

# FEBRUARY BREAKFAST

## DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

**Dairy-free (DF) and vegetarian (V) options** available daily – if not listed on the menu, available upon request.

Chef reserves the right to change menu for seasonality and new menu innovation.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • corn chex & giant cinnamon goldfish arahams (v) • cinnamon raisin bagel (v) Fruit & Milk
4 • yogurt & granola • cinnamon chex & educational snacks (v) Fruit & Milk	5 • zac omega fruit filled strawberry bar (df) • autumn spice muffin Fruit & Milk	6 No Breakfast	7 • peach pancake bowl (counts as 1 serving of fruit) (v) • multigrain cheerios & giant cinnamon goldfish arahams (df) Fruit & Milk	8 • hot french toast sticks, sausage, and egg • plain bagel & cream cheese Fruit & Milk
11 • zac omega fruit-filled blackberry bar (df) • corn chex and educational snacks (v) Fruit & Milk	12 • hot sausage and omelet gordita • cinnamon raisin bagel (v) • turkey cheddar brekwich Fruit & Milk	13 No Breakfast	14 • strawberry pancake bowl (counts as 1 serving of fruit) (v) • cinnamon crumbles • cheerios and animal crackers (df) (v) Fruit & Milk	15 No school President's Day Weekend
18 No school President's Day Weekend	19 • zac omega fruit filled strawberry bar (df) • snow flurries Fruit & Milk	20 No Breakfast	21 • apple cinnamon muffin • strawberry yogurt parfait (counts as 1 serving of fruit) (v) Fruit & Milk	22 • turkey cheddar brekwich • mini lemon muffin & string cheese (v) Fruit & Milk
25 • zee zees cinnamon crisp bar (df) • corn chex and educational snacks (v) Fruit & Milk	26 • hot buttermilk pancakes (v) • plain bagel & cream cheese Fruit & Milk	27 No Breakfast	28 • autumn spice muffin • cheerios and mini zee zee cinnamon crisp bar (df) (v) Fruit & Milk	

This institution is an equal opportunity provider.