

NOVEMBER

2018



M **T** **W** **TH** **F**

Call me
CAPTAIN CARROTENE!

**SAUSAGE BISCUIT
FRUIT, CEREAL/TOAST**
Steak Fingers, Gravy
Oven Fries, ***Fresh Veggie
Cup/Ranch, Mixed Fruit
PK - Sliced Veggies **5**
***Roll

**EGGS, TOAST, CUBED
POTATOES, FRUIT
CEREAL BAR/YOGURT**
Chicken Fajitas, Tortillas
Beans, ***Tomato Cup
***Salsa, Peaches **6**
***Lettuce/Tomato Garnish

**CHICKEN - N-WAFFLE
FRUIT, CEREAL/TOAST**
Chicken Alfredo
***Tuscan Vegetables
Garden Salad w/Ranch
Hot Cinnamon Apples
***Breadstick, ***Cookie **7**

**SAUSAGE, CHEESE
EGG SANDWICH, FRUIT
CEREAL BAR/YOGURT**
Chicken Spaghetti
***Garden Salad/Ranch
Carrots, Apple Slices **1**
***Breadstick

**SCRAMBLED EGGS,
BISCUIT, GRAVY
FRUIT, CEREAL/TOAST**
Fish Sticks
Mac & Cheese
***Coleslaw, Green Beans
Orange Smiles **2**

**PANCAKES, SAUSAGE
FRUIT
CEREAL BAR/YOGURT**
Carne Guisada, Tortillas
***Broccoli Florets/Ranch
***Fresh Veggie Cup/Ranch
Snoball Salad **8**

**DUTCH WAFFLE, BACON
FRUIT, CEREAL/TOAST**
Popcorn Chicken
Mashed Potatoes
Green Beans
Apple Slices
***Roll **9**

**BREAKFAST PIZZA
FRUIT, CEREAL/TOAST**
Enchiladas
Beans, ***Corn, ***Salsa
Fresh Fruit
***Fruit Crisp **12**

**SCRAMBLED EGGS
GRAVY, BISCUIT, BACON
FRUIT, CEREAL/TOAST**
Chicken Nuggets, Mac &
Cheese, Green Beans
***Salad, Strawberries **13**

**CHICKEN-N-BISCUIT
FRUIT
CEREAL BAR/YOGURT**
Pizza Choice, Corn
***Tomato Cup/Ranch
Fruity Gelatin **14**

**SAUSAGE KOLACHE
YOGURT, FRUIT
CEREAL BAR/YOGURT**
Turkey, Dressing, Gravy
Mashed Potatoes, Fruit
Roll, Cranberry Sauce
Green Beans **15**

**CINNAMON ROLL, FRUIT
SAUSAGE, CEREAL/TOAST**
Hamburger & Fix' ins
Cucumber Slices, ***Baby
Carrots/ Ranch, Cinnamon
Applesauce, ***Cookies
PK - Animal Crackers **16**

19

Thanksgiving Holidays
20

21

22

23

**PANCAKES, BACON
FRUIT, CEREAL/TOAST**
Steak Fingers, Gravy
Mashed Potatoes, Carrot
Coins, Strawberry Cup
***Roll **26**

**CHEESY TOAST
SAUSAGE, FRUIT
CEREAL BAR/YOGURT**
Spaghetti & Meatballs
***Salad, California Blend
Veggies, Fruit Cup
***Breadstick, ***Pudding **27**

**FRENCH TOAST, FRUIT
SAUSAGE, CEREAL/TOAST**
Chili, Cornbread Muffin
Celery & Carrot Sticks
w/Ranch, Orange Smiles
***Brownie **28**

**OATMEAL, CINNAMON
TOAST, YOGURT, FRUIT
CEREAL BAR/YOGURT**
Tacos, Tamales, Beans
***Corn, ***Salsa
Fresh Fruit, ***Lettuce
& Tomato Garnish **29**

**BEARKAT
DAY**
30

**GOOD
EATS AT**

**GLASSCOCK
ISD**

Veteran's Program a
Meal - November 9th

**SPECIAL
ANNOUNCEMENTS**

MILK/JUICE SERVED DAILY

BREAKFAST CHOICE:
ENTRÉE, CEREAL/TOAST,
OR CEREAL BAR/YOGURT

MENU SUBJECT TO CHANGE

**THANKSGIVING MEAL
THURSDAY, NOV. 15TH
STUDENTS AT THEIR
REGULAR LUNCH PRICE.**

**ALL VISITORS
\$10.00/PL**


TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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ICE CREAM FRIDAYS \$1.00

