

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chef Salad <b>Sausage w/Biscuit &amp; Gravy</b> <b>Chicken Quesadilla</b> Waffle Fries Baby Carrots Mixed Berry Cup Fresh Banana	4 Munchable <b>Hamburger Steak w/Gravy over Rice</b> <b>Mozzarella Cheese Sticks</b> Marinara Sauce Potato Wedges Steamed Green Peas Mixed Fruit Cocktail Fresh Grapes	5 PBJ Sandwich <b>Hot Dog</b> <b>Popcorn Chicken with Mac &amp; Cheese</b> Baked Beans Potato Tots Peach Cup Fresh Apple	6 Deli Sandwich <b>Baked Spaghetti w/Garlic Breadstick</b> <b>Chicken Soft Taco</b> <del>Garden Salad</del> Vegetable Medley Diced Pears Fresh Orange	7 PBJ Sandwich <b>Pizza Slice</b> <b>Grilled Cheese Sandwich</b> Tomato Soup Steamed Broccoli w/Cheese Pineapple Tidbits Fresh Pear
10 Chef Salad <b>Roasted Turkey w/Stuffing, Gravy &amp; Roll</b> <b>Meatball Sub</b> Steamed Green Beans Sweet Potato Casserole Cherry Cobbler Fresh Banana <b>HOLIDAY MEAL</b>	11 Munchable <b>Chicken Tenders w/Roll</b> <b>Mini Corndogs</b> Broccoli Cheese Soup Potato Tots Strawberry Cup Fresh Grapes	12 PBJ Sandwich <b>Beef Teriyaki Nuggets w/Garlic Breadstick</b> <b>Cheese Stuffed Shells w/Garlic Breadstick</b> Garden Salad Glazed Carrots Fruit Sorbet Fresh Apple	13 Deli Sandwich <b>Chicken Pie with Roll</b> <b>BBQ Tray w/Hushpuppies</b> Mashed Potatoes Steamed Green Beans Blueberries Fresh Orange	14 PBJ Sandwich <b>Retro Pizza</b> <b>Beef Taco</b> Steamed Corn Fiesta Black Beans Mixed Fruit Cocktail Fresh Pear
17 Chef Salad <b>Homemade Lasagna w/Garlic Breadstick</b> <b>Rotisserie Chicken w/Garlic Breadstick</b> Garden Salad Corn Sliced Peaches Fresh Banana	18 Munchable <b>Chicken Filet Sandwich</b> <b>Nachos Supreme</b> Refried Beans Waffle Fries Strawberry Cup Fresh Grapes	19 PBJ Sandwich <b>Chicken Nuggets w/Roll</b> <b>Rib B Que Sandwich</b> Glazed Carrots Mashed Potatoes Applesauce Fresh Apple	20 Deli Sandwich <b>Orange Chicken over Rice</b> <b>Cheeseburger</b> Potato Tots Steamed Broccoli Mandarin Oranges Fresh Plums	21 PBJ Sandwich <b>Fish Nuggets w/Hushpuppies</b> <b>Cheesy French Bread</b> Marinara Sauce Potato Wedges Steamed Green Beans Fruit Sorbet Fresh Pear
24	25	26 <b>Happy Holidays</b>		28
31			3	4
		2 PBJ Sandwich <b>Hot Dog</b> <b>Popcorn Chicken with Mac &amp; Cheese</b> Baked Beans Potato Tots Peach Cup	3 Deli Sandwich <b>Baked Spaghetti w/Garlic Breadstick</b> <b>Chicken Soft Taco</b> Vegetable Medley Diced Pears	4 PBJ Sandwich <b>Pizza Slice</b> <b>Cheeseburger Meatloaf Sandwich</b> Tomato Soup Steamed Broccoli w/Cheese Pineapple Tidbits

### Lunch Meal Prices

Reduced.....\$ .40  
 Paid.....\$3.00

A reimbursable lunch consists of 1 item from each of the 5 groups\*:

- 1) Meat/Meat Alternate
- 2) Grain
- 3) Vegetable/Side
- 4) Fruit
- 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

\*Menu items are subject to change based off of product availability.

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Free & Reduced Meal applications can be completed online at:  
[www.lunchapplication.com](http://www.lunchapplication.com)

Manage and monitor your student's account at:  
[www.k12paymentcenter.com](http://www.k12paymentcenter.com)  
 \*Independently run from the School Nutrition Program.

If your student has special dietary needs a 2018-19 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.