

DEMOPOLIS CITY SCHOOLS MENUS

February-20

DEMOPOLIS HIGH SCHOOL

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BISCUIT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	4 STRUDEL HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	5 PANCAKES LINK SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	6 EGG OMELET CHEESE TOAST CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	7 WAFFLE SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
10 SAUSAGE DOG BREAKFAST PIZZA CEREAL YOGURT FRUIT FRUIT JUICE CHOICE OF MILK	11 WAFFLE HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	12 BISCUIT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	13 PANCAKES LINK SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	14 CINNAMON TOAST SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
17 PRESIDENTS' DAY HOLIDAY	18 FRENCH TOAST LINK SAUSAGE YOGURT CEREAL FRUIT JUICE FRUIT CHOICE OF MILK	19 GRITS & EGG BOAT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	20 BISCUIT CHICKEN CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	21 CROISSANT SAUSAGE & CHEESE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
24 BISCUIT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	25 STRUDEL HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	26 PANCAKES LINK SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	27 CHEESE TOAST/GRITS EGG OMELET CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	28 WAFFLE SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK

This menu is subject to change.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

DEMOPOLIS CITY SCHOOLS MENUS

February-20

DEMOPOLIS HIGH SCHOOL

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 MEAT LOAF SPICY CHICKEN PATTY SQUASH TURNIP GREENS GLAZED CARROTS CORNBREAD MUFFIN FRUIT COCKTAIL CHOICE OF MILK	4 PHILLY CHEESESTEAK SUB BREADED BEEF PATTY BLACK-EYED PEAS SWEET POTATOES SPINACH CORNBREAD MUFFIN SPICED APPLES CHOICE OF MILK	5 SPAGHETTI CHICKEN BITES GARDEN SALAD CORN STEAMED BROCCOLI ROLL PEACHES CHOICE OF MILK	6 STEAK NUGGETS MANDARIN CHICKEN/RICE BOWL STIR FRY LIMA BEANS CORNBREAD MUFFIN PINEAPPLE CHOICE OF MILK	7 TURKEY & CHEESE SUB BUFFALO CHICKEN SUB SLICED CARROTS BAKED CHIPS GREEN SALAD/DRESSING FRUIT CUP CHOICE OF MILK
10 HAMBURGER STEAK BREADED CHICKEN PATTY GREEN BEANS CREAMED POTATOES CARROTS ROLL PEACHES CHOICE OF MILK	11 CHICKEN ALFREDO POLISH SAUSAGE SUB STIR FRY BROCCOLI & CHEESE CORN RICE & GRAVY/ROLL PINEAPPLE CHOICE OF MILK	12 CRISPITOS PORK CHOPS STEAMED CABBAGE PINTO BEANS POTATO CASSEROLE CORNBREAD MUFFIN JELL-O W/FRUIT CHOICE OF MILK	13 CHICKEN SANDWICH BBQ SANDWICH BAKED BEANS GARDEN SALAD/DRESSING POTATO SALAD APPLE CHOICE OF MILK	14 GRITS OR HASHBROWN EGGS SAUSAGE CHICKEN SANDWICH FRENCH TOAST/BISCUIT GARDEN SALAD FRUIT CUP CHOICE OF MILK
17 PRESIDENTS' DAY HOLIDAY	18 FISH NUGGETS QUESADILLA COLESLAW BAKED BEANS OKRA & TOMATOES HUSHPUPLIES PEARS CHOICE OF MILK	19 HOT WINGS TACO LETTUCE/TOMATO/CHEESE CORN PINTO BEANS HASHBROWN PINEAPPLE CHOICE OF MILK	20 LASAGNA TURKEY & CHEESE SUB STEAMED BROCCOLI CARROTS GREEN SALAD/DRESSING ROLL PEACHES CHOICE OF MILK	21 CHEESEBUGER PIZZA CORN FRENCH FRIES LETTUCE & TOMATO APPLE CHOICE OF MILK
24 CHICKEN TENDERS HAM & CHEESE SANDWICH GREEN BEANS CREAMED POTATOES CALIFORNIA BLEND ROLL FRUIT CHOICE OF MILK	25 OVEN FRIED CHICKEN BREADED BEEF PATTY BLACK-EYED PEAS SWEET POTATOES SPINACH CORNBREAD MUFFIN SPICED APPLES CHOICE OF MILK	26 CHILI & CHEESE BREAD CORNDOG BAKED POTATO BROCCOLI & CHEESE PEACHES CHOICE OF MILK	27 FAJITA BURRITO LETTUCE, TOMATO, CHEESE MEXICAN BEANS GLAZED CARROTS SPANISH RICE FRUIT CHOICE OF MILK	28 HAMBURGER HOT DOG LETTUCE, TOMATO, PICKEL FRENCH FRIES BAKED BEANS JELL-O W/FRUIT CHOICE OF MILK

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