

Archuleta School District

Middle School Lunch

Sep 23, 2019

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 HOT DOG CHICAGO STYL MACARONI SALAD/ITALIA VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 2 Italian Sausage Mac n Chees BREADSTICK VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 3 CHICKEN FAJITA PINAPPL RICE,CILANTRO LIME BLACK BEANS VEGGI BAR/THURS FRUIT BAR THURS MILK, ASSORTED	Oct - 4 PAPA MURPHY PIZZA-HS CORN CHOCOLATE CHIP COOKI VEGGI BAR/FRI FRUIT BAR FRI MILK, ASSORTED
Oct - 7 CHEESE QUESADILLA GREEN CHILI/PORK BEAN SALAD VEGGI BAR/MON FRUIT BAR MON MILK, ASSORTED	Oct - 8 CHICKEN TENDERS ROLLS,HONEY WHEAT POTATOES, ROASTED VEGGI BAR/ TUES FRUIT BAR TUES MILK, ASSORTED	Oct - 9 Street Tacos Pork PICO DE GALLO MANGO- PINTO BEANS SPANISH RICE VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 10 CHEESEBURGER/BUN GREEN CHILI SAUCE SEASONED FRIES 1/2 C VEGGI BAR/THURS FRUIT BAR THURS MILK, ASSORTED	Oct - 11 PAPA MURPHY PIZZA-HS GREEN BEANS/ONION CHOCOLATE CHIP COOKI VEGGI BAR/FRI FRUIT BAR FRI MILK, ASSORTED
Oct - 14 BBQ Pulled Pork Sandwich POTATO WEDGE VEGGI BAR/MON FRUIT BAR MON MILK, ASSORTED	Oct - 15 PIG N BLANKET POTATO SALAD 18 VEGGI BAR/ TUES FRUIT BAR TUES MILK, ASSORTED	Oct - 16 Lasagna w/ 3 cheese BREADSTICK VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 17 ORANGE BASIL CHICKEN FRIED RICE PORK & VEG EGG ROLL VEGGI BAR/THURS FRUIT BAR THURS MILK, ASSORTED	Oct - 18 NO SCHOOL TODAY
Oct - 21 CHICKEN TAMALE GREEN CHILI SAUCE SPANISH RICE VEGGI BAR/MON FRUIT BAR MON MILK, ASSORTED	Oct - 22 CHICKEN FRIED STEAK POTATOES, ROASTED PEPPERED GRAVY BISCUITS 1 OZ VEGGI BAR/THURS FRUIT BAR THURS MILK, ASSORTED	Oct - 23 CHILI CON CARNE CORN CHIPS(FRITO'S) VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 24 CHEESEBURGER/BUN SEASONED FRIES 3/4 C GREEN CHILI SAUCE VEGGI BAR/ TUES FRUIT BAR TUES MILK, ASSORTED	Oct - 25 PAPA MURPHY PIZZA-HS GREEN BEANS/ONION CHOCOLATE CHIP COOKI VEGGI BAR/FRI FRUIT BAR FRI MILK, ASSORTED
Oct - 28 CHICKEN PESTO/MOZZ S SEASONED FRIES 3/4 C VEGGI BAR/MON FRUIT BAR MON MILK, ASSORTED	Oct - 29 HOT DOG CHICAGO STYL MACARONI SALAD/ITALIA VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 30 Italian Sausage Mac n Chees BREADSTICK VEGGI BAR/WED FRUIT BAR WED MILK, ASSORTED	Oct - 31 CHICKEN FAJITA PINAPPL RICE,CILANTRO LIME BLACK BEANS VEGGI BAR/THURS FRUIT BAR THURS MILK, ASSORTED	

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER AND MENUS ARE SUBJECT TO CHANGE

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.