

JANUARY

TIGER CAFÉ
@ MAIN
 (Elem/JH)

2019

GOOD EATS AT



I'm **ORANGE STAR**

M	T	W	TH	F
SCHOOL HOLIDAY 1	SCHOOL HOLIDAY 2	SCHOOL HOLIDAY 3	SCHOOL HOLIDAY 4	
SCHOOL HOLIDAY 7	BREAKFAST BITES/ SAUSAGE BISCUIT ENCHILADA 8	EGGS & TOAST/ FRENCH TOAST STICKS ORIENTAL BOWL 9	SAUSAGE WRAP/POP TART FRITO PIE 10	BKT SANDWICH/ DONUT HOLES CHICKEN DRUMSTICK 11
DONUTS/ FRUEDLES CHICKEN ALFREDO 14	BISCUIT&GRAVY/ BREAKFAST PIZZA BREAKFAST FOR LUNCH 15	PANCAKES/ MUFFINS CORNDOG 16	PIG N BLANKET YOGURT PARFAIT BEEF TACOS 17	BREAKFAST TACO PANCAKE ON STICK CHICKEN NUGGETS 18
SCHOOL HOLIDAY 21	PANCAKES/ MUFFINS CHICKEN FAJITA TACO 22	EGGS & TOAST/ FRENCH TOAST STICKS STEAK FINGERS 23	SAUSAGE WRAP/POP TART CHICKEN STRIPS 24	BKT SANDWICH/ DONUT HOLES BEEF CHEESE NACHOS 25
BISCUIT&GRAVY FRUEDLES POPCORN CHICKEN BOWL 28	DONUTS/ BREAKFAST PIZZA CHILI CHEESE FRIES 29	BREAKFAST BITES/ SAUSAGE BISCUIT BREADED CHEESE STICKS 30	PIG N BLANKET POPTARTS CHICKEN SPAGHETTI 31	

Breakfast- Offered Daily:
 Cereal
 Yogurt
 Variety of Fruit
 100% Fruit Juice
 Variety of Milk

Lunch - Offered Daily:
 Chef Salad
 Variety of Fruit
 Variety of Vegetables
 Whole Grains
 Variety of Milk

Also Offered:
 Turkey Sandwich or
 Turkey Wrap



TEXAS DEPARTMENT OF AGRICULTURE
 COMMISSIONER SID MILLER



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ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

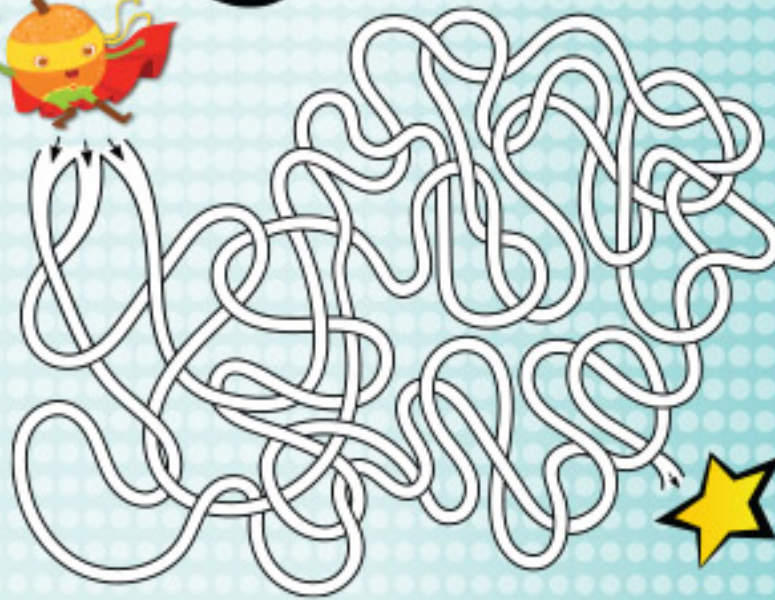


ORANGE STAR'S FAVORITE ACTIVITIES
Traveling and Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3