

JUNE 2018 - North Newton - Summer Food Service Program - Breakfast / Lunch Menu

Newton-Conover City Schools

Newton-Conover School Nutrition Department will operate a Summer Food Service Program open site, located at North Newton Elementary. **Children age 18 and under, and those who have a mental or physical disability that are 19 and over who participate in a public or private non-profit school program** are eligible to participate.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>11</p> <p>Breakfast Chicken Biscuit - 3.8 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Beefaroni w/Brdstk - 8 oz Deli Sandwich - 4.33 oz Green Beans - 1/2 c Baked Apples - 1/2 c Milk - 8 fl oz</p>	<p>12</p> <p>Breakfast WG Breakfast Donut - 2.45 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Ham & Chz Quesadilla - 3.5 oz Deli Sandwich - 4.33 oz Carrot Sticks w/dip - 3 oz pkg Applesauce - 1/2 c Milk - 8 fl oz</p>	<p>13</p> <p>Breakfast Breakfast Pizza - 3.31 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Country Ckn & Biscuit - 4.2 oz Deli Sandwich - 4.33 oz Steamed Broccoli - 1/2 c Mixed Fruit - 1/2 c Milk - 8 fl oz</p>	<p>14</p> <p>Breakfast Fr Tst Sticks w/syrup - 3.2 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Hamburger - 4 oz Deli Sandwich - 4.33 oz Baked Beans - 1/2 c Sliced Peaches - 1/2 c Milk - 8 fl oz</p>	<p>15</p> <p>Breakfast Muffin, Assorted IW - 3.1 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Pepperoni Pizza - 4.48 oz Deli Sandwich - 4.33 oz Glazed Carrots - 1/2 c Sliced Pears - 1/2 c Milk - 8 fl oz</p>
<p>18</p> <p>Breakfast Sausage Biscuit - 3.45 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Ckn & Chz Quesadilla - 3.5 oz Deli Sandwich - 4.33 oz Sweet Potato Fries - 1/2 c Applesauce - 1/2 c Milk - 8 fl oz</p>	<p>19</p> <p>Breakfast Fr Tst Sticks w/syrup - 3.2 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Chicken/Rice & gvy w/roll - 8 oz Deli Sandwich - 4.33 oz Glazed Carrots - 1/2 c Baked Apples - 1/2 c Milk - 8 fl oz</p>	<p>20</p> <p>Breakfast Dutch Wffle w/syrup - 2.92 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Soft Taco - 3.5 oz Deli Sandwich - 4.33 oz Pinto Beans - 1/2 c Sliced Peaches - 1/2 c Milk - 8 fl oz</p>	<p>21</p> <p>Breakfast Breakfast Pizza - 3.31 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Ham & Chz Croissant - 4.53 oz Deli Sandwich - 4.33 oz Baked Beans - 1/2 c Sliced Pears - 1/2 c Milk - 8 fl oz</p>	<p>22</p> <p>Breakfast Flapstick w/syrup - 2.9 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Beanie Weinies w/roll - 7 oz Deli Sandwich - 4.33 oz Oven Fries - 1/2 c Mixed Fruit - 1/2 c Milk - 8 fl oz</p>



Serving Times (Monday through Friday) - Breakfast - 7:45 to 9:30 Lunch - 11:45 to 1:00

<p>25</p> <p>Breakfast Chicken Biscuit - 3.8 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Beefaroni w/Brdstk - 8 oz Deli Sandwich - 4.33 oz Green Beans - 1/2 c Baked Apples - 1/2 c Milk - 8 fl oz</p>	<p>26</p> <p>Breakfast WG Breakfast Donut - 2.45 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Ham & Chz Quesadilla - 3.5 oz Deli Sandwich - 4.33 oz Carrot Sticks w/dip - 3 oz <i>pkg</i> Applesauce - 1/2 c Milk - 8 fl oz</p>	<p>27</p> <p>Breakfast Breakfast Pizza - 3.31 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Country Ckn & Biscuit - 4.2 oz Deli Sandwich - 4.33 oz Steamed Broccoli - 1/2 c Mixed Fruit - 1/2 c Milk - 8 fl oz</p>	<p>28</p> <p>Breakfast Fr Tst Sticks w/syrup - 3.2 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Hamburger - 4 oz Deli Sandwich - 4.33 oz Baked Beans - 1/2 c Sliced Peaches - 1/2 c Milk - 8 fl oz</p>	<p>29</p> <p>Breakfast Muffin, Assorted IW - 3.1 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz</p> <p>Lunch Pepperoni Pizza - 4.48 oz Deli Sandwich - 4.33 oz Glazed Carrots - 1/2 c Sliced Pears - 1/2 c Milk - 8 fl oz</p>
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