



Licensed Athletic Trainer Quick Guide for Management of a Concussed Student-Athlete

Concussion Injury History is filled out on behalf of student-athlete (S-A).



S-A is referred to the Licensed Health Care Provider (LHCP) for evaluation.

LHCP Concussion Evaluation Recommendations and **LHCP Concussion Return to Learn Recommendations** completed by LHCP.

Licensed Athletic Trainer (LAT) is selected by the LHCP to monitor the S-A's Return to Play Protocol.



RETURN TO PLAY (RTP) PROTOCOL

The RTP Protocol is monitored by the LAT through stage 5 with no office contact necessary unless required by examining LHCP. Office contact, if required, may be made electronically, by phone, or in person to review the S-A's progress. The LAT notifies the examining LHCP that the S-A remained asymptomatic after stage 5 is completed, if required to do so.

If signs or symptoms occur after stage 5 the S-A **MUST** return to the LHCP overseeing the S-A's care.



RETURN TO PLAY FORM

The Return to Play (RTP) Form **MUST** be signed before the S-A is allowed to resume full participation in athletics. The RTP Form may be signed by either the examining LHCP or the LAT if selected to do so by the LHCP that signed the S-A's LHCP Concussion Evaluation Recommendations Form.

The student-athlete's parent/legal custodian **MUST** sign the RTP Form giving their consent before their child resumes full participation in athletics.



Athlete Resumes Full Participation in Athletics