





# Penelope 2019 School Menu PK-12

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast</i>  <b>May 6-10</b>	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Syrup	Biscuit WG Pork Sausage Patty Bananas Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Jelly	Cinnamon Roll, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Apples JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF
<i>Breakfast</i>  <b>May 13-17</b>	Waffles, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Pineapple Tidbits JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF  Syrup	Breakfast Burrito W/Ham Salsa Raisins JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Syrup	Biscuit WG Pork Sausage Patty Diced Pears Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Jelly	Muffin, Blueberry Cinn. Toast Crunch Coco Puffs Honeynut Cheerios Fruit Cocktail JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF
<i>Breakfast</i>  <b>May 20-22</b>	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Jelly	Muffins Assorted Cold Cereal Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF  Syrup		
	Have A	Great	Summer!!!	 	

# Penelope School 2019 Menu K-8

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>May6-10</b>  <i>Lunch</i>	Ground Beef & Macaroni w/ Mexican Seasoning Garlic Breadstick WG Corn Carrot Sticks Garden Salad Mixed Fruit MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Chicken Nuggets Mashed Potato/ Gravy Green Beans Strawberries MILK: 1% Lowfat White Chocolate FF  Catsup	Hamburger Lettuce & Tomato Salad Sweet Potato Fries Celery Sticks Bananas MILK: 1% Lowfat White Chocolate FF  Catsup Mustard	Roasted Chicken Rolls Mashed Potatoes/gravy Green Beans Mixed Fruit MILK: 1% Lowfat White Chocolate FF	Hot Dogs Chili/cheese Baked Beans Broccoli Florets Applesauce MILK: 1% Lowfat White Chocolate FF  Ranch Dressing Catsup Mustard
<b>May13-17</b>  <i>Lunch</i>	Soft Beef Tacos Pinto Beans Garden Salad Pineapple Tidbits MILK: 1% Lowfat White Chocolate FF  Ice Cream Sandwich	Turkey Roast Dinner Roll Mashed Potato/Gravy Glazed Carrots Broccoli Florets Applesauce MILK: 1% Lowfat White Chocolate FF	Hamburgers Lettuce & Tomato Salad Potato Wedges Bananas MILK: 1% Lowfat White Chocolate FF  Catsup Mustard	Oven Fried Catfish Curly Fries Cole Slaw Mixed Fruit MILK: 1% Lowfat White Chocolate FF  Tartar Sauce Catsup	Pepperoni Pizza Baked Beans Dinner Salad Rosy Applesauce MILK: 1% Lowfat White Chocolate FF  Ranch Dressing
<b>May20-22</b>  <i>Lunch</i>	Corny Dogs Baked Beans Garden Salad Diced Peaches Broccoli Florets MILK: 1% Lowfat White Chocolate FF  Mustard Catsup	Roasted Chicken Dinner Roll Mashed Potato/Gravy Broccoli w/ Cheese Glazed Carrots Apples, fresh MILK: 1% Lowfat White Chocolate FF	SACK LUNCH Sandwich Chips Carrot Sticks Fruit Milk		
	<b>HAPPY</b>	<b>SUM</b>	<b>MER!!</b>		