

Buckhannon-Upshur Middle School
Physical Education Department
2019

Dear Parents and Students,

This semester we will be teaching a variety of units along with pre and post testing of the Fitness Gram.

The following is an outline of expectations for our PE classes.

1. P.E. Attire:

- Shorts / sweatpants, t-shirt, athletic shoes - NO “Jeggings” or “Joggers”
- NO BOOTS or SANDALS
- Clean clothes/shoes will be provided for students without proper attire.
- Refusal to dress will result in a zero and a discipline referral.

2. Locker Room:

- All students will be provided with a locker to secure belongings.
- A lock and a key/combination is the students’ responsibility.
- BUMS teachers are *NOT* responsible for lost or stolen items that have not been secured in a locker.
- Absolutely NO aerosol sprays of any kind allowed in the locker room.

3. Participation –

- All students are required to participate in *all P.E.* activities.
- Parent excuses for injury or sudden illness will not be accepted on consecutive days and will not be accepted more than TWICE in a semester.
- Doctors excuses are the *only* excuse accepted on consecutive days
- In either case, students will be given an alternative written assignment.

4. Point System:

- Participation (daily grade – 20 points/day) - 90%
- Assessment (physical and written) - 10%

5. Absences (Excused or Unexcused)

- Students are allowed 3 “free” absences (per semester) without making those days up.
- After the 3rd absence, students must make up for the time they missed.
- It is the *students’* responsibility to request make-up work.

Students will begin dressing for participation on **Monday, January 7, 2019**. In order to receive points for **January 3-4**, the signature page of this letter must be signed by the *parent and student* and returned to your teacher by **Wednesday, January 9, 2019**. Failure to return this sheet by the designated time will result in a **zero** for those days.

We look forward to working with the many fine students at B-UMS and teaching them about the life-long benefits of physical fitness.

Respectfully,

The B-UMS Physical Education Staff

304-472-1520

Mrs. Jennifer Bennett ext. 3496
Mr. Kevin Sharp ext. 3497
Mrs. Barb McVaney ext. 3100
Mr. David Smith ext. 3497
Mrs. Denise Hyre ext. 3136

P.E. Rules and Signature Page

I have read and understand the class rules for Physical Education at BUMS.

Student Name: _____

Period: _____

Student Signature _____

Parent Signature _____

Teacher: _____

Please list any medical conditions that we need to know about.
(Asthmatic, diabetic, allergies, heart condition, etc.)

*This page must be signed and returned by Wednesday, January 9, 2019.

** Digital copy of PE rules can be accessed under announcement tab of your teacher's LiveGrades page and/or through the links on the BUMS website homepage. **