

School Wellness Policy Scorecard

Score = 0	<p>Health education teaches skills that are behavior focused. [HE4]</p> <p>Nutrition information for school meals (e.g., calories, saturated fat, sodium, sugar) is available to students and parents. [NES1]</p> <p>Nutrition standards for all FOODS sold to students during the EXTENDED school day (includes regular school day plus after school programming and clubs) meet or exceed Smart Snack standards. Do not count snacks provided in before/aftercare (child care programs). [NES2]</p> <p>Addresses availability of free drinking water throughout the school day. [NES7]</p> <p>Specifies ways to market or promote healthier food and beverage choices. [NES11]</p> <p>Specifies that family wellness activities will be planned and will include physical activity components. [PEA5]</p> <p>Addresses using physical activity as a reward. [PEA7]</p> <p>Discourages staff from modeling unhealthy eating/drinking behaviors. [EW3]</p> <p>Address how the district will implement a program to promote staff health and wellness. [EW4]</p> <p>Addresses expectations for learning and behavior (e.g., codes of conduct) and how these will be communicated to students, and faculty. [EC2]</p> <p>Specifies that staff shall be responsible for the proper supervision of students during school hours, during school-sponsored activities, and while students are using district transportation to and from school. [PE3]</p> <p>Specifies a protocol outlining roles of student, family, prescribing clinician and school staff regarding administration of prescription and non-prescription medication, including how medication should be administered in emergency situations (e.g., asthma attack). [PE3]</p> <p>Requires that for all school screening programs, schools develop specific procedures for notifying families and students about normal and abnormal results, and providing referrals to health services, when needed. [HS4]</p> <p>Addresses systems for identifying students with emotional, behavioral, and mental health needs. [CPSS2]</p> <p>Specifies a systematic approach for referring students, as needed, to appropriate school- or community-based counseling, psychological, and social services. [CPSS4]</p> <p>Specifies how the district will help parents develop parenting skills to meet the basic obligations of family life and foster conditions at home, which emphasize the importance of education and learning. [PE4]</p> <p>Requires that records retained by LEAs must include, at a minimum, the written local school wellness policy, documentation demonstrating compliance with community involvement requirements, documentation of the triennial assessment, and documentation to demonstrate compliance with the public notification requirements. [AR4]</p>
Score = 1	<p>All students receive health education (health education is required in grades K-12). Nutrition information for school meals (e.g., calories, saturated fat, sodium, sugar) is available to students and parents. [HE1]</p> <p>Health education curriculum is consistent with national standards for health education and includes a nutrition component. [HE2]</p> <p>Health education links with school-wide wellness promotion efforts. [HE3]</p> <p>Addresses compliance with USDA nutrition standards for reimbursable meals. [NES1]</p> <p>Ensures adequate time to eat. [NES2]</p> <p>Food sold for school fundraising at all times (not only during the school day) must meet or exceed Smart Snack standards or be limited to non-food items. [NES3]</p> <p>Prohibits the marketing of foods and beverages that do not meet Smart Snack standards. [NES9]</p> <p>Addresses food not being used as a reward. [NES10]</p> <p>District addresses joint or shared use agreements for physical activity participation at all schools. [PEA2]</p> <p>Specifies ways to promote physical activity. [PEA3]</p> <p>Encourages staff to model healthy eating/drinking behaviors. [EW1]</p> <p>Encourages staff to model healthy physical activity behaviors. [EW2]</p> <p>Requires districts to allow stakeholders (students, parents, staff, and/or community members) to participate in the wellness committee and/or in the wellness plan process (development, implementation, review and/or updates). The policy specifies plans for involving stakeholders. [C1]</p> <p>Specifies how progress reports on implementation of wellness goals are made available to the public. [C2]</p> <p>Specifies which methods the district will use for communicating with the public about wellness goals (beyond communicating reports on wellness plan compliance/implementation). [C3]</p> <p>Specifies that schools hold adults, not just students, accountable for upholding codes of conduct. [C3]</p> <p>Specifies that the Superintendent or designee shall ensure that first-aid equipment and notices or materials describing safety procedures are available at school sites. [PE3]</p> <p>Requires a written crisis response plan and specifies that the plan is practiced regularly and updated as necessary. [PE3]</p> <p>Ensures students have daily access to onsite health services provided by a full-time registered nurse with a specialization in school nursing. [HS1]</p> <p>Specifies that all schools are responsible for developing and implementing guidelines for the care of food-allergic students. [HS2]</p> <p>Addresses how counseling, psychological, and social services will be provided to students in school. [CPSS1]</p> <p>Addresses involving family members as volunteers to enrich school educational/learning and/or health programs. [PE1]</p> <p>Specifies that the school provide opportunities for the participation of all parents, including parents with limited English proficiency, parents with disabilities. [PE2]</p> <p>Specifies how the district will engage families to provide information or solicit input to meet district wellness goals (e.g., through website, email, parent meetings, or events). [PE2]</p> <p>Requires that LEA/districts must designate one or more LEA or school official(s) to ensure each participating school complies with the local school wellness policy. Requires that local wellness policies must identify the position title of the official(s) responsible for oversight of the local school wellness policy. [AR1]</p> <p>Requires that LEAs or schools must notify households on an annual basis of the availability of the local school wellness policy (where it is located) and provide information that would enable interested households to obtain additional details. [AR2]</p>
Score = 2	<p>Free drinking water is available during meals. [NES4]</p> <p>Addresses compliance with USDA/federal minimum nutrition standards for all FOODS and BEVERAGES sold to students during the school day (commonly referred to as Smart Snacks). [NES5]</p> <p>There is a written physical education curriculum that is aligned with national and/or state physical education standards. [PEA1]</p> <p>District addresses active transport for all K12 students. [PEA3]</p> <p>Addresses qualifications for physical education teachers for all grades. [PEA4]</p> <p>Specifies how schools will develop partnerships with community groups, organizations, and local businesses to share resources and support student learning, development, and health related activities. [C4]</p> <p>Includes a widely accepted definition of "school climate." [SC1]</p> <p>Includes a definition of bullying and harassment and explains the consequences of such behavior. [SC4]</p> <p>Addresses how the district will protect students from hazards associated with poor air quality while on school grounds. [PE5]</p> <p>Addresses system for identifying students who have been involved (in any capacity) in any type of violence (e.g., child abuse, dating violence, sexual assault, bullying or harassment, fighting, suicide and self-harm behaviors). [CPSS3]</p> <p>Requires that each LEA assess, at least once every three years (triennially), compliance with the local wellness policy. [AR3]</p>