



DECEMBER BREAKFAST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| <p>3</p> <ul style="list-style-type: none"> • Yogurt/Educational Snacks • Fresh Fruit • Choice of Milk • orange juice | <p>4</p> <ul style="list-style-type: none"> • Hot Egg and Sausage Quesadilla • Fresh Fruits • Choice of Milk | <p>5</p> <ul style="list-style-type: none"> • Autumn Spice Muffin • Fresh Fruit • Choice of Milk • pineapple juice | <p>6</p> <ul style="list-style-type: none"> • Hot Cinnamon Toast Bagel • Fresh Fruits • Choice of Milk | <p>7</p> <ul style="list-style-type: none"> • Cinnamon Raisin Bagel (VG) • Fresh Fruit • Choice of Milk • orange juice |
| <p>10</p> <ul style="list-style-type: none"> • Zee Zees Cinnamon Crisp Bar • Fresh Fruit • Choice of Milk • orange juice | <p>11</p> <ul style="list-style-type: none"> • Hot Turkey, Egg and Cheese Brekwich • Fresh Fruits • Choice of Milk | <p>12</p> <ul style="list-style-type: none"> • Cinnamon Chex • Zac Attack Strawberry • Fresh Fruit • pineapple juice | <p>13</p> <ul style="list-style-type: none"> • Hot Pancake Bowl Strawberry • Fresh Fruits • Choice of Milk | <p>14</p> <ul style="list-style-type: none"> • Banana Muffin • Fresh Fruit • Choice of Milk • orange juice |
| <p>17</p> <ul style="list-style-type: none"> • Cheerios • Mini Dipper doodle Bar • Fresh Fruit • Choice of Milk • orange juice | <p>18</p> <ul style="list-style-type: none"> • Hot Mini Cheese Omelet with French ToastSticks • Fresh Fruits • Choice of Milk | <p>19</p> <ul style="list-style-type: none"> • Autumn Spice Muffin • Fresh Fruit • Choice of Milk • pineapple juice | <p>21</p> <p>HAVE A GREAT Winter Break</p> | |
| <p>24</p> | <p>25</p> | <p>26</p> | <p>27</p> | <p>28</p> |
| <p>NEW YEAR'S EVE!</p> <p>31</p> | | | | |

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; two pieces of fresh fruit served daily except when fruit juice is offered.



DECEMBER LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HAPPY HOLIDAYS!

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our "new" website at revolutionfoods.com

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- o **Vegetable** of the day

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| 3 <ul style="list-style-type: none"> • Chicken Bites • Fresh Fruit • Choice of Milk o Green Beans | 4 <ul style="list-style-type: none"> • Cheesy Pizza Bite Meal (VG) • Fresh Fruit • Choice of Milk o Orangi Carrots | 5 <ul style="list-style-type: none"> • Cheesy Ravioli (VG) • Fresh Fruit • Choice of Milk o Pinto Beans o Grape Tomatoes | 6 <ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Fresh Fruit • Choice of Milk o Chopped Lettuce and Sliced Tomatoes w/ranch | 7 <ul style="list-style-type: none"> • Fiesta Scoops with Three Layer Dip (VG) • Fresh Fruit • Choice of Milk o Green Peas |
| 10 <ul style="list-style-type: none"> • Popcorn Chicken Bites with BBQ Bean Sauce • Fresh Fruit • Choice of Milk o Steamed Corn | 11 <ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk o Edamame o Baby Carrots | 12 <ul style="list-style-type: none"> • Pizza Burger Bagel Melt • Fresh Fruit • Choice of Milk o Green Beans | 13 <ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes w/ Omelet (VG) • Fresh Fruit • Choice of Milk o Chopped Lettuce and Sliced Tomatoes w/ranch | 14 <ul style="list-style-type: none"> • Chicken Taco Trio • Fresh Fruit • Choice of Milk • Island Glazed Carrots |
| 17 <ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk • Steamed Corn | 18 <ul style="list-style-type: none"> • Chicken Bites • Fresh Fruit • Choice of Milk o Steamed Carrots | 19 <ul style="list-style-type: none"> • Baked Mac & Cheese and BBQ Chicken • Fresh Fruit • Choice of Milk o Pinto Beans o Grape Tomatoes | | |
| 24 | 25 | 26 | 27 | 28 |
| <p>NEW YEAR'S EVE! 31</p> | | | | |