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	5 Turkey Ham & Cheese Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	6 Build Your Own Tuna Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
9 Deli Chicken & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	10 Turkey Ham & Cheese Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	11 Ham & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	12 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	13 Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
16 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	17 Roast Beef Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	18 Turkey Ham & Cheese Sandwich <i>Baby Tomatoes</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	19 Club Sandwich <i>*Contains Pork*</i> <i>Side Salad</i> <i>Premium Bulk Fruit Day</i> <i>Milk</i>	20 Build Your Own Tuna Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
23 Turkey & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	24 Deli Chicken & Cheese Sandwich <i>Oven Baked Fries</i> <i>Fruit</i> <i>Milk</i>	25 Turkey Ham & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	26 Wowbutter Sandwich <i>Side Salad</i> <i>Fruit</i> <i>Milk</i>	27 Turkey Pastrami & Cheese Sandwich <i>Whole Grain Dessert</i> <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>
30 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots</i> <i>100% Fruit Juice & Fruit</i> <i>Milk</i>	1	2	3	4

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Salad Entrée Menu 9-12

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	4 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk	5 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	6 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
9 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice & Fruit Milk	10 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	11 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk	12 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	13 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
16 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice & Fruit Milk	17 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	18 Tuna Salad Wheat Crackers Ranch Dressing Baby Tomatoes 100% Fruit Juice & Fruit Milk	19 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	20 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
23 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice & Fruit Milk	24 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries Fruit Milk	25 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk	26 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	27 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
30 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots 100% Fruit Juice & Fruit Milk	1	2	3	4

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Supper Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Labor Day</p>	<p>3</p> <p>Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) Cheez-its (1 G/B) Apple Slices (1/2 c)</p>	<p>4</p> <p>WG Chicken BRC Burrito (2M/MA, 2 G/B) Hot Sauce Baby Carrots (1/2 c veg) Pear (1/2 c)</p>	<p>5</p> <p>WG Turkey Chili (2 M/MA, 1/2 cup veg) WG Tortilla Chips (2 G/B) Banana (1/2 c)</p>	<p>6</p> <p>WG Red Cheese Enchiladas (2 M/MA, 2 G/B, 1/4 c veg) Baby Carrots (1/4 c veg) 100% Fruit Juice (1/2 c)</p>
<p>9</p> <p>WG Cheeseburger (2 G/B, 2.5M/MA) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>10</p> <p>WG Turkey Ham & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Pear (1/2 c)</p>	<p>11</p> <p>WG Hot Dog (2 M/MA, 2.75 G/B) Oven Baked Fries (1/2 c veg) Apple Slices (1/2 c)</p>	<p>12</p> <p>Mexican Chicken Salad (2.5 M/MA, 3/4 c Veg) Popped Corn Chips (1 G/B) Hot Sauce Banana(1/2 c)</p>	<p>13</p> <p>Teriyaki Chicken (2 M/MA) WG Chow Mein Noodles (1 G/B, 1/2 c veg) 100% Fruit Juice (1/2 c)</p>
<p>16</p> <p>Beef Nachos (2 M/MA, 1/2 c veg) WG Tortilla Chips (2 G/B) Apple Sauce (1/2 c)</p>	<p>17</p> <p>Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) Cheez-its (1 G/B) Apple Slices (1/2 c)</p>	<p>18</p> <p>WG Mini Chicken Tacos (2 M/MA, 2 G/B) Fruitable Juice (1/2 c) Pear (1/2 c)</p>	<p>19</p> <p>Chili Dog WG Hot Dog Bun (2 M/MA, 2 G/B, 1/2 c Veg) 100% Fruit Juice (1/2 c)</p>	<p>20</p> <p>Chicken Burrito Bowl w/ Brown Rice, Beans & Corn (2G/B, 2 M/MA, 1/2 c veg) Dried Cranberries (1/2 c)</p>
<p>23</p> <p>WG Breaded Chicken Leg (2 M/MA, 0.75 G/B) Mac & Cheese (1 G) Fruitable Juice (4 oz) Apple Sauce (1/2 c)</p>	<p>24</p> <p>Chicken Bistro Box: Seasoned Chicken Strips (1.5M) Hard Boiled Egg (1.5MA) Baby Tomatoes (1/2 c) Wheat Crackers (1 G) Pear (1/2 c)</p>	<p>25</p> <p>WG Cheese Tamale (2 M/MA, 2 G/B) Mixed Vegetables (1/2 c veg) Apple Slices (1/2 c)</p>	<p>26</p> <p>WG Deli Chicken & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Baby Carrots (1/4 c) 100% Fruit Juice (1/2 c)</p>	<p>27</p> <p>Spaghetti & Meat Sauce (2 M/MA, 1 G/B, .5 c Veg) Dried Cranberries (1/2 c)</p>
<p>30</p> <p>WG Chicken Patty Burger (3 G/B, 2M/MA) Oven Baked Fries (1/2 c veg) Apple Sauce (1/2 c)</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

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Snack Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Mini Blueberry Muffin Fruit (3/4c)	4 Cheez-its 100% Fruit Juice (6 oz)	5 Baked Sour Cream Chips Fruit (3/4c)	6 Chocolate Granola 100% Fruit Juice (6oz)
9 Baked BBQ Chips 100% Fruit Juice (6 oz)	10 Chocolate Soy Butter (1 MA) Graham Crackers (1G)	11 Strawberry Chex Mix 100% Fruit Juice (6 oz)	12 Multi-Grain Bar Fruit (3/4c)	13 Honey Sunflower Seeds 100% Fruit Juice (6 oz)
16 Cheez-its 100% Fruit Juice (6 oz)	17 Mini Banana Loaf Fruit (3/4c)	18 Baked Nacho Cheese Chips 100% Fruit Juice (6 oz)	19 Cinnamon Gripz Fruit (3/4 c)	20 Strawberry Delight 100% Fruit Juice (6oz)
23 Baked Churro Chips 100% Fruit Juice (6 oz)	24 Red Pepper Hummus (1MA) Pita Bread (1G)	25 Goldfish Pretzels 100% Fruit Juice (6oz)	26 Whole Grain Pop-Tart Fruit (3/4c)	27 Cheese Puffs 100% Fruit Juice (6 oz)
30 Multi-Grain Bar 100% Fruit Juice (6 oz)	1	2	3	4

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Lunch includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or flavored milk or 1% white milk.

This institution is an equal opportunity provider.



Fieldtrip K-8 Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	5	6
9	10	11 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	12	13
16	17	18 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	19	20
23	24	25 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	26	27
30	1	2 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce Fruitable Juice (4oz) Whole Grain Cookie Milk	3	4

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Lunch includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



Fieldtrip 9-12 Menu



September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce & Fruit Fruitable Juice (6oz) Whole Grain Cookie Milk	5	6
9	10	11 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce & Fruit Fruitable Juice (6oz) Whole Grain Cookie Milk	12	13
16	17	18 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce & Fruit Fruitable Juice (6oz) Whole Grain Cookie Milk	19	20
23	24	25 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce & Fruit Fruitable Juice (6oz) Whole Grain Cookie Milk	26	27
30	1	2 Deli Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots Apple Sauce & Fruit Fruitable Juice (6oz) Whole Grain Cookie Milk	3	4

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Lunch includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

