



Portland Village School

FEATURE OF THE MONTH

Spielman Wholesale Bagels

Spielman Wholesale Bagels was started from a tiny kettle in the back of owner Rick Spielman's Coffee Roasters (retail store). They are "Portland Style" kettle boiled bagels made with sourdough starter, milk and honey. This makes a crusty bagel with a wonderfully chewy center and a slight tang. They now produce over 5000 bagels per week in their wholesale bakeshop and deliver daily.

Student: _____

Teacher: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Lunch: (V) Mozzarella Pasta Bake, WG Garlic Bread, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>4</p> <p>Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>5</p> <p>Lunch: (V, DF) Waffle Breakfast, Roasted Potatoes, fresh fruit, Raspberry Fruit Spread</p> <p><input type="checkbox"/></p>	<p>6</p> <p>Lunch: (V) Rolled Enchiladas Rojas, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>7</p> <p>Lunch: Chicken Stuffing & Gravy, Whole Wheat Roll, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>
<p>10</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>11</p> <p>Lunch: (DF) Orange Chicken, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>12</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>13</p> <p>Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>	<p>14</p> <p>Lunch: Meaty Chili, WG Tortilla Chips, fresh fruit, and veggies</p> <p><input type="checkbox"/></p>
<p>17</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>18</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>19</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>20</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>21</p> <p>No School</p> <p><input type="checkbox"/></p>
<p>24</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>25</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>26</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>27</p> <p>No School</p> <p><input type="checkbox"/></p>	<p>28</p> <p>No School</p> <p><input type="checkbox"/></p>
<p>31</p> <p>No School</p> <p><input type="checkbox"/></p>	<p><input type="checkbox"/></p>	<p><input type="checkbox"/></p>	<p><input type="checkbox"/></p>	<p><input type="checkbox"/></p>

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Portland Village School are equal opportunity providers.