



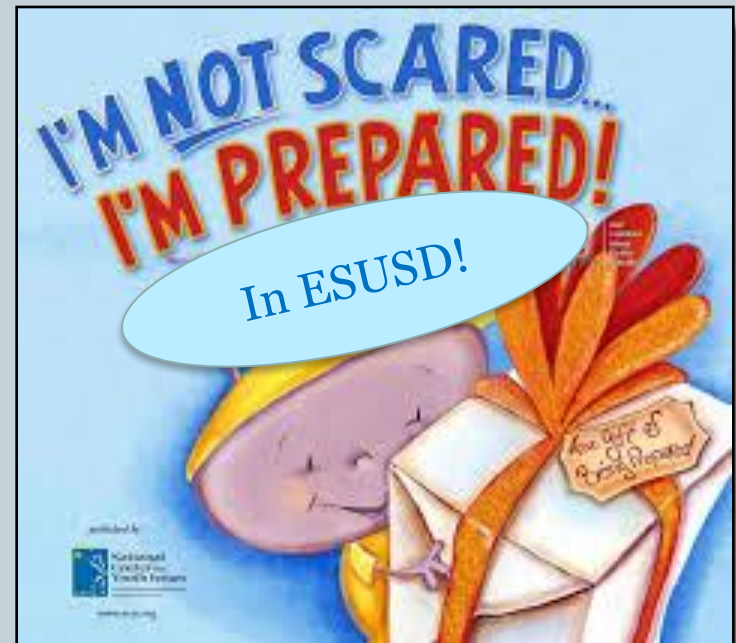
EL SEGUNDO UNIFIED SCHOOL DISTRICT

SAFETY DRILLS

ELEMENTARY GRADES TK - 3

AGENDA

- Types of safety drills
- Why do we have *safety drills*?
- Importance of *listening*
- How will you react during an emergency?
- What if there is a *fire*?
- What if there is an *earthquake*?
- What if we need to *lockdown*?
- What if I am not with my teacher?



Safety Drills

What types of safety drills do we practice?

- Earthquake – Great Shake Out
- Fire Drill
- Shelter in Place – potential harm in community like a coyote
- Lock down – someone comes on campus uninvited or without permission



Safety Drills

Why do we have *safety drills* ?

Your principal, teachers, and school staff want to make sure your school is:

- **SAFE**
- **HEALTHY**
- and **READY** if an emergency situation were to occur



How will I react if there is an emergency?

You may feel.....

- Nervous
- Fast heart rate
- Scared
- Zoned out
- Unable to focus



What are ways I can calm myself?



- Breathe slowly
- Count to 10
- Close eyes for a moment
- Can you think of other ways?

Why is it important to *LISTEN* to directions?



- You know what to **DO**
- You know where to **GO**
- You understand the **INSTRUCTIONS**
 - You stay **SAFE**

Listening
=
Learning

DO

DON'T

Training IS Necessary

The more you discuss
and train.....

The more calm you
will be

The more likely your
body will respond
automatically

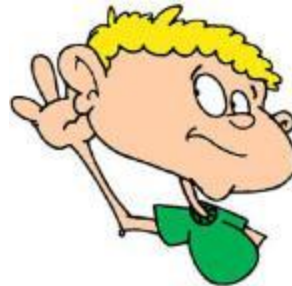
The more likely you
will be safe



**Make
a plan.**



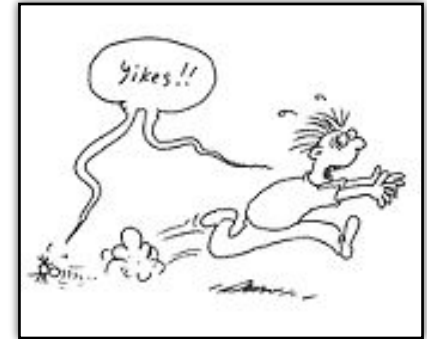
**Stay Calm
& Focused**



**Listen
carefully**



Panic



Run without instructions



**Pretend like nothing
is happening**

What if there was a fire?

- The fire alarm will **Ring**
- **Listen** to your teacher
- Stay **calm**
- **Follow** your teacher
- **Leave** your belongings behind



What if there was an earthquake?

- **Take cover** under your desk or away from buildings (depends on where you are)
- **Listen** to your teacher
- Stay **calm**
- **Follow** your teacher
- **Leave** your belongings behind



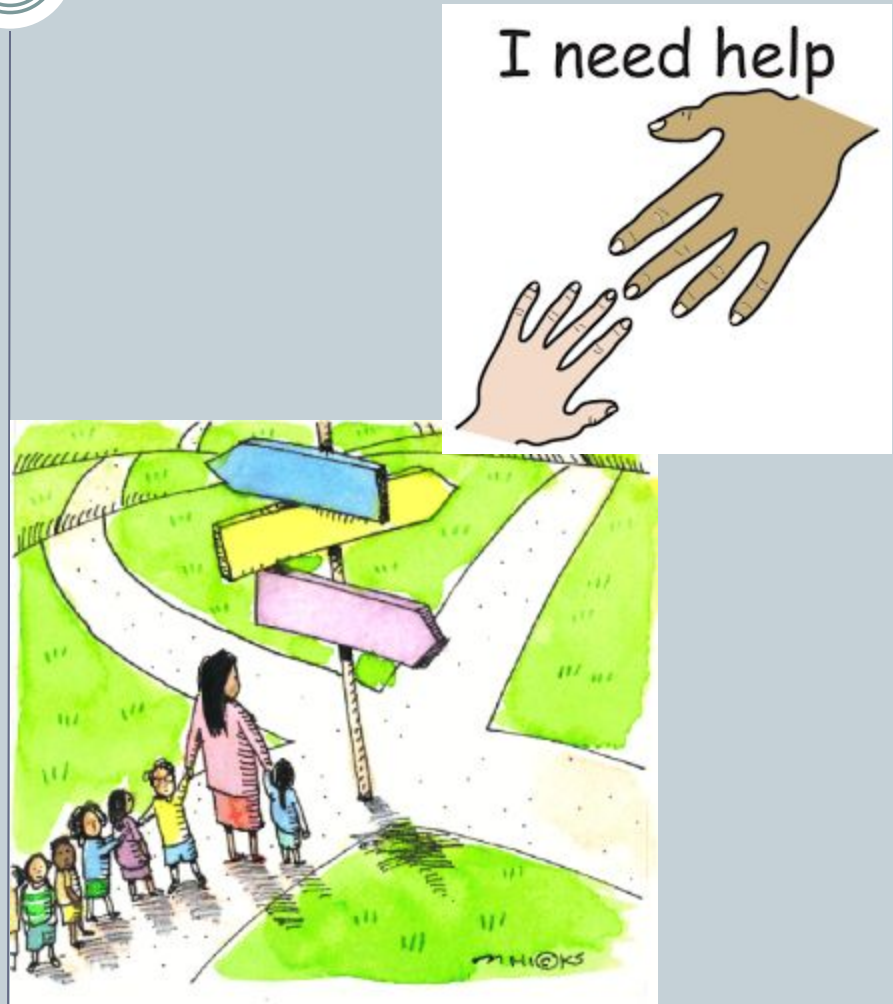
What if we need to lockdown?

- A drill to protect us from potential harm outside (like a coyote)
- ***Listen*** to your teacher
- Stay ***calm***
- ***Follow*** your teacher's instructions
- ***Remain*** as quiet as possible



What if I am not with my *teacher*?

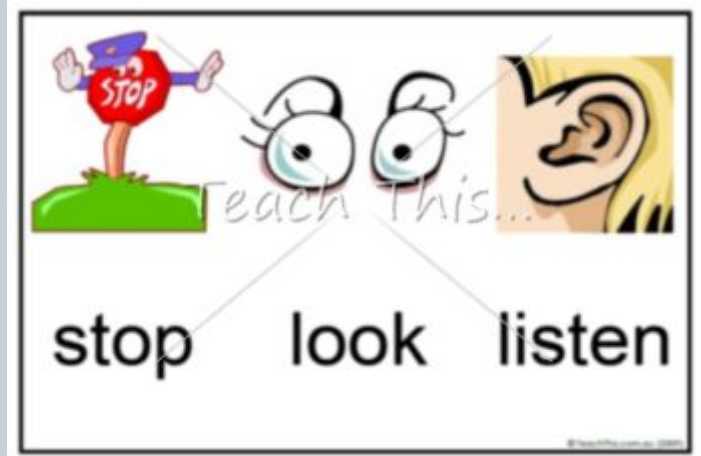
- Stay *calm*
- *Find* any adult
- *Follow* the adult's instructions
- (Or) *Remain* in a safe place until an adult comes



Let's Review....



What are the **common** steps in an emergency?



Questions?

