

## Senior Retreat 2019

### What to pack

Please remember that we will only be gone for THREE days. Keep that in mind while packing, and **do not over-pack**. There is very limited space on the bus. One small bag per person, and please no oversized luggage.

#### Please bring:

Sleeping Bag (rolled and wrapped tightly)

Pillow

Towel

Washcloth

Shampoo

Soap

Toothbrush

Toothpaste

Personal toiletries and medication

Comfortable, closed-toe shoes

Sleepwear

Flip-flops for shower (optional)

Refillable water bottle/hydro

#### Please DO NOT bring

Cell Phones

Jewelry (unless you plan on never taking it off)

- Remember that there is limited storage space on the bus
- Expect the weather to be cool, but not too cold. Pack a jacket for outside activities.
- Because we are on retreat, we need to dedicate this time to ourselves. Because of this all cell phones brought on retreat will be locked up for safety. *Just do yourself a favor and leave them at home or be prepared to turn them over to chaperones.*

### On the day of retreat....

You need to come to school on Wednesday January 30. Seniors attending the retreat are expected to arrive at **Clark field by 2:45**. Please eat lunch before arriving.

If you do not have a car, you can store your luggage in the school chapel during the school day so you don't have to carry it around with you.

Cars may be left at Clark field. We will return Friday February 1 at about 3:30 PM. Please have your rides arranged and remind them that you will be picked up from the field.

There is no specific dress code for the retreat, but please dress comfortably and expect the weather to be pretty cold, but not freezing. Nights get cold. Sweats, sweatshirt, pajama pants, jeans are all good options.