

Signs Someone May Be Vaping

Do you suspect someone around you is vaping? It can be hard to identify this behavior if you don't know what to look for. Here are some signs that can indicate someone is vaping:

Moody & jittery behavior:

Nicotine cravings and withdrawals severely affect mood and behavior

Hard time paying attention or focused:

Vaping can cause lapses in concentration and memory

Decreased ability to communicate:

Distracted with desire to vape and lack of ability to concentrate

Consumes excessive amounts of water:

Vaping can cause "dry mouth" and cause users to be dehydrated

Fruity smells without an obvious source:

Vaping can have a fruity smell even if there isn't any smoke

Decrease in normal activities:

Money spent on vaping means less funds for their usual activities

Excessive spending/ money disappearing:

Funding a vaping habit takes a financial toll

Mysteriously leaves for periods of time:

Leaves the room so that he/she can vape

Lots of visible USB drives and/or asthma inhalers:

Vaping devices can be disguised as these