

Combos include protein entrée with grains, 2 vegetable choices, 1 fruit choice and a choice of milk. Fruit/Veggie Combo includes up to 2 fruits & 3 veggies, grain choice of the day and choice of milk.

Students may decline any lunch menu items, however, a minimum of 1 fruit or vegetable choice and 2 additional items must be selected.

SEPTEMBER 2019

Fort Sam Houston Elementary

2019-2020 New Meal Prices

Lunch – Full Price \$2.30 Reduced \$0.40 Adult - \$3.35

Tuesday Friday Monday Thursday Wednesday General Tso's Chicken LABOR DAY Pepperoni Chicken Pasta Cheese Enchiladas w/ chili Cheese Pizza w/ Steamed Rice & Egg Roll OR OR OR STUDENT Cheese Popper W/ Marinara Sauce Cheese Quesadillas Flame broiled Hamburger Hot Dog OR OR OR HOLIDAY Tuna Sandwich Combo Entrée Salad Yogurt Combo Entrée Salad Teriyaki Chicken w/ Asian Rice 2 Spaghetti w/ Meat Sauce **Beef Nachos** Fresh Baked Roll/Country Grav Chicken Nuggets 13 & Garlic Breadstick OR & Egg Roll **EARLY RELEASE** OR OR Cheese Nachos OR Cheese Pizza Baked Potato w/ Cheese OR Corn Dog **SACK LUNCH** OR Yogurt Combo OR Fresh Baked Roll Chef Entrée Salad Or Chef Entrée Salad Yogurt Combo Asian Orange Chicken BREAKFAST FOR LUNCH Beefy Italiana Bake Crispy Beef Tacos Hamburger 16 French Toast Sticks w/ Cilantro Lime Rice W/ Garlic Breadstick w/ Oriental Rice & Egg Roll OR w/ Sausage link OR Toasted Star Ham & Cheese Sand-OR OR OR Pizza Sticks w/ Marinara Sauce Cheese Quesadilla wich Deli Sandwich/Chips Crispy Chicken Burger OR ΩR OR OR Yogurt Combo Yogurt Combo Chef Entrée Salad Chef Entrée Salad Yogurt Combo Steak Fingers w/ Country Gravy Pepperoni Chicken Pasta 24 General Tso's Chicken w/ Steamed Rice & Egg Roll Cheese Pizza 25 Cheese Enchiladas w/ chil & Fresh Baked Roll OR OR OR Flame broiled Hamburger OR Cheese Popper W/ Marinara Sauce Cheese Quesadillas Crispy Chicken Burger Hot Dog OR OR OR OR Tuna Sandwich Combo Entrée Salad Entrée Salad Yogurt Combo Yogurt Combo Fresh Baked Roll/Country Grave Baked Potato w/ Cheese Fresh Baked Roll Or Yogurt Combo K - 5 Student lunch includes a choice of entrée with a grain, 2 vegetable choices, 1 fruit choice and choice of milk. This Institution is an equal opportunity provider Entrée Student Salad includes a grain, 2 vegetable choices, 1 fruit choice and a choice of milk. **MENU SUBJECT TO CHANGE**

SCHOOL BUCKS

PAY FOR MEALS ONLINE

MyschoolBucks.com