

FEBRUARY 2019 - Dinner

Las Américas ASPIRA Academy

Monday

Tuesday

Wednesday

Thursday

Friday



No School

4

Mandarin Chicken
Steamed Corn
Side Salad Variety
Fruit Variety
Milk Variety

5

Cheese Quesadilla with Salsa
Steamed Broccoli
Side Salad Variety
Fruit Variety
Milk Variety

6

Pierogies in Tomato Sauce
Steamed Peas and Carrots
Side Salad Variety
Fruit Variety
Milk Variety

7

Baked Chicken Tenders
Baked Beans
Side Salad Variety
Fruit Variety
Milk Variety

1

Mac and Cheese
Steamed Carrots
Side Salad Variety
Fruit Variety
Milk Variety

8

Chicken Patty Sandwich
Steamed Carrots
Side Salad Variety
Fruit Variety
Milk Variety

11

Mini Ravioli with Breadstick
Steamed Broccoli
Side Salad Variety
Fruit Variety
Milk Variety

12

Stuffed Crust Cheese Pizza
Taco Fiesta Beans
Side Salad Variety
Fruit Variety
Milk Variety

13

Cheeseburger
Oven Fries
Side Salad Variety
Fruit Variety
Milk Variety

14

Grilled Cheese Sandwich
Seasoned Green Beans
Side Salad Variety
Fruit Variety
Milk Variety

15

No School

18

Cheesy Fish Taco
Oven Fries
Side Salad Variety
Fruit Variety
Milk Variety

19

Beefy Queso Burrito
Steamed Corn
Side Salad Variety
Fruit Variety
Milk Variety

20

Mini Personal Pizza
Steamed Broccoli
Side Salad Variety
Fruit Variety
Milk Variety

21

Meatball Sub
Steamed Carrots
Side Salad Variety
Fruit Variety
Milk Variety

22

Teriyaki Chicken
Steamed Peas and Carrots
Side Salad Variety
Fruit Variety
Milk Variety

25

Oven Baked Chicken
Seasoned Green Beans
Side Salad Variety
Fruit Variety
Milk Variety

26

French Bread Pizza
California Vegetable Blend
Side Salad Variety
Fruit Variety
Milk Variety

27

Three Cheese Stuffed Shells
Steamed Broccoli
Side Salad Variety
Fruit Variety
Milk Variety

28



- Fruit Variety includes daily options of apples, bananas, oranges, and seasonal fruits that will be provided from local farms
- Milk Variety includes 1 % White, Non-Fat Chocolate, and Non-Fat Strawberry options
- Menu subject to change without notice