

# Zionsville Food Service Cafeteria Chatter

October/November 2018



## Add These Dates to Your Calendar

In-Service	Wednesday	November	14
E-Day (Middle Schools)	Thursday	November	15
Strikes for Special Olympics	Saturday	November	17
ISNA Annual Conference	Thur-Sat	November	8-10
Veteran's Day (Observed)	Friday	November	12
Commodity Delivery	Monday	November	15
Thanksgiving – No School	Wed – Fri	November	21-23
In-Service – Cookie Walk	Wednesday	December	12
Special Presentation	Thursday	December	13
Winter Break	Mon – Fri	December	24- Jan 4
Special Presentation	Tuesday	January	15
No School – MLK Day	Monday	January	21
In-Service	Wednesday	January	23
Special Presentation	Thursday	February	14
No School – President's Day	Monday	February	18
No School – Teacher Work Day	Tuesday	February	19

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."  
~John Quincy Adams (1825-1829)

## CASHIER'S CORNER:

By: Lisa Bond

Did you know?

- That a Cashier/Cook II could easily know if a student has made a previous purchase.
- We had 6 students who submitted the "Kids Coupon" for August. Be on lookout for new one!
- On the ZCS Website under School Pay FAQs, there is a language preference so our patrons can create an account & get low balance notifications in their native language if desired.
- We have the opportunity to serve 329 preschoolers at 6 locations!
- We also have the opportunity to serve 2,700 Kindergarten-4<sup>th</sup> Graders each day!
- We have the opportunity to serve 2,210 students 5<sup>th</sup> thru 8<sup>th</sup> grade!
- At the High School, we have the opportunity to serve 2,067 students!
- During the month of September, we served an average of 2,771 lunch meals per day, which is 38% participation of our total student enrollment!
- So far, in October we have served an average of 2,689 per day, which is 36% participation of our total student enrollment!

Did you know that you could help build our participation?

- Communicate to students as they come in what items are on the menu.
- Have good signage up to make it easy for students to find items.
- Smile when your students come thru and make them feel welcome!

## PRODUCTION POINTS: WEIGHT VS MEASURE

By: Amy White

I love this quote from Stella Parks, author of Bravetart. "I'd like to go back in time and punch the guy who thought it'd be a good idea to force two different systems of measurement to share the same name." Isn't that the truth? The name she is referencing is OUNCES. Ounces are the only measurement that can either mean weight or volume. So how do you know which ounce a recipe is referencing?

Example: if a chocolate chip cookie recipe calls for 8 oz. chocolate chips is that 8 oz. on a scale or 1 cup dry measure?

Basically, if a dry ingredient is listed in ounces, it is a unit of weight and should be weighed on a scale. If a wet ingredient is listed in ounces, it's a fluid ounce and should be measured in a wet measuring cup. At ZCS we try to list wet ingredients with the measurement of "fl oz." and dry ingredients as "oz. by weight" to help remove any doubt with how to portion an ingredient.

Fun experiment: measure 1 cup chocolate chips and weigh 8 oz. chocolate chips, then look to see the difference in both weight and volume of the two portions. When you think about scaling a recipe up, the difference can become significant to the final outcome.



### October

Judith	PVE	7
Vivi	SUB	11
Steve	HS	11
Tina	EC/FC	15
Angela	SUB	17
Lisa	FSO	19
Patty	HS	23

### November

Nancy	WMS	5
Bernie	HS	9
Diana	UE	11
Amy	WMS	15
Marianne	FC	16
James	PVE	17

### December

Chrissy	SUB	3
Linda	WMS	6
Bobbe	EE	7
Roberta	HS	8
Sheila	EE	20
Cathy	SUB	22
Caroline	SUB	23
Stacie	HS	31

*If we missed your birthday, please accept our apologies and know that we wish you a very happy birthday.*

## DIRECTOR'S NOTES

By: Jan Swander

Hello and Happy Days to All!!!

In my mind, I sound like a broken record mentioning how AMAZED I am at the pace of this school year and how things have gone by so quickly! November is upon us...YIKES! My guess is that many of you may feel the same.

As most of you know, we participate in the National School Breakfast and Lunch Programs and basically, because we receive money and commodity assistance for the reimbursable meals we serve, our program requires auditing to ensure we are following the rules.

So, along with the hustle and bustle of "daily life" in the ZCS Cafes, in the next few months, our department will also be gearing up for an "Administrative Review" which will be conducted, on behalf of USDA, by our division at the Indiana Department of Education. This review will be coming in mid- January and it's not yet been determined which schools will be most involved yet please know that all need to be ready. Should a problem be found at one site, it is highly likely that other sites will be reviewed as well.

This review is somewhat similar to the Board of Health (BOH) inspections in that IF we are found to be doing something inappropriate, we WANT to know so we can quickly correct it. Speaking of the BOH, thanks to the 32 of you who attended our recent Guest Speaker Series event with our BOH Food Specialists. Learning and growing are potential aspects of life, both personally and professionally; congratulations to those who make a conscious effort to seek out such opportunities!

## COOKIE WALK

Wednesday December 13 2:00 – 3:00 pm

It's never too early to formulate a plan to REDUCE stress and worry around the holidays. A cookie walk is the perfect way to save time and energy baking in the kitchen. Bring 3 dozen cookies along with your recipe to the December In-Service. Your cookies will be added to the cookie table and at the end of the meeting you will be invited to come up and select 3 dozen assorted cookies of your choice to take home with you. Voilà, much of your holiday baking done in the bare minimum of time.

## STRIKES FOR SPECIAL OLYMPICS

The ZCS Food Service Department's team name for the event is.....

LUNCH LADY SUPER HEROS

Saturday, November 17<sup>th</sup>  
Woodland Bowl, 3421 E 96<sup>th</sup> St, Indianapolis

See the flyer handed out at the in-service for information on how to donate or go to:

[Firstgiving.com/team/381728](http://Firstgiving.com/team/381728)

## SHARE YOUR KNOWLEDGE

Do you have a passion/talent/hobby that you would like to share with others? If so, you are encouraged to sign up to teach a class! Check out the Eagle Rec website at

[http://zcs.edlioschool.com/apps/pages/index.jsp?uREC\\_ID=459672&type=d&pREC\\_ID=1005259](http://zcs.edlioschool.com/apps/pages/index.jsp?uREC_ID=459672&type=d&pREC_ID=1005259)

*A happy life  
consists not in the  
absence, but in the  
mastery of  
hardships.*

*~Helen Keller*



Ashley	Monitor	BME
Christine	Cook I	ZWMS
James	Monitor	PVE
Judy	SUB	
Kirstin	Cook II	ZMS
Linda	Cook I	ZWMS

MOTIVATIONAL CORNER

By: Eva Heath



*"If you are not willing to risk the unusual, you will have to settle for the ordinary."*

~Jim Rohn

## ZCS EMPLOYEE DISCOUNTS

These are taken directly from the ZCS Employee Portal  
IF you don't know how to find it, there is no time like the present to learn! Money saving opportunities await!!!

- ZCS employees receive free admission to all ZCS home athletic events with their ZCS ID badge. Excludes post-season and conference tournaments.
- Current ZCS employees receive a 10% discount on tuition for any children enrolled in any grow program. Contact Shelley Lantz with any preschool questions and Becca King with any Kindergarten Bridge, Jam, BAC, Access Days or Z'Camp questions.
- Current ZCS employees receive a 10% discount on tuition for any children enrolled in the universal preschool program. Contact Shelley Lantz with any questions @ [slantz@zcs.k12.in.us](mailto:slantz@zcs.k12.in.us)
- ZCS aquatic center
  - A 25 visit pass \$75 (regularly \$90)
  - A 50 visit pass is \$125 ( that's \$2.50 per swim)
  - Check out our web page and come for a swim before school, lunchtime, weekends or evenings! [www.zcs.k12.in.us/apps/pages/aquatic center](http://www.zcs.k12.in.us/apps/pages/aquatic%20center)

In addition to those offers, look for discounts from our community partners:

AT&T PLAN DISCOUNTS  
BARNES & NOBLE  
BILL ESTES BUICK GMC LEBANON  
BODY OUTFITTERS – ZIONSVILLE  
CYCLEBAR  
HALF PRICED BOOK STORE  
OLD NATIONAL BANK

PEARSON AUTOMOTIVE TENNIS CLUB  
SPRINT  
THE BOULEVARD AT ANSON (APARTMENTS)  
THE RESERVE @ WILLIAMS GLEN (APARTMENTS)  
TICKET MONSTER PERKS  
VERIZON PLAN DISCOUNTS  
XCEL FIT CLUB

## NANCY FUNKHOUSER MEMORIAL FUND

Nancy Funkhouser was the Food Service Manager at the Eagle Café at the Freshman Center. Upon her death, her family worked to set up a fund to benefit the students she worked with daily. The Nancy Funkhouser Memorial Fund to benefit S.T.E.P (Student Transition and Employment Partnership) has reached \$901.00. How wonderful is that? It's never too late to give to this worthy cause. ZCS is still accepting donations and they can be made by sending a check to:

Nancy Funkhouser Memorial Fund  
c/o Zionsville Community Schools  
900 Mulberry Street  
Zionsville, IN 46077



This institution is an equal opportunity provider.

This is a publication by and for the ZCS Food Service staff. If you would like to submit an article or idea for the next publication, please contact Amy W. 317.873.1232 x11620 or [awhite@zcs.k12.in.us](mailto:awhite@zcs.k12.in.us)