

FREDERICK DOUGLASS ELEMENTARY SCHOOL

1 Swain Road Seaford, Delaware 19973

www.seafordbluejays.org 302-629-9213



November Newsletter Volume 2

Dear Fred Families,

Believe it or not the first marking period is over! Those first 9 weeks went very quickly. November is a good month to come in for a parent conference. The main parent conference day is November 9th between 11:00am – 7:00pm. If you can't make that day, let your child's teacher know when you can meet. Remember your child has several teachers: homeroom, music, art, media, physical education and in some cases ELL or Special Education.

Below are some suggested questions to ask during a parent conference:

- 1.) How do you best prefer to communicate with me? (Email? Phone? Text? Notes?)
- 2.) What do you see as my child's strengths?
- 3.) How can I help my child at home with Reading? Writing? Math?
- 4.) How is my child doing socially?
- 5.) May I tell you about my child?
- 6.) Is my child doing his/her best?

As we start the second marking period, there are a few areas that I need your help with:

- 1.) No GUM at school
- 2.) Dress code:
 - No white t-shirts as the main shirt
 - Shorts, shirts, dresses can't be too short
 - No hats unless it's a special event
 - Make sure when your child sits and bends over, they are not showing themselves

As always, thanks for all that you do to help make Fred a great place to be!

Carol Leveillee
National Distinguished Principal



Student Accomplishments



We are so proud of our Student Ambassadors:



- Brianna Walker
- Issac Barkat
- Adrianna Navarro
- Anthony Andrews
- Ayden McCauley
- Madison Parish
- Perla Ibarra-Romero
- Ava Matthews
- Vic'Taeja Hammond-Drayton
- Omari Nichols
- Zariah Russ
- Noah Bratten
- Hunter Gray
- Larry Horsey
- Sydney Ockels
- Reid Washburn
- Adilene Quezada-Castrejon
- Ethan Marine
- Kenneth Huff
- Marlie Janvier
- Lyanne Impert
- Jacob Turner
- Brittany Andrews
- Jayden Thompson



They built a wonderful **SMILE** float for the Homecoming Parade. They also ran a fun "Selfie" booth at the Blue Jay Pride Day!

Our student chorus represented Fred very nicely at the Blue Jay Pride Day. Thanks to all of the students and Mr. Thomas, our Music Teacher for making it happen.

Frederick Douglass Pledge:

PLFDGE

I pledge to do my best work, use my best manners, be on my best behavior at all times and in all places, to respect the adults, students and rules of Frederick Douglass Elementary School, because Frederick Douglass is my school, I'm proud to be here and I can make a difference each day.

Frederick Douglass Purpose Statement:

PURPOSE

To ensure success for all students, the Seaford School District Elementary Schools will build the foundation of this school community through:

- High Expectations for All
- High Quality Teaching and Learning
- Positive and Meaningful Relationships

Nurses Corner



It's that time of year to think about the flu and how to protect your child. Here are some tips:

the **flu**

A Guide For Parents



What is the flu? The flu (influenza) is an infection on the nose, throat and lungs that is caused by influenza virus. The flu can spread from person to person. Most people with flu are sick for about a week, but then feel better. However, some people (especially young children, pregnant women, older people and people with chronic health problems) can get very sick and some can die.

What are the symptoms of the flu? Most people with the flu feel tired and have fever (usually high), headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. Cough can last two or more weeks.

How long can a sick person spread the flu to others? Healthy adults may be able to spread the flu from 1 day before getting sick to up to 5 days after getting sick. This can be longer in children and in people who don't fight disease as well (people with weakened immune systems).

How can I protect my child from the flu? A flu vaccine is the best way to protect against the flu. CDC recommends that all children from the ages of 6 months up to their 19th birthday get a flu vaccine every fall or winter.

- Flu shots can be given to children 6 months and older.

You can protect your child by getting a flu vaccine for yourself too. Also encourage your child's close contacts to get a flu vaccine. This is very important if your child is younger than 5 or has a chronic health problem like asthma (breathing disease) or diabetes (high blood sugar levels).

Is there medicine to treat the flu? There are antiviral drugs for children 1 year and older that can make your child feel better and get better sooner. But these drugs need to be approved by a doctor. They should be started during the first 2 days that your child is sick for them to work best. Your doctor can discuss with you if these drugs are right for your child.

Have a great day!

Mrs. Nichols, RN
School Nurse
Frederick Douglass Elementary

Fred Character Connection



At Fred, we focus on the 3R's!

Respect- A feeling or understanding that someone or something is important in an appropriate way.

Responsibility- A duty or task that you are required or expected to do.

Right to Learn- Allowing others to learn by making good choices- a privilege to succeed by growing and learning.

Upcoming Spirit Days at Fred

SPIRIT DAYS

November 18—Double Trouble

Pick a friend or two and dress alike. Just don't confuse your teachers!

December 16- Holiday Sweater Day

Some may be ugly, some may be fashionable, just don't wear the itchy ones!

January 20- Sports (Jersey) Day

Represent your favorite sport or sports team.

February 24- Crazy Hair Day

Spiked, sprayed, or styled-we want to see some crazy hairdos!

March 24- The Future of Tomorrow

Dress up to represent a possible job or career that you would enjoy.

April 28- Highlighter Day

Dress in your brightest neon clothing.

May 26- Hat Day

Whether a ball cap or something a little more creative, hats off to a great year!



♥ **Heartbeat of Fred** ♥



Much thanks to the parents that volunteered to serve as a PTO Officer:

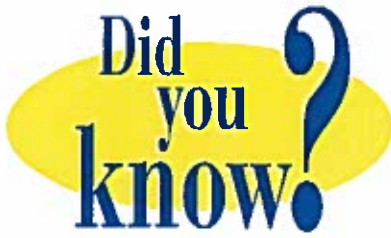
- Co-President – Patience Walker & Sara Tovar
- Vice President- Tammy Hartley
- Secretary- Danielle Leonard & Tasha Hall
- Treasurer- Jen Covington, Grade 3 Fred Teacher
- Box Tops- Tammy Hartman & Toni Taylor



Thanks to the parents that signed up to be volunteers this year so far:

- Patience Walker
- Tammy Hartley
- Tammy Hartman
- Glenda Marisol Lopez
- James Long
- Ken Huff
- Tasha Hall
- Danielle Leonard
- Laina Betts
- Kelly Glessner





- You can purchase student accident insurance at:
www.BollingerSchools.com

- You can follow our school on Twitter @CarolLeveillee

- Parents can write a note/letter to their child and "mail" it in the blue school mailbox. The office has a stamped envelope for you.

- Fred has a lost and found. It is located in Blue Jay Café.

- Save those box tops! Each one is worth at least 10 cents for the school.

- Parents can have lunch with their child any day.

- Please arrange with your child's teacher if you want to send in a **small store bought** treat to celebrate your child's birthday.

- Parents need to arrange with school administration at least 48 hours prior for an observation in the classroom.

- Did you know that there are several helpful links on our school's website that can give your child a little extra practice at what they are learning in school, all while having fun? Just follow these steps to get started:

- 1.) Go to www.seafordbluejays.org

- 2.) Click on Frederick Douglass Elementary School

- 3.) Click on the "students" tab, then choose "student links".

We hope you will find these links helpful!!

- HAC mobile for parents/students:

There is also a mobile app for Home Access Center that parents/students can download on their phones. They do not need a passkey, just their own username and password for HAC.

#fredstrong

S.M.I.L.E.



November, 2016

- 2nd End of 1st marking period

- 6pm PTO Meeting at Blades

- 8th NO SCHOOL-Election Day

- 9th NO SCHOOL-Parent Conference Day

- 10th NO SCHOOL>Returns Day

- 11th NO SCHOOL-Veteran's Day

- 16th Report Cards Issued

- 18th Twin Day

- 23rd-25th Thanksgiving Break

