



Lincoln Primary

Bulletin

October 8, 2018

Calendar of Events

October 10th – Health Screening Day (Dental, Heights, Weights, Vision, Hearing)

October 11th – First Grade Fire Truck Ride at 1:30pm

October 15th – Parenting the Love and Logic Way – class starts – 5:30pm – Lincoln Library – for more information contact – Stacy Caissey or Rose Kellegher 406-563-6141, Ext 1307 or Ext 1303

***October 16th at 1:30pm**– Conscious Discipline parenting coffee talk - Donivans

October 18th and 19th – No School – Teacher Convention

October 24th at 6:30pm - PTA meeting Fred Moodry Library

October 25th - Preschool Family Night at 5:30pm

***October 30th at 1:30pm**– Conscious Discipline parenting coffee talk – Donivans

October 31st – Halloween Celebrations – Parade at 1:30pm –We will walk up 6th Street – walk through the high school and return on 6th street. Classroom Celebrations immediately following - more information to follow.

Nov. 6th – Picture retake Day

effective programming begins in preschool and continues through high school.

https://www.nea.org/assets/docs/Social%20and%20Emotional%20Learning%20Response_Bkgdr%20v3.pdf

At Lincoln Primary School we are working hard to make sure that our students are learning Reading, Writing, and Math but also are learning the skills necessary to manage their own emotions. You may hear your child talk about breathing to calm down or perhaps they have shown you some of the breathing motions we do here at the school. Like the balloon, pretzel, or STAR. Each week the teacher's teach a lesson from *Feeling Buddies - Self-Regulation Curriculum*. The lessons teach the students to:

- Give a name to the emotion
- Identify feelings in others by observing their faces
- Put a pause between the feeling and reaction
- Become aware of triggers, verbalize them, and plan ahead
- Practice breathing techniques
- Offer empathy to others when upset
- Go to the safe place when intense emotions bubble up
- Identify the emotion and choose the corresponding feeling buddy
- Follow the self-regulation process
- Describe where he/she feels the feeling in his/her body

What is Social Emotional Learning and Why is it Important?

Social and Emotional Learning or SEL is the process through which children (and adults) learn how to understand and manage emotions, set and achieve goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions.

We know that:

- The best learning starts with supportive relationships that make learning challenging, engaging and meaningful.
- A student's ability to learn depends not just on instruction but also factors like school climate, a sense of belonging with peers, and having a positive relationship with their teachers.
- Social and Emotional competency is critical for success in college and in careers and



<https://consciousdiscipline.com/>

*Conscious Discipline – What is it?

Stacy Caissey, our Family Engagement Coordinator is hosting a Coffee talk on October 16th at 1:30pm and again on October 30th at 1:30pm in the basement of Donivan's (see attached flyer). This is

a time for you to learn about our Social Emotional approach and learn how you too can work on these skills at home.

2nd Grade Engineers

The second graders have been working as engineers to design paper airplanes.

The requirements were to build a plane that can fly as far as possible out of paper. Students first learned about air flow and air pressure, air plane body parts and their purpose, symmetry, and then finally the engineering design process.

Pictured below are the students and their airplanes that flew the furthest. They flew them in front of their classmates at this month's assembly which took place on Friday, October 5th.

Pictured below are:

Tydan Jovanovich, Huck Dougherty, Haydden Frye, Grady Valentini, Grace Richter, Oliver Pate-Briggs, Averie Sandoval and Gus Johnson.



Attendance Information

Attendance Letters will be mailed home this week for any child who has missed more than 5 days of school. We usually get questions about these letters. So, in an effort to alleviate any misconceptions here is some information that may be new to you.

According to Montana Code Annotated MCA 20-5-106, students in elementary grades may not exceed a total of twenty (20) days absent in any school year....excessive absences are a violation of the school laws of Montana. This information is also included in our handbook starting on page 23. You can find a copy of our handbook here:

<https://www.anacondaschools.org/Page/88>

There are 3 types of absences that do NOT count towards the 20 days.

DF – Death in the Family

MD – Medical by Doctor – must have note on file

MN – Medical by Nurse – student was sent home from school due to medical

All other absences are counted towards the 20 days.

A – Absent – unexcused

AA – avoidable absence

SH – Sent home due to behavior

PC – Parent called to report student out from school

ET – Excused Tardy

EA – excused absence

HB – Homebound

IS – In School Suspensions

MP – Medical by parent – parent calls to report student at home for sickness

OS – Out of school suspension

UT – Unexcused Tardy

ET – Excused Tardy

Last year, we had 1 student who had not missed a single day of school. This year we're hoping that number greatly improves. It starts with you.

See attached handout for more information on the importance of attendance.



We'll be offering Parenting the Love and Logic Way starting next week. This parenting program is designed to give you practical skills that can be used immediately and is being offered FREE to families in our Community. Check it out at www.loveandlogic.com

Classes will start on October 15th and run on Monday's through November 19th 5:30pm – 7PM

If you're interested in attending this FREE course please contact: Stacy Caissey at 563-6141 Ext 1307 or email scaissey@anacondaschools.org or Rose Kellegher at 563-6141, Ext 1303 or email rkellegher@anacondaschools.org



A Special Thank you to our Parent Volunteers, Kayla Lutey and Katie Lemm for helping with Picture Day.