

# Justice Myron E. Leavitt Middle School



## School-Wide Rules

1. Students will be prepared and ready for instruction daily.
2. Keep food and drink in the cafeteria.
3. Keep hands, feet, objects, and unkind words to yourself.
4. Hats, phones and other nuisance items will be confiscated and only returned to a parent and/or guardian.
5. No gum on campus.
6. Place all litter in trashcans.
7. Show respect for yourself, others, and school property.

## Follow the Five "T's"

Respect for yourself and each other require personal space. **NO TOUCHING!**

Justice requires that you "Do unto others as you would have others do unto you." **NO THREATENING!**

Integrity means truth - speaking what is right, positive, and productive, and speaking only when appropriate. **NO TALKING!**

Responsibility starts with punctuality at school, at home, and on the job. Punctuality shows respect for the entire school. **NO TARDIES!**

Have the courage to attend school at all times, regardless of outside pressures that might interfere. **NO TRUANCY!**

## Course Expectations

*Mr. Paradowski*

**Physical Education**

**6<sup>th</sup> Grade**

### BEHAVIOR- Progressive Discipline

- 1st Incident – Verbal warning
- 2nd Incident - Parent contact by teacher
- 3rd Incident – Written contact to parent
- 4th Incident - Counselor referral
- 5th Incident – Deans' referral

### TARDY POLICY- Progressive Steps

- 1st Tardy – Warning & Parent Phone Contact
- 2nd Tardy – Warning & Parent Phone Contact
- 3<sup>rd</sup> Tardy – Non-TRS RPC
- 4th Tardy – After school detention
- 5th Tardy – In-House Suspension (IHS)
- 6<sup>th</sup> Tardy – Required Parent Conference – RPC/Tardy Contract
- 7<sup>th</sup> Tardy – IHS/ meet with principal RPC/Tardy Contract
- 7<sup>th</sup> Tardy – IHS/ meet with principal

Student's Name:

Student's Number:

### Student:

- I have read and understand the school rules listed above.
- I have read and understand the progressive discipline steps for inappropriate behavior and tardies.
- I have read and understand the course expectations provided for this course.

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

### Parent/Guardian:

- I have read and understand the school rules pertaining to my child.
- I have read and understand the progressive discipline steps for inappropriate behavior and tardies.
- I have read and understand what is expected of my child in this course.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

Dear Parents/Guardians,

Please read over the course expectations with your child. All of the information provided should answer any questions that you may have about the physical education program at Leavitt Middle School. We are excited about the new school year and are looking forward to teaching your child. If you have any questions or concerns about the information provided, please don't hesitate to call. Once you have read the information with your child, please sign the attached form and have your child return the bottom portion to his/her teacher.

Sincerely,

Jay Paradowski

6<sup>th</sup> and 7<sup>th</sup> Grade Boys/Girls PE - 799-4699 ext. 4046

### **Course Description:**

Welcome to Leavitt Physical Education! The purpose of these Course Expectations is to help you understand what you will be doing and what will be expected of you in Physical Education this year. 6<sup>th</sup> is a semester long course and 7<sup>th</sup> grade physical education is a yearlong course. 8<sup>th</sup> grade incorporates three quarters of physical education and one quarter of health. These courses focus on the physical, mental, social, and emotional development of the student in cooperative and competitive settings. Students participate in team sports, individual/dual sports, health related fitness and wellness activities and lifetime recreational activities. Self-esteem will be incorporated into all area of the curriculum, as well as exploration of career opportunities in related fields.

- I. Course goals
  - a. To develop emotional control, good sportsmanship, and proper game etiquette.
  - b. To gain knowledge of rules, history, playing positions, terms and scoring of various activities.
  - c. To develop the ability to exhibit respect for classmates and respect for authority.
  - d. To have FUN while learning physical skills and activities.
  - e. To develop good habits and feelings about healthful living.
  - f. To develop physical fitness.
  - g. To explore many skills for recreational use now and in the future.
  - h. To develop qualities of leadership and the skills of accurately following directions and instructions.
- II. Course content
  - a. Students participate in team sports, individual/dual sports, health related fitness and wellness activities and lifetime recreational activities. Self-esteem will be incorporated into all area of the curriculum, as well as exploration of career opportunities in related fields.
- III. Activities
  - a. The day's activity will be posted for each class in the Physical Education office window underneath each teacher's name.
  - b. All students will have an opportunity to participate in a variety of activities.
- IV. Evaluation
  - a. Criteria for arriving at students grades
    - i. Participation – this is a physical education class, so you will be expected to be physically active. Eighty percent (80%) of your grade will come from class participation and skill, (20%) written exams.
      1. Three (3) points are earned daily:
      2. Points will be deducted for not dressing out properly, not participating to the best of your ability, and/or infractions of any class, locker room, or school rules.
      3. Each time points are lost by a student it will be documented by a mark in the teachers roll book or an acknowledgement in the Physical Education Behavior Book.

- ii. A student CANNOT PARTICIPATE if not dressed in appropriate P.E. attire, including proper shoes, and will be sent to the deans office.
- iii. If you do not dress, you do not participate; therefore, you do not earn points for the day.
  - 1. Non-Dress** – choosing not to dress out for class is a choice the student makes and the student must deal with the consequences. You will earn 3 points per day; each non-dress will result in greater consequences to your grade – **NON-DRESSES CANNOT BE MADE UP!**
    - 1<sup>ST</sup> non-dress = minus 6 points (warning from the teacher)
    - 2<sup>nd</sup> non-dress = minus 9 points (phone call home)
    - 3<sup>rd</sup> non-dress = minus 12 points (teacher detention)
    - 4<sup>th</sup> non-dress = minus 15 points (counselor referral)
    - 5<sup>th</sup> non-dress = minus 18 points (dean referral/fails the quarter)
- iv. Clothes may be rented if you forget yours. Come to the laundry area to rent clothes.
- v. If you are ill, a note from the school nurse or a parent can be written for a maximum of three days. A doctor's note is required for longer duration per CCSD.
- vi. STUDENTS EXCUSED FROM PARTICIPATION WILL BE GIVEN WRITTEN WORK TO COMPLETE DURING THE CLASS PERIOD, OR ANOTHER APPROPRIATE ACTIVITY APPROVED BY THE TEACHER WHILE YOU SIT IN CLASS. YOU MAY BE ASKED TO SERVE AS A REFEREE FOR THE DAYS ACTIVITY.

**When a student is absent it is their responsibility to complete make-up work. You will have one week from the time you return to complete the make-up work. For participation, you will write a one-page report on sports, health or physical fitness. For mile day, see your teacher for make-up.**

- vii. Homework/in-class assignments
- viii. Test/quizzes
  - 1. Skills Tests - it is important for you to do your best.
  - 2. Written Tests - game rules, fitness information, etc.
    - a. When students are taking a written exam they are not allowed to talk. All students will be given a warning before the test. The next infraction will result in 10 points off the test score of that student and another infraction will result in a zero on the test.
- ix. Extra Credit will be offered occasionally.
- x. Semester exams will count as 20% of the student's semester grade. The 1<sup>st</sup> quarter and 2<sup>nd</sup> quarter grade will count for 40% each.

V. Grading Scale:

- a. A = 90-100%
- b. B = 80-89%
- c. C = 70-79%
- d. D = 60-69%
- e. F = Below 60%

- f. How and when students will be advised of their grades
  - i. Parents and students are urged to check the Infinite Campus on our website regularly. Passwords will be handed out the third week of school.

g. Citizenship: Your Citizenship Grade Will Be Effected By The Following:

- i. Attitude.
- ii. Complying with school, locker room and classroom rules - includes tardies.
- iii. Attentiveness.
- iv. Responsibility.

- v. Insubordination.
- vi. Sportsmanship.
- vii. Cooperation.
- viii. Emotional Control.
- ix. Three (3) or more non-dresses will result in an automatic 'U' in citizenship.
- x. Failure to pay I.O.U.'s for rental clothes by the end of each quarter will result in an automatic 'U' in citizenship.
- xi. Students will be asked to sign a Behavior Book to acknowledge that they have broken one of the preceding rules. Citizenship grades will be based upon the following.

Grading Scale:

GRADE	NUMBER OF ENTRIES IN BEHAVIOR BOOK
O	0-2
S	3-5
N	6-7
U	8 or more

VI. Responsibilities

- a. Locker Room and Lockers
  - i. You are to be in the locker room only during your class time and when supervised during after school activities.
  - ii. A locker will be assigned to you for your Physical Education uniform.
  - iii. Do not give your combination to another student.
  - iv. Your lock cannot do any good if it is not locked. Always double check to make sure your locker is closed.
  - v. Please be responsible with jewelry, money, and other personal items. The school or teachers cannot be responsible for lost or stolen articles.
  - vi. If you have a problem with your lock or locker, report it to your teacher immediately.
  - vii. Students are not allowed in another student's locker.
  - viii. Students are not allowed in the Physical Education teacher's office without getting permission first.
  - ix. Lockers are a privilege that can be taken away.
  - x. It is recommended that lockers should only be used during class time.
  - xi. Students should follow all posted Locker Room Rules.
- b. You must be INSIDE the locker room doors when the tardy bell rings.
- c. Change into your P.E. clothes immediately.
  - i. DO NOT use the bathroom stalls to change your clothes.
- d. Never leave class without permission. Wait for your teacher to take you out for the activity.
  - i. NEVER LEAVE THE P.E. AREA WITHOUT A PASS FROM YOUR TEACHER!
- e. Use the restroom BEFORE you are excused to your assigned area.
- f. You are considered TARDY if you get to your roll call line AFTER the teacher has begun taking attendance. Points will be deducted.
- g. Return to the locker room promptly after dismissal from the activity area, but do not go in the locker room until your teacher tells you to do so.
  - i. After getting dressed you will wait in the locker room until the bell rings. DO NOT leave early from class! This is considered truancy and you will be referred to the dean.
- h. No horseplay in the locker room or activity area.
- i. Handle equipment properly and safely.
- j. Do not cheat.
- k. Do not share lockers or Physical Education uniforms.

- l. Take good care of the facility.
  - m. Treat other students kindly and with understanding.
  - n. Follow proper procedures when renting clothes.
  - o. Showers are available for students.
    - i. **SHOWERING IS OPTIONAL.**
    - ii. Students must bring their own towel if they desire to shower.
    - iii. All hygiene items must be in plastic containers. No glass items are allowed.
  - p. The locker room must be neat and tidy and you must be seated and quiet before you will be dismissed.
  - q. Foul language will not be tolerated in class.
  - r. Physical confrontations between students will result in a Dean's Referral.
  - s. Students should report any problems with other students immediately to their teacher.
  - t. No glass containers of any kind are permitted in the locker room.
- VII. Supplies needed for this course
- a. Dressing Out – each student must wear:
    - i. Leavitt Middle School P.E. uniform (**Students must purchase a physical education uniform for \$20.00**).
    - ii. Socks
    - iii. Tennis shoes (no platform style, slides, sandals, flats, and shoes must be worn at all times).
    - iv. To help prevent theft, you are required to print your name on your uniform.
      1. The clearer they are marked with your name, the better chance you have of getting them back. You may only write your name on your uniform. Your first name should be marked on the front and your last name on the back of your T-Shirt. Your first initial and last name should be marked on the left front bottom of your shorts. If you write anything else on your shirt besides your name, you will not be allowed to wear the shirt.
      2. The school or teachers cannot be held responsible for lost or stolen clothes.
      3. No other writing or graffiti is permitted on your uniform. Failure to comply, a new uniform must be purchased.
      4. No altering of uniform, if so, you will be required to purchase a new one.
    - v. Students may not wear their school clothes over their P.E. uniform!
    - vi. Students may wear sweats OVER their P.E. uniform during cold weather.
    - vii. Plain white undershirts may be worn under your P.E. shirt, but nothing else.
    - viii. Students may not wear pants to class; this is considered a NON-DRESS!
  - b. Rental Clothes – the following will be available for students who are unprepared for class:
    - i. Each item (shirts/shorts) may be rented for 50 cents each.
    - ii. Clothes can be picked up in the rental room before class and are to be returned before the end of the period.
    - iii. If an item is not returned, the student will be charged FULL price.
    - iv. IOU's are available for students who forget their clothes and do not have money – all IOU's must be paid or points will be deducted.
- VIII. Teacher's hours of availability
- a. Please feel free to contact us at school from one half hour before school starts until one half hour after school ends. If I am in class, I will get back to you as soon as I can.
- IX. Electronic Devices
- Use of electronic devices in the physical education locker room is strictly prohibited. Specifically, cell phones, ipads, ipods, apple watches or any similar devices. There will be no video recording or picture taking at any time in the locker room areas. This is a zero tolerance policy. These devices are subject to being confiscated if out or visible. Discipline consequences will apply through the deans' office.