

Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
				1	
				Pizza	Calories...772
				PB&J Sandwich	Sodium.1195 mg
				Baked Beans	Sugar 38.5 g
				French Fries	Carbohydrates 83.6 g
				Diced Peaches	
				Cookie	
4	5	6	7	8	
Cheeseburger	Chili	Chicken Sandwich	Country Fried Steak	Pizza	Calories...694
PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	Cornbread	PB&J Sandwich	Sodium.1279 mg
French Fries	Potato Rounds	Potato Rounds	PB&J Sandwich	Baked Beans	Sugar 37.7 g
Lettuce & Tomato	Green Beans	Green Beans	Mashed Potatoes	French Fries	Carbohydrates 93.2 g
Fruit Cocktail	Rip Tide Slushie	Mandarin Oranges	Turnips	Diced Peaches	
Applesauce cup	Fresh Fruit	Fresh Fruit	Fresh Fruit	Cup Cake	
		Strawberry Cupcake	Pears		
11	12	13	14	15	
Chicken Chunks	Chicken Sandwich	Chicken Teriyaki Nuggets	Baked Chicken /Roll		Calories...409
PB&J Sandwich	PB&J Sandwich	PB&J Sandwich	PB&J Sandwich		Sodium.1614 mg
Mac & Cheese	Lettuce & Tomato	Scalloped Potato	Mashed Potatoes w/Gravy	Winter Break	Sugar 29 g
Roll	Green Beans	Steamed Broccoli & Cheese	Lima Beans	Winter Break	Carbohydrates 65.9 g
Green Peas	Diced Pears	Roll	Fresh Fruit		
Carrots	Fresh Fruit	Fresh Fruit	Strawberry Cup		
Fruit Cocktail		Peaches			
Applesauce cup					
18	19	20	21	22	
	Chicken Chunks	Chicken Sandwich	Pork Roast	BBQ Sandwich	Calories...520
	PB&J Sandwich	PB&J Sandwich	Cornbread	PB&J Sandwich	Sodium.674 mg
Winter Break	Potato Rounds	Potato Rounds	PB&J Sandwich	Baked Beans	Sugar 32.7 g
	Roll	Green Beans	Mashed Potatoes	French Fries	Carbohydrates 73.6 g
	Green Beans	Mandarin Oranges	Turnips	Peaches	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Cup Cake	
	Rip Tide Slushie	Strawberry Cupcake	Pears		
25	26	27	28		
Hamburger		Country Fried Steak	Baked Chicken /Roll		Calories...809
PB&J Sandwich	Manager Choice	PB&J Sandwich	PB&J Sandwich		Sodium.1172 mg
Mac & Cheese		Scalloped Potato	Mashed Potatoes w/Gravy		Sugar 57.5 g

Roll		Steamed Broccoli & Cheese	Green Beans		Carbohydrates 125.1 g
Green Peas		Roll	Fresh Fruit		
Carrots		Fresh Fruit	Strawberry Cup		
Fruit Cocktail		Peaches			
Applesauce cup					

Georgia Grown	Menu subject to change based on availability.	Locally Grown
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