

August/September- Text Menu

AASD Secondary School Breakfast Menu

Monday	26	Rainbow Glazed Donuts
Tuesday	27	Cheese Omelet, Sausage and Toast
Wednesday	28	Breakfast Pizza
Thursday	29	Ham, Egg, and Cheese Croissant
Friday	30	Pancakes with Bacon
Monday	2	NO SCHOOL – LABOR DAY
Tuesday	3	Ham, Egg and Cheese on a Bagel
Wednesday	4	French Toast Griddle
Thursday	5	Sausage, Egg, and Cheese Sandwich
Friday	6	Waffles with Bacon
Monday	9	Rainbow Glazed Donuts
Tuesday	10	Cheese Omelet, Sausage and Toast
Wednesday	11	Breakfast Pizza
Thursday	12	Ham, Egg, and Cheese Croissant
Friday	13	Pancakes with Bacon
Monday	16	Rainbow Glazed Donuts
Tuesday	17	Ham, Egg and Cheese on a Bagel
Wednesday	18	French Toast Griddle
Thursday	19	Sausage, Egg, and Cheese Sandwich
Friday	20	NO SCHOOL – IN SERVICE
Monday	23	Rainbow Glazed Donuts
Tuesday	24	Cheese Omelet, Sausage and Toast
Wednesday	25	Breakfast Pizza
Thursday	26	Ham, Egg, and Cheese Croissant
Friday	27	Pancakes with Bacon

Alternative Breakfast Entrée: Assorted Cereal and Milk with Toast

Whole grain cereal selection may include: Cinnamon Toast Crunch, Trix, Cocoa Puffs, or Fruit Loops.

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What makes a complete breakfast? You must choose at least 3 items. One must be a ½ cup of fruit.

What is an Item? Grain, Protein, Choice of Fruit, or Choice of Milk

Daily fruit selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

Breakfast Prices: Student \$1.00. Reduced \$0.30. Adult \$2.10.

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