

# JANUARY

2019



I'm  
**ORANGE  
STAR**

**GOOD  
EATS AT**

Siebert  
Elementary  
Breakfast

**SPECIAL  
ANNOUNCEMENTS**

Includes: fruit juice, fruit cup and variety of milk served daily. "This institution is an equal opportunities provider."

M	T	W	TH	F
			Holiday Break	
Breakfast Pizza WGR Cereal Variety with Toast, Muffin & Yogurt 7	Chicken-N-Biscuit Breakfast Strudel with Cheese stick, or WGR cereal variety with toast 8	Biscuit, & gravy Scrambled Eggs & Bacon Breakfast Fruit Parfait, Muffin with yogurt WGR cereal variety with toast 9	NO SCHOOL 10	NO SCHOOL 11
Pancakes with bacon Muffin with yogurt WGR cereal variety with toast 14	Sunrise sandwich Breakfast strudel with cheese stick WGR cereal variety with toast 15	French Toast with sausage WGR cereal variety with toast Muffin with yogurt 16	Oatmeal with Cinnamon Toast, PBJ WGR cereal variety with toast 17	Breakfast Burrito Muffin with yogurt WGR cereal variety with toast 18
Sausage Kolache with yogurt Muffin with yogurt WGR cereal variety with toast 21	Cheese omelet with toast Breakfast strudel with cheese stick WGR cereal variety with toast 22	Waffles & Sausage Breakfast Fruit Parfait, WGR cereal variety with toast 23	Breakfast pizza PBJ WGR cereal variety with toast 24	Donuts with sausage Muffin with yogurt WGR cereal variety with toast 25
Pancakes with Sausage WGR Cereal Variety with Toast, Muffin & Yogurt 28	Breakfast Burritos, and Hash Browns WGR cereal variety with toast Breakfast Strudel with Cheese Stick 29	Scrambled Eggs, Bacon and Biscuit with Gravy, WGR Cereal Variety with Toast, Muffin & Yogurt 30	Sausage Kolache, WGR Cereal Variety with Toast, Breakfast Bread 31	



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

# ORANGE STAR

Orange



Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how. Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.

## FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

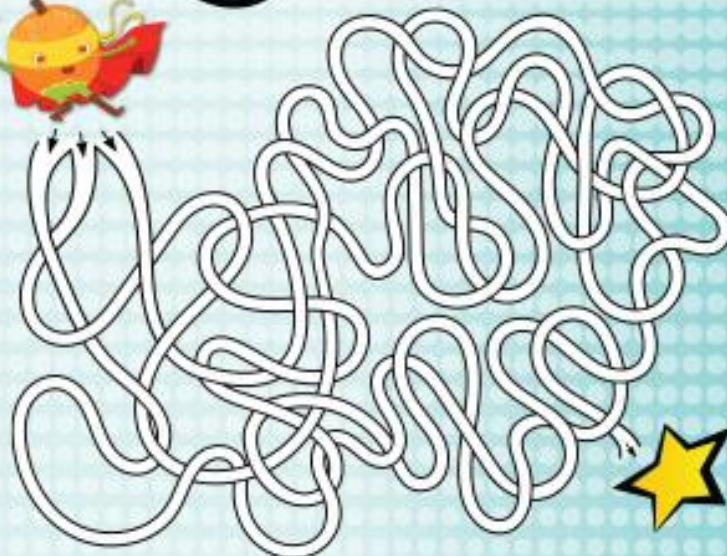


ORANGE STAR'S  
FAVORITE  
ACTIVITIES  
Traveling and  
Swimming



## MAZE

Color the path that will lead the superhero to his missing star.



**POW!**  
ARCH ENEMY  
Fruit Flies

## JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3