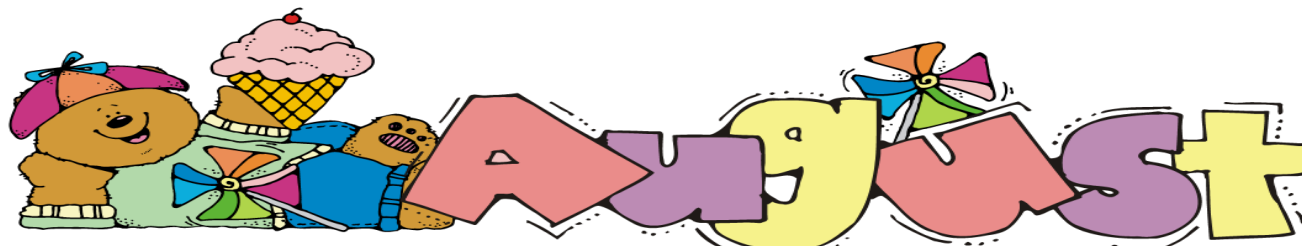
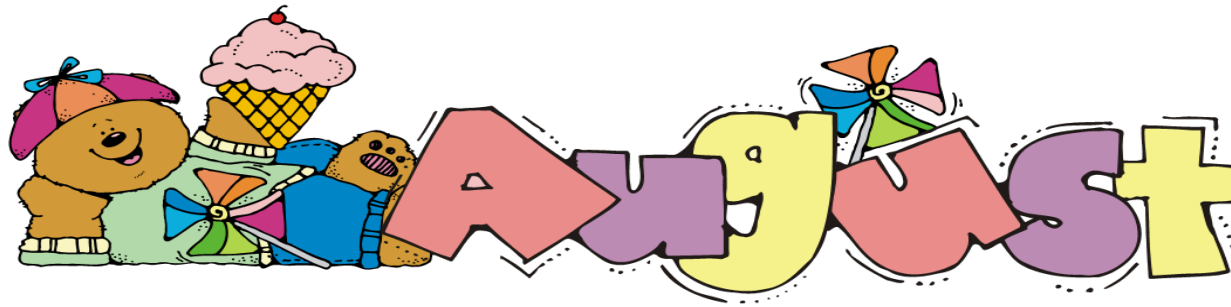


2019
MORNING
MENU



Monday	Tuesday	Wednesday	Thursday	Friday
All Steamed Rice is a 100% Brown Rice		All Breads/Breaded items are Whole Grain		All Meals Include a Choice of Half-Pint 1% or Skim Milk
5 Pepperoni Pizza Stix or Cereal & Yogurt Orange Wedge Apple Juice	6 Bagel w Cream Cheese or Cereal & Toast Apples Mixed Fruits	7 Pancakes & Syrup or Cheese Toast Pineapples Banana	8 Gingerbread Cake & Yogurt or Toast & Jelly Orange Juice Orange Wedge	9 Pork Sausage /Brown Rice or Yogurt & Cereal Grape Juice Papaya
12 Cinnamon Raisin Bagel Cream Cheese or Cereal & Toast Orange Wedge/Pineapples	13 Fruit Yogurt Bowl Granola & Toast or Cheese Toast Apple Juice/ Apples	14 Breakfast Chicken Patty Brown Rice or Biscuit or Yogurt & Cereal Orange Juice/Banana	15 Pizza Bagel or Yogurt & Toast Grape Jucie Orange Wedge	16 STATEHOOD DAY
19 Belgian Waffles or Cereal & Toast Grape Juice Orange Wedge	20 Ham Link Sausage Brown Rice or Toast & Jelly Peaches / Apples	21 Fruit Smoothie Cinnamon Toast or Cheese Toast Banana	22 Maple Pancake Wrap or Cereal & Yogurt Apple Juice Orange Wedge	23 Kalua Quesadilla or Yogurt & Toast Pineapples Papaya
26 Turkey Egg Sliders or Cereal & Yogurt Mixed Fruits	27 Ham & Cheese Roll or Toast & Jelly Peaches Apples	28 Cinnamon Roll or Cheese Toast Orange Wedge Apple Juice	29 Fried Rice/Portuguese Sausage or Cereal & Toast Orange Juice Banana	30 Applesauce Muffin or Yogurt & Toast Grape Juice Papaya

LUNCH MENU



2019

Monday	Tuesday	Wednesday	Thursday	Friday
All Steamed Rice is a 100% Brown Rice		All Breads/Breaded items are Whole Grain		All Meals Include a Choice of Half-Pint 1% or Skim Milk
5 Tuna Salad Sandwich Whole Grain Bun Potato Smiles Baby Carrots/Celery Stick Fruit Slushie	6 Chicken Tenders Brown Rice or Roll Corn / Steamed Broccoli Orange Wedge	7 Cheese Pizza Spinach Romaine Salad Edamame Baby Carrots Mixed Fruits	8 Chicken Pasta Florentine Rainbow Salad Apples	9 Sloppy Joe Whole Grain Bun Broccoli/Celery Sticks Baked Beans Fresh Pears
12 Popcorn Chicken Whipped Potato or Rice Corn & Carrots Orange Wedge	13 Hot Turkey Sandwich Whole Grain Bun Whipped Potato Edamame Apples	14 Crispy Nachos Beef & Cheese Spinach Romaine Salad Cucumber Sticks w/ Dip Pears	15 Kalua Pork & Cabbage Brown Rice Lomi Tomato or Sweet Potato Pineapples	16 STATEHOOD DAY
19 Chicken Tenders Brown Rice or Roll Spinach & Romaine Salad Baby Carrots w/ Dip Peaches	20 Meatloaf w/ Gravy Whipped Potato or Rice Broccoli & Carrots Apple Wedges	21 Corndog Potato Smiles Baby Carrots/Celery Sticks Orange Wedge	22 Chili Brown Rice or Biscuit Corn Mixed Fruits	23 Pepperoni Pizza Broccoli/Celery Sticks Edamame Pears
26 Hot Dog in Bun Potato Rounds Baby Carrots/Celery Stick Fruit Slushie	27 Beef Stew Brown Rice or Biscuit Corn / Broccoli Apple Wedges	28 Korean Chicken Brown Rice Spinach Romaine Salad Edamame / Baby Carrots Pineapples	29 Chicken Pattie Sandwich Whole Grain Bun Baked Beans Broccoli/Celery Sticks Orange Wedge	30 Roast Pork Brown Rice or Roll Corn Rainbow Salad Pears

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