Snowline Joint Unified School District

SERRANO High School Lunch Menu 2019

Serrano 9-12

When choosing your meal you must select at least 3 "food groups", Including ½ cup fruit and/or vegetable

Entree choices available while they last. *** Menu subject to change without notice** **Lunch price $2.50**

Every Day Menu

ENTRÉE: MAY CHOOSE ONE	**ENTRÉE: MAY CHOOSE ONE**	**ENTRÉE: MAY CHOOSE ONE**	**ENTRÉE: MAY CHOOSE ONE**	**ENTRÉE: MAY CHOOSE ONE**
PIZZA WINDOW:	**CHICKEN & RICE WINDOW:**	**TACO WINDOW:**	**FRESH 2 U CARTS:**	**FRONT LINE WINDOW:**
Pizza	Orange Chicken w/ Rice	Beef Taco	Ham ,Turkey, & Asian Wraps	Reg/Spicy Chicken Sandwich
Cheese Breadsticks w/ Marinara	Teriyaki Chicken w/ Rice	Chicken Taco	Yogurt Parfaits w/fruit	Cheeseburgers
	Tangerine Chicken w/Rice	Nacho's	Fruit Salad/Taco Salad	Spicy/Reg Chicken Wraps
	Sweet & Sour Chicken w/Rice	Bean & Cheese Burrito	Asian Salad	BBQ Pork/Chicken Sandwich
	Egg Rolls	Spicy Chicken Burrito	Chicken Salad/Chef Salad	Philly Cheese Steak Sandwich
	Chow Mein		Veggie Burger/Veggie Hot Dog	Hawaiian Pork Sandwich
			Protein Packs/Hummus	Chili Cheese Dogs
			Soup & Cheese Bread Sticks	PB & J & Specials
VEGGIES: MAY CHOOSE TWO	**VEGGIES: MAY CHOOSE TWO**	**VEGGIES: MAY CHOOSE TWO**	**VEGGIES: MAY CHOOSE TWO**	**VEGGIES: MAY CHOOSE TWO**
Dark Green	Dark Green	Dark Green	Dark Green	Dark Green
Red Orange	Red Orange	Red Orange	Red Orange	Red Orange
Starchy	Starchy	Starchy	Starchy	Starchy
Beans/Legumes	Beans/Legumes	Beans/Legumes	Beans/Legumes	Beans/Legumes
Other	Other	Other	Other	Other
Mixed Salad/in a cup	Mixed Salad/in a cup	Mixed Salad/in a cup	Mixed Salad/in a cup	Mixed Salad/in a cup
FRUIT: MAY CHOOSE TWO	**FRUIT: MAY CHOOSE TWO**	**FRUIT: MAY CHOOSE TWO**	**FRUIT: MAY CHOOSE TWO**	**FRUIT: MAY CHOOSE TWO**
Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup	Fruit Cup
Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit	Whole Fruit
Frozen Fruit	Frozen Fruit	Frozen Fruit	Frozen Fruit	Frozen Fruit
Farm to School Fruit	Farm to School Fruit	Farm to School Fruit	Farm to School Fruit	Farm to School Fruit
MILK: MAY CHOOSE ONE:	**MILK: MAY CHOOSE ONE:**	**MILK: MAY CHOOSE ONE:**	**MILK: MAY CHOOSE ONE:**	**MILK: MAY CHOOSE ONE:**
1% White – LF Chocolate 8oz.	1% White – LF Chocolate 8oz.	1% White – LF Chocolate 8oz.	1% White – LF Chocolate 8oz.	1% White – LF Chocolate 8oz.
Sodium Target: <1,420. Cal: 750-850	**All Grain items are WG Rich**	**Components: WG/M/MA/F/V/D Food Groups**	**2oz WG/ 2oz M/MA 1/2 C-F or V/ 8oz D**	**Vegetable Subgroups offered daily**