March 10, 2020

Dear Everett Public Schools Community,

Though the risk remains low here in Everett, there are growing concerns about the presence of coronavirus disease 2019 (also called COVID-19) in the United States. We will be communicating with you regularly to share updated information from the Centers for Disease Control (CDC), the Massachusetts Department of Public Health (MDPH) and the Massachusetts Department of Elementary and Secondary Education (DESE).

NEW Recommendation from the CDC Officials as of March 6, 2020:

Anyone who has traveled to China, Iran, Italy, or South Korea is asked to stay at home for 14 days upon their return to the United States to monitor their health and are asked not to go to school or work. This applies to travel that has occurred in the last two weeks and going forward. It also applies even if your child was previously cleared to attend school since returning from one of these countries in the last two weeks.

During that 14-day period, you should be monitoring your family’s health by:

- Taking your temperature with a thermometer twice a day and watching for a fever of 100.4°F/38°C or higher.
- Watching for symptoms including a fever, cough, trouble breathing, and shortness of breath.

During that 14-day period, you should also be limiting interactions by:

- Avoiding public transportation, taxis, or ride-shares during.
- Avoiding crowded places (shopping centers, schools, workplace, church and movie theaters).
- Keeping your distance from others (6 feet or 2 meters away).

If your child is missing school due to travel restrictions, please contact your child’s school to inform them so that they can arrange for appropriate education and support while your student remains at home.

General Recommendations and Precautionary Measures:

If at any point symptoms appear for yourself or your child, please contact your health care provider or local emergency room. You should call the health care facility first to discuss your symptoms and travel history before making a trip to your doctor’s office or hospital.
In the Everett Public Schools, we are actively preparing to ensure the safety of our students by conducting the following:

- Each of our school buildings are being thoroughly and consistently disinfected, especially prioritizing high touch areas, such as desktops, handles, railings, and cafeteria tables.
- We added hand sanitizers to the reception areas of each of our school's main offices so they are readily accessible to all school visitors.
- We have increased the level and frequency in which our bathrooms are being monitored to ensure that soap and paper towels are adequately stocked.

Finally, everyone in the Everett community should practice the following precautions to reduce the risk of spreading respiratory viruses and to keep everyone safe:

- Wash hands often with soap and water for at least 20 seconds.
- If you do not have access to soap and water, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Frequently disinfect high touch surfaces and objects.

Additional Resources:


As you know, this is a rapidly changing situation. We are closely monitoring advice from public health authorities and will provide you with updated information as it becomes available on our website, [everettpublicschools.org](http://everettpublicschools.org). If you have questions that are not addressed here, please reach out to [coronavirus@everett.k12.ma.us](mailto:coronavirus@everett.k12.ma.us).

Stay healthy and safe,

[Signature]

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