

September 2019 Lunch Menu- Loudon County Schools

Featuring Mayfield Milk Choices Daily: Plain, Chocolate, Vanilla & Strawberry
Available Daily: SBJ, Cheese Stick & Cheez-Its with choice of vegetable, fruit & milk

<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
Labor Day (no school)	NEW Pepperoni or Stuffed Crust Cheese Pizza NEW Broccoli with Cheese Corn Tossed Salad Assorted Fruit, Cookie	(2)Sausage or (2)Chicken White Biscuit, Gravy Tater Tots Salsa Assorted Fruit	Hot Dog or Grilled Cheese, Homemade Chili Cole Slaw French Fries Fruit Slushies	Soft Beef Tacos Corn, Refried Beans Lettuce, Salsa Cup Cheddar Cheese Assorted Fruit
<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>
Chicken or Hot Ham-n-Cheese Sandwich Bush's Baked Beans French Fries Lettuce, Tomato, Pickle Fresh Carrots, Assorted Fruit	Homemade Spaghetti or Fiestada Pizza, Garlic Bread Corn Green Beans Tossed Salad Assorted Fruit	Chicken Tenders or Homemade Meatloaf Roll, Green Peas Steamed Carrots Mashed Potatoes, Gravy Assorted Fruit	Mini Corn Dogs, Hush Puppies Roasted Potatoes Breaded Okra Pinto Beans Assorted Fruit, Cookie	Hamburger or Cheeseburger Basket Lettuce, Tomato NEW Broccoli with Cheese Potato Smiles, Fresh Veggies Assorted Fruit
<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>
Chicken Nuggets, Roll Steamed Mixed Vegetables Green Beans Mashed Potatoes, Gravy Assorted Fruit	NEW Wild Mike's Cheese Bites, Marinara Sauce or Chicken Sticks, Garlic Bread NEW Broccoli with Cheese Steamed Corn Tossed Salad Assorted Fruit	(2)Sausage or (1)Cheesy Egg Omelet Biscuit, Gravy Tater Tots Salsa Assorted Fruit	NEW Homemade Chili, Chips & Cheese or Hot Dog, Chili Fries Cole Slaw Fruit Slushies Cookie	Crunchy Beefy Tacos Corn, Refried Beans Lettuce, Salsa Cup Cheddar Cheese, Assorted Fruit
<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>
NEW Chicken & Waffle Basket Bush's Baked Beans French Fries, Fresh Carrots Assorted Fruit	Homemade Spaghetti or Fiestada Pizza, Garlic Bread Corn Green Beans, Tossed Salad Assorted Fruit	Chicken Tenders, Roll Green Peas, Steamed Mashed Potatoes, Gravy Assorted Fruit	Mini Corn Dogs, Hush Puppies Roasted Potatoes Breaded Okra, Pinto Beans Assorted Fruit, Cookies	Hamburger or Cheeseburger Basket Lettuce, Tomato Broccoli with Cheese, Fresh Veggies, Assorted Fruit Potato Smiles
<u>30</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
Chicken Nuggets, Roll Steamed Carrots Green Beans Mashed Potatoes, Gravy Watermelon, Assorted Fruit	NEW Pepperoni or Stuffed Crust Cheese Pizza NEW Broccoli with Cheese Corn Tossed Salad Assorted Fruit, Cookie	(2)Sausage or (2)Chicken White Biscuit, Gravy Tater Tots Salsa Assorted Fruit	Hot Dog or Grilled Cheese, Homemade Chili Cole Slaw French Fries Fruit Slushies	Soft Beef Tacos Corn, Refried Beans Lettuce, Salsa Cup Cheddar Cheese Assorted Fruit