

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

Menu Name: TURNER. BREAKFAST Pre - K

Include Cost: No

Site:

Report Style: Detailed

Monday - 04/01/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	97	58	15	13	14.56	0.00
000589 White Milk	each	72	72	90	9	8.64	5.76
Weighted Daily Average			260	265	31	49.62	*6.76
% of Calories					47.7%	76.3%	*10.4%
Weekly Nutrient Guideline			350 - 500	540			

Tuesday - 04/02/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000739 Mini Waffles	PACKAGE	100	200	220	10	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	64	38	10	8	9.60	0.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	85	85	106	10	10.20	6.80
Weighted Daily Average			356	336	36	63.90	10.80
% of Calories					40.4%	71.8%	12.1%
Weekly Nutrient Guideline			350 - 500	540			

Wednesday - 04/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001526 Egg & Chees Burrito	3.15 Each	100	192	344	0	25.02	8.66
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	73	44	11	9	10.96	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			320	435	21	48.08	*13.78
% of Calories					26.2%	60.1%	*17.2%
Weekly Nutrient Guideline			350 - 500	540			

Thursday - 04/04/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000735 Mini Pancakes	Package	100	210	320	11	35.00	4.00

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990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	79	47	12	10	11.86	0.00
000589 White Milk	each	84	84	105	10	10.08	6.72
Weighted Daily Average			374	437	39	66.04	10.72
% of Calories					41.7%	70.6%	11.5%
Weekly Nutrient Guideline			350 - 500	540			

Friday - 04/05/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	79	47	12	10	11.86	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
Weighted Daily Average			248	253	25	46.00	*9.48
% of Calories					40.3%	74.2%	*15.3%
Weekly Nutrient Guideline			350 - 500	540			

Monday - 04/08/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	86	52	13	11	12.91	0.00
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			257	268	30	48.45	*7.08
% of Calories					46.7%	75.4%	*11.0%
Weekly Nutrient Guideline			350 - 500	540			

Tuesday - 04/09/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000370 Sausage Roll	1 Roll	100	170	360	4	16.00	6.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	73	44	11	9	10.96	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			310	451	29	43.74	11.12
% of Calories					37.4%	56.4%	14.3%
Weekly Nutrient Guideline			350 - 500	540			

Wednesday - 04/10/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	430	9	25.01	10.01
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	69	41	10	9	10.35	0.00
000589 White Milk	each	82	82	102	10	9.84	6.56
Weighted Daily Average			353	543	32	49.63	*16.57
% of Calories					36.3%	56.2%	*18.8%
Weekly Nutrient Guideline			350 - 500	540			

Thursday - 04/11/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001426 Pancake on a stick	SERVING	100	293	521	12	37.54	9.05
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	74	44	11	10	11.11	0.00
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			446	627	38	66.87	15.13
% of Calories					34.1%	60.0%	13.6%
Weekly Nutrient Guideline			350 - 500	540			

Friday - 04/12/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	79	47	12	10	11.86	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
Weighted Daily Average			248	253	25	46.00	*9.48
% of Calories					40.3%	74.2%	*15.3%
Weekly Nutrient Guideline			350 - 500	540			

Monday - 04/15/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	97	58	15	13	14.56	0.00
000589 White Milk	each	72	72	90	9	8.64	5.76
Weighted Daily Average			260	265	31	49.62	*6.76
% of Calories					47.7%	76.3%	*10.4%
Weekly Nutrient Guideline			350 - 500	540			

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

Tuesday - 04/16/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000739 Mini Waffles	PACKAGE	100	200	220	10	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	64	38	10	8	9.60	0.00
000589 White Milk	each	85	85	106	10	10.20	6.80
Weighted Daily Average			356	336	36	63.90	10.80
% of Calories					40.4%	71.8%	12.1%
Weekly Nutrient Guideline			350 - 500	540			

Wednesday - 04/17/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001526 Egg & Chees Burrito	3.15 Each	100	192	344	0	25.02	8.66
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	73	44	11	9	10.96	0.00

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			320	435	21	48.08	*13.78
% of Calories					26.2%	60.1%	*17.2%
Weekly Nutrient Guideline			350 - 500	540			

Thursday - 04/18/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000735 Mini Pancakes	Package	100	210	320	11	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	79	47	12	10	11.86	0.00
000589 White Milk	each	84	84	105	10	10.08	6.72
Weighted Daily Average			374	437	39	66.04	10.72
% of Calories					41.7%	70.6%	11.5%
Weekly Nutrient Guideline			350 - 500	540			

Friday - 04/19/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000153 HOLIDAY							
Weighted Daily Average			0	0	0	0.00	0.00
% of Calories					0%	0%	0%
Weekly Nutrient Guideline			350 - 500	540			

Monday - 04/22/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	86	52	13	11	12.91	0.00
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			257	268	30	48.45	*7.08
% of Calories					46.7%	75.4%	*11.0%
Weekly Nutrient Guideline			350 - 500	540			

Tuesday - 04/23/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000370 Sausage Roll	1 Roll	100	170	360	4	16.00	6.00

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Weighted Values

990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	73	44	11	9	10.96	0.00
000589 White Milk	each	64	64	80	8	7.68	5.12
Weighted Daily Average			310	451	29	43.74	11.12
% of Calories					37.4%	56.4%	14.3%
Weekly Nutrient Guideline			350 - 500	540			

Wednesday - 04/24/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	430	9	25.01	10.01
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	69	41	10	9	10.35	0.00
000589 White Milk	each	82	82	102	10	9.84	6.56
Weighted Daily Average			353	543	32	49.63	*16.57
% of Calories					36.3%	56.2%	*18.8%
Weekly Nutrient Guideline			350 - 500	540			

Thursday - 04/25/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
001426 Pancake on a stick	SERVING	100	293	521	12	37.54	9.05
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	74	44	11	10	11.11	0.00
000589 White Milk	each	76	76	95	9	9.12	6.08
Weighted Daily Average			446	627	38	66.87	15.13
% of Calories					34.1%	60.0%	13.6%
Weekly Nutrient Guideline			350 - 500	540			

Friday - 04/26/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1 OZ	100	100	140	1	20.00	3.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	79	47	12	10	11.86	0.00
000589 White Milk	each	81	81	101	10	9.72	6.48
Weighted Daily Average			248	253	25	46.00	*9.48
% of Calories					40.3%	74.2%	*15.3%
Weekly Nutrient Guideline			350 - 500	540			

Monday - 04/29/2019

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000196 Cinn. Toast Crunch	BOWL	100	110	160	6	22.00	1.00
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001487 Orange Juice	4.23oz box	97	58	15	13	14.56	0.00
000589 White Milk	each	72	72	90	9	8.64	5.76
Weighted Daily Average			260	265	31	49.62	*6.76
% of Calories					47.7%	76.3%	*10.4%
Weekly Nutrient Guideline			350 - 500	540			

Tuesday - 04/30/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
000739 Mini Waffles	PACKAGE	100	200	220	10	35.00	4.00
990073 Strawberry Banana Applesauce	4.5oz	65	32	0	8	9.10	0.00
001487 Orange Juice	4.23oz box	64	38	10	8	9.60	0.00
000589 White Milk	each	85	85	106	10	10.20	6.80
Weighted Daily Average			356	336	36	63.90	10.80
% of Calories					40.4%	71.8%	12.1%
Weekly Nutrient Guideline			350 - 500	540			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*