

SEPTEMBER

2018

GOOD EATS AT

THE VARNET SCHOOL

SPECIAL ANNOUNCEMENTS

Happy Labor Day!!



TEXAS DEPARTMENT OF AGRICULTURE
 COMMISSIONER SID MILLER
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 This product was funded by USDA.
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LABOR DAY
 NO SCHOOL 3

CHICKEN NUGGETTS
 MASHED POTATOES
 CARROTS
 ROLL
 FRUIT
 MILK 4

HOT DOG
 PINTO BEANS
 CUCUMBER SLICES
 FRUIT
 MILK 5

CHILI MAC
 GREEN SALAD
 CORN
 ROLL
 FRUIT
 MILK 6

CHICKEN SANDWICH
 PICKLE SPEARS
 POTATOE WEDGES
 FRUIT
 MILK 7

CORNDOG
 CHILI BEANS
 RICE
 FRUIT
 MILK 10

TACOS
 LETT & TOM
 MEXICAN CORN
 FRUIT
 MILK 11

BBQ SANDWICH
 POTATOE SALAD
 SLICE PICKLES
 FRUIT
 MILK 12

HAMBURGER
 MAC & CHEESE
 WHITE BEANS
 FRUIT
 MILK 13

HAM & CHEESE
 FRESH CARROTS
 SWEET POT FRIES
 FRUIT
 MILK 14

CHICKEN TENDERS
 BAKED BEANS
 BUTTER RICE
 FRUIT
 ROLL
 MILK 17

SPAGHETTI/MEAT
 GREEN BEANS
 CORN
 ROLL
 FRUIT
 MILK 18

STEAK FINGERS
 BLACKEYE PEAS
 CARROTS
 FRUIT
 ROLL
 MILK 19

MEATBALLS /W
 GRAVY, MASHED
 POTATOES, SWEET
 PEAS, ROLL
 FRUIT
 MILK 20

HOT DOG
 POTATOE WEDGES
 RANCHSTYLE
 BEANS
 FRUIT
 MILK 21

TACO ROLL
 YELLOW RICE
 REFRIED BEANS
 FRUIT
 MILK 24

HAMBURGR
 CASSEROLE
 GREEN BEANS
 CAROTS
 ROLL
 FRUIT
 MILK 25

SLOPPY JOE
 BROCCOLI
 CORN
 FRUIT
 MILK 26

SALSIBURY STEAK
 MASHED POTATOE
 BLACKEYE PEAS
 FRUIT
 ROLL
 MILK 27

CHICKEN FAJITA
 LETT & TOM
 CUCUMBER SLICES
 FRUIT
 MILK 28

I'm SPEEDY CUE to the rescue!



GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
 OCTOBER 8-12
 SquareMeals.org/nsiw