

DB High School (12:15-1:13pm) ~ DECEMBER 2018

Pricing: Lunch \$2.60

Ala Carte prices range from \$.50 - \$3.50

LUNCH Menu for Week of DECEMBER 3rd thru DECEMBER 7th (Week 2) Lines 1, 2, and 3

| Monday (W2D1) | Tuesday (W2D2) | Wednesday (W2D3) | Thursday (W2D4) | Friday (W2D5) |
|--|---|---|--|--|
| Hot & Spicy Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Peaches (18-30) Fruit Slushie (20) | Hot Dog with Chili(33) Tater Tots (15) Baked Beans (36) Creamy Coleslaw (9) MM Fruit Salad (38) Pineapple(19) | Gen Tso's Chic Noodle Bowl (54) Egg Roll(22) Stir Fry Vegetables (3) Glazed Carrots (16) Garden Veggie Cup (3) MixBerryCup(30)Orange Wedges(8) | Corndog Nuggets (40) Steamed Broccoli(5) Corn Niblets (5) Fresh Vegetable Cup (3) Fruit Slush(20)Blushing Pears (23) | Chicken Fries(15)Sauce*Roll (27) Mashed Potatoes (22) California Blend Veg(3) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (20) |

LUNCH Menu for Week of DECEMBER 10th thru DECEMBER 14th (Week 3) Lines 1, 2, and 3

| Monday (W3D1) | Tuesday (W3D2) | Wednesday (W3D3) | Thursday (W3D4) | Friday (W3D5) |
|---|---|--|--|--|
| Chicken Parmesan Sandwich (48) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesce(13) Pineapple tidbits(19) | Taco Salad (40) Corn Niblets (5) Black Beans (15) Cucumber/Tomato Cup (3) Fruit Slushie(20) Peaches (18-30) | Lasagna Roll(35)&Garlic Bread(14) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Apple(12) Carmel(19) Craisins (28) | Cheesy Chicken Quesadilla (35) Southwestern Beans (15) Corn Niblets (5) Celery/Green Pepper Cup (3) Fruit Slush(20)Blushing Pears (23) | H&S Chic Fries(15)Sauce*Roll(27) Roasted Potato Wedges (22) California Blend Veg(3) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (20) |

LUNCH Menu for Week of DECEMBER 17th thru DECEMBER 21st (Week 1) Lines 1, 2, and 3

| Monday (W1D1) | Tuesday (W1D2) | Wednesday (W1D3) | Thursday (W1D4) | Friday (W1D5) |
|---|---|--|--|--|
| Big Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesauce(13) Fruit Slushie (20) | Bacon Cheeseburger (31) Tater Tots (15) Baked Beans (36) Cucumber/Tomato Cup (3) Peach Cup(30)Mixed Grapes(8) | Exam Schedule PB& J Fast Packs | Exam Schedule PB& J Fast Packs | Exam Schedule PB& J Fast Packs |



CHRISTMAS / WINTER BREAK

DEC. 24th - JAN 7th

Starting this month Homemade Soups on
Line 4
Monday, Wednesday and Friday

Happy New Year

Numbers in parenthesis () indicate the carb counts for the item listed



"This institution is an equal opportunity provider."

| KIOSK LUNCH CHOICES AVAILABLE DAILY (Activities Lobby, Soc Stud Pod) | | Cafe Express | |
|--|-----------------------------------|--------------------------------------|--------------------------|
| *Assorted Hot Entrees | *Fresh Baked Pizza (35-36) | *Pizza (29) | *Veggies - Asstd. |
| *Fruit & Yogurt Parfaits (72) | *Variety of Fruit & Fresh Veggies | *Daily Entrée | *WG Cookies (24) *Chips |
| *Various Grab & Go Salads | *Chips, Asstd Grains, Cereal Bars | *Un crustable (33) | *Ice Cream/Frozen Yogurt |
| *Fast Pack (46)/PBJ Fast Pack (86) | *Rice Krispies, Baked Cookies(32) | *Fast Packs (40) | *Dippin Dots |
| *Assorted Sandwiches | *Assortment of Milk and beverages | *Fruit - Asstd. | *G2, Powerade |
| | | *Iced Mocha Latte (6) & Sweet Tea(9) | |

All breakfasts/lunches must contain a fruit or vegetable.

For more information about meals, nutrition, and our online payment system, visit our website at www.k12k.com.

| (Line 4) SUB SANDWICH STATION - SALAD BAR - BAKED POTATOES | | | |
|---|-----------------|--|------------------|
| Salad Bar \$2.60 | CHEF SALAD ONLY | * Sub Sandwich Station \$2.60 | * Includes Chips |
| (includes meat) (15) | | * Fresh Baked Sub Roll (32) with 2 oz Meat(s) of Choice: | |
| Assorted Grains - up to 2 choices | | * (Ham, Turkey, Roast Beef, Pastrami & Cheese) | |
| Fruit Choices - up to 2 | | * Variety of Veggie Toppings and Condiments | |
| *Loaded Baked Potato Entrée (40) -includes 2oz cheese, butter, & sour cream* (pick up a fruit or milk to make a meal) | | | |
| Please note: The combination of the salad bar AND sandwich bar will result in ala carte pricing. | | | |

Soup Available on Monday, Wednesday & Friday - \$1.50



BREAKFAST

| BREAKFAST MENU (Cafeteria) Students must choose a fruit for meal pricing | | | | | Breakfast Pricing: \$1.50 |
|---|--|--|--|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| Sausage Biscuit (26) Apple juice / Pineapple tidbits (19) | Egg & Cheese Croissant (28) Orange Juice / Peaches(18) | Sunrise Sausage & Egg Slider (28) Apple Juice / Fresh Orange (8) | Ham Cheese Croissant (28) Orange Juice / Pears (23) | Chicken(8) Biscuit (27) Apple Juice / Fruit Mix (20) | |
| Breakfast items offered on a daily basis: Cereal (14-25) / Fruit (12-20) / Fruit Juice (13-19) Assorted Fruit (12-22) | | Rotating Alternate Breakfast Choices : Poptart (37)/Muffin (23-28)/Cereal Bar (26-29) | | Milk choices offered with breakfast and lunch daily: 1% milk (11) 1% Chocolate milk (24) / 1%Strawberry milk (22) FF White Milk (12) | |
| **2nd Chance Kiosk Breakfast - \$1.50 Served in Activities lobby, Soc Stud Pod &CTE Bldg | | | | | **Breakfast Meal includes a Juice and Fruit and Milk Choices** |
| Monday | Tuesday | Wednesday | Thursday | Friday | |
| Sausage or Chicken Biscuit (29) | Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(29) French Toast(26)/Syrup (31) Choc chip French Toast(35) | Ham/Cheese Croissant (28) | Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(29) French Toast(26)/Syrup (31) Choc chip French Toast(35) | Sausage or Chicken Biscuit (29) | |

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