

La Mesa Junior High School

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September 27, 2019

Good Afternoon La Mesa Families,

The *California Healthy Youth Act* (as a result of legislation from Assembly Bill 329 in 2015) requires that comprehensive sexual health education and HIV prevention education be taught to all students during their 7th grade year. As a result, in collaboration with parents, faculty and District leadership, we have developed a comprehensive, **age-appropriate** curriculum to address the various requirements of this law as prescribed by AB 329.

Instruction will occur in science and physical education classes next spring. If you are interested in learning more about the curriculum for your 7th grade student, I encourage you to attend one of the following informational meetings for parents/guardians. During each meeting, you will have an opportunity to preview the curriculum and ask questions. You may attend any of the following sessions:

- Tuesday, October 15, 2019, 6:30 pm in the MPR at Rio Norte Junior High
- Thursday, October 17, 2019, 6:30 pm in the MPR at Arroyo Seco Junior High
- Monday, October 21, 2019, 6:30 pm in the MPR at Rancho Pico Junior High
- Tuesday, October 22, 2019, 5:00 pm in the library at Sierra Vista Junior High
- **Monday, November 4, 2019, 6:30 pm in the library at La Mesa Junior High**
- Thursday, November 7, 2019, 6:30 pm in Tanner Hall at Placerita Junior High

Each preview night will highlight requirements of the law which include the following topics:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, FDA approved methods to prevent HIV and STIs, and treatment
- Information about abstinence being the only certain way to prevent unintended pregnancy, HIV and other STIs and information about the value of delaying sexual activity
- Discussion on the social views of HIV and AIDS
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, prenatal care, legally available pregnancy outcomes, and the newborn safe surrender law
- Information about sexual orientation and gender identity, including the harm of negative gender stereotypes
- Information about healthy relationships and avoiding unhealthy behaviors and situations

For general information about this legislation, the following web-based resource is an excellent place to start.

- https://www.aclunc.org/docs/fast_facts_about_the_california_healthy_youth_act.pdf

As always, your time and support is greatly appreciated. Be well, be safe, and have a great day.

Sincerely,

Michele Krantz

Principal