



# FEBRUARY 2020 - More @ Four - Snack Menu

## NEWTON-CONOVER CITY SCHOOLS

Snacks are provided daily for our Pre-Kindergarten Classes

All snacks provided meet the USDA's Child Care snack requirement for the NCPK program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cheerios bowlpak - 1 oz Milk 1% LF - 4 fl oz	<b>4</b> USDA Fruit Cup - 1/2 c Saltine Crackers - 1 pkg Water	<b>5</b> Mixed Fruit - 1/2 c Cinnamon Grahams - .90 oz wt Water	<b>6</b> Sliced Peaches - 1/2 c Cheddar Goldfish - .75 oz wt Water	<b>7</b> Raisins - 1.33 oz Saltine Crackers - 1 pkg Water
<b>10</b> Applesauce - 1/2 c Cinnamon Grahams - .90 oz wt Water	<b>11</b> Carrot Chips - 1/2 c Saltine Crackers - 1 pkg Ranch Dip - 1 oz Water	<b>12</b> Cheerios bowlpak - 1 oz Milk 1% LF - 4 fl oz	<b>13</b> USDA Fruit Cup - 1/2 c Saltine Crackers - 1 pkg Water	<b>14</b> <b>WORKDAY NO SCHOOL</b> 
<b>17</b> <b>WORKDAY NO SCHOOL</b> 	<b>18</b> USDA Fruit Cup - 1/2 c Saltine Crackers - 1 pkg Water	<b>19</b> Mixed Fruit - 1/2 c Cinnamon Grahams - .90 oz wt Water	<b>20</b> Sliced Peaches - 1/2 c Cheddar Goldfish - .75 oz wt Water	<b>21</b> Raisins - 1.33 oz Saltine Crackers - 1 pkg Water
<b>24</b> Applesauce - 1/2 c Cinnamon Grahams - .90 oz wt Water	<b>25</b> Carrot Chips - 1/2 c Saltine Crackers - 1 pkg Ranch Dip - 1 oz Water	<b>26</b> Cheerios bowlpak - 1 oz Milk 1% LF - 4 fl oz	<b>27</b> USDA Fruit Cup - 1/2 c Saltine Crackers - 1 pkg Water	<b>28</b> Raisins - 1.33 oz Cheddar Goldfish - .75 oz wt Water

Menus, Nutrition, and Allergen Information can be found on our system website : [www.newton-conover.org](http://www.newton-conover.org) - Menus are subject to change - Notice is given when possible

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