

Transform a life, and your own

**BLOOD DRIVE
SPONSORED BY:
ST JOSEPH'S
REGIONAL
HIGH SCHOOL**

**TUESDAY,
FEBRUARY 12, 2019
8:00 AM - 2:00 PM
40 CHESTNUT RIDGE
ROAD
MONTVALE, NJ
(BLOODMOBILE)**

16/17 YEAR OLDS, PLEASE PICK UP
PERMISSION SLIPS FROM MRS. SIKORA IN
THE NURSE'S OFFICE.

Donor Guidelines:

- * Weigh at least 110 lbs.
- * Eat a meal before donation
- * Bring ID
- * Drink plenty of water before
and after donation



Ann
BLOOD RECIPIENT

“I wish I could tell my donor how grateful I am for your selfless act. You may have wondered what became of your donation. Well, it saved my life.”

For more information or to schedule a donation,
call **201.251.3703** or visit us at **vitalant.org**
Find us @vitalant:   

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