



Happy Friday St. Mary's Families,

Spring Break is here! Wishing you and your family a fun spring break – hopefully you will find some time for rest and Lenten prayer and reflection as well. On Friday, March 29th, we will have ½ day of school as we will be having Parent/Teacher conferences for those families who are interested. Teachers sent an email out to our families – please confirm your attendance if you haven't already. We will have child care hours that day from 12:00 - 5:45. Some things to keep in mind as we come back from Spring Break- 3rd quarter honor roll will be Wednesday, March 27th after Mass, students may wear uniform shorts, we will meet outside before school and come into the building at 7:55.

Enrollment for the 2019-2020 School Year is Open

Our online enrollment forms are designed to be in effect for 30 days – access to the link expired yesterday. If you have not yet completed the enrollment process, [you will receive another email to complete enrollment](#) for the 2019-2020 school year. **All enrollment will be online for the 2019-2020 school year.** Enrollment will run from February 11th – March 25th. A \$25 per student late fee will be charged after the March 25th deadline. Re-enrollment will continue until classes are filled. Please let me or Mrs. Campanella know if you will not be enrolling next year.

Accelerated Reader

Our Accelerated Reader program is scheduled for a major update on March 22nd. AR will be off line from March 22nd – March 25th; students will not be able to take AR tests during this time. The updated program will be available on Tuesday, March 26th!

PTO

We need volunteers for Saturday, March 23rd at 9:00 AM at McDevitt Park on the corner of Eagle and McMillan roads to help rake, plant, pull weeds, etc.. PTO has some great events lined up as we finish out the school year. Save the Date - We will be celebrating the end of year with our St. Mary's families on Sunday, May 5th from 2:30 – 5:30 at McDevitt Park (more information will be coming out on this fun, family event). In order to have the facility for our event, we have been asked to help prepare the fields and facilities for their spring games and events. If you haven't yet completed your volunteer hours for the school year, this a great way to get those hours and give back to the community.

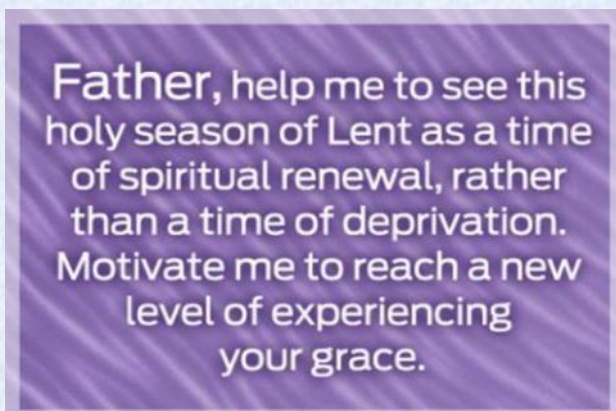
Math Help

Mr. Eric Thomson will be offering math tutoring on Tuesdays after school from 3:15 – 4:00. Mr. Thomson teaches pre-algebra here at St. Mary's and is great at working with students. If your child needs some help in math, please have them stay after school on Tuesdays. Thank you Mr. Thomson for helping our students and volunteering!!

Marketing

We are looking for fresh ideas to market our school and looking for parents who are willing to take the lead on marketing. Let me know if you are interested in helping. We have an incentive program, if your family invites another family to consider our school, take a tour, etc. and that family enrolls for the 2019-2020 school year, you will get a \$100 reimbursement on your fees – this is in effect through August 1, 2019. We have so many great things going on as St. Mary's – Remember, you spreading the word about our great school and inviting people to come and take a tour is the best form of marketing.

Lenten Prayer:



Thank you for being a part of our St. Mary's family!! My door is always open if you have questions or concerns!

Yours for Excellence in Catholic Education,

Tammy Emerich
Principal

Weekly Calendar

- Mar 15** End of 3rd Quarter—NOON DISMISSAL
- Mar 15-17** St. Anthony Tournament Pocatello
- Mar 18-22** SPRING BREAK
- Mar 25** School Resumes
- Mar 27** Mass (Food) 7th Grade
Honor Roll immediately following Mass

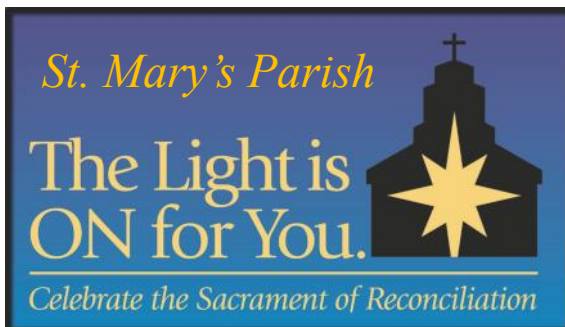
Upcoming Events

- Mar 29** Parent Teacher Conferences—NOON DISMISSAL
- Apr 3** Mass (Time) 6th Grade
- Apr 7** Student Led Parish Mass 12:45 pm
- Apr 10** Mass (Corpus Christi) 5th Grade
St. Mary's Christian Leader Reception Gym
- **Apr 15-May 8 MAP Testing ****

Math Tutoring

Every Tuesday from 3:15—4:00 pm in the Library
 All grades invited...just bring your math book
 Led by Mr. Eric Thomson

Every
Wednesday
 during Lent
 from
 6-8pm
 In the Church



April Lunch Orders
Due March 25th

Please read [this information letter](#) before going following the links, to better understand the process of Lunch Ordering for this year.

- [April Lunch Orders](#)
- [April Blimpie Forms](#)



Nurses Note: Food and Media: Not a Healthy Mix



Media are an important part of our lives—from computers, laptops, tablets, and smartphones that let us learn, communicate, and create, to movies and TV—and movies streamed on smart TVs that entertain and inspire us. But, not everything we see, hear, and learn about on digital media in our world is good for us.

Media can bring us messages from advertisers—aiming to sell us products that can keep our family from ideal wellness or even harm our health. For example, fast food advertising can make eating right very difficult. And, eating in front of a screen can lead children and adults to take in excess calories and promote obesity. Too much sedentary media time can also displace healthy physical activity and play.



Media-Free Meals

There is plenty of unconscious eating that can take place in front of a TV or other screen. It's easy for kids to simply eat their way from one program to the next. Distracted by the TV or the app, they'll often eat long beyond when they're full. The result? Weight gain. Plus, too much screen time is likely to keep your child from engaging in active play and important face-to-face communications with friends and family.

What Parents Can Do:

- Make your meals media-free. Put all devices aside and focus on food and each other.
- Serve your meals at the kitchen table with other family members as often as possible. Meal time is an important time for family conversations and sharing the day's experiences without media getting in the way.

Remember

Even if your child doesn't eat in front of the TV, you still need to develop a Family Media Use Plan that allows enough time for healthy meals, adequate sleep, and enough physical activity. Develop your own Family Media Use Plan today!