

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium
HIGH Lunch W1D1	(2018-19)	CHEESEBURGER	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W1D1	(2018-19)	Hot Dog	320	11	0	3.6	2	30	18.5	7	28	4	30	520
HIGH Lunch W1D1	(2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W1D1	(2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W1D1	(2018-19)	YOGURT PARFAIT STRWBRYV	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W1D1	(2018-19)	(CHICKEN)CHEF SALAD/RAN(	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W1D1	(2018-19)	French Fries	130	2	0	0.6	0.4	20	4	0.5	23	2	0	350
HIGH Lunch W1D1	(2018-19)	COLE SLAW	209.5	1	1429.4	28.6	0.3	38.1	15.7	2.9	13.3	1.9	7.1	533.3
HIGH Lunch W1D1	(2018-19)	FRESH ORANGES	70	1	100	78	0.4	60	0	0	21	7	0	0
HIGH Lunch W1D1	(2018-19)	APPLESAUCE	100	0	0	2.4	0.4	0	0	0	25	2	0	5
HIGH Lunch W1D1	(2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W1D1	(2018-19)	MAYO	80	0	200	0	0	0	8	1	2	0	10	180
HIGH Lunch W1D1	(2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
HIGH Lunch W1D1	(2018-19)	PICKLE DILL SLICE	9	0	0	0.2	0	0	0	0	0.2	0	0	684
HIGH Lunch W1D1	(2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W1D1	(2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W1D1	(2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W1D1	(2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W1D1	(2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W1D1	(2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W1D1	(2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W1D2	(2018-19)	CHICK TACO	220	26	300	0	1.1	0	11	4.5	5	0	110	530
HIGH Lunch W1D2	(2018-19)	Chicken Fajita	131.7	15	26	0	1	10	3.5	1	4.1	0	57	506.7
HIGH Lunch W1D2	(2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W1D2	(2018-19)	CHEESEBURGER	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W1D2	(2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W1D2	(2018-19)	YOGURT PARFAIT STRWBRYV	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W1D2	(2018-19)	(CHICKEN)CHEF SALAD/RAN(	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W1D2	(2018-19)	REFRIED BEANS	122.1	6.1	0	0	1.8	20.4	2	0	19.3	5.1	0	142.5
HIGH Lunch W1D2	(2018-19)	MANGO WANGO JUICE	50	0	500	30	0	0	0	0	13	0	0	30
HIGH Lunch W1D2	(2018-19)	PEACHES in juice	70	0	300	1.2	0	0	0	0	17	0.5	0	10
HIGH Lunch W1D2	(2018-19)	STRAWBERRY CUPS	90	1	0	66	0.4	20	0	0	22	2	0	0
HIGH Lunch W1D2	(2018-19)	Tortilla chips	470.3	7.1	0	0	2.4	7.1	18.8	2.4	70.5	7.1	0	399.8
HIGH Lunch W1D2	(2018-19)	Shredded Cheese	70	7	0	0	0	0	4	2.5	2	0	15	210
HIGH Lunch W1D2	(2018-19)	Salsa	10	0	100	3.6	0	0	0	0	2	0.5	0	160
HIGH Lunch W1D2	(2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W1D2	(2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W1D2	(2018-19)	SOUR CREAM	60.8	1	202.5	0	0	20.3	5.1	3.5	1	0	20.3	15.2
HIGH Lunch W1D2	(2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W1D2	(2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W1D2	(2018-19)	MAYONNAISE REDC FAT RED	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W1D2	(2018-19)	KETCHUP INDIVIDUAL	30	0	0	0	0	0	0	0	9	0	0	255
HIGH Lunch W1D2	(2018-19)	SAUCE TACO	5	0	0	0	0	0	0	0	1	0	0	115

HIGH Lunch W1D2 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W1D2 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W1D2 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W1D2 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W1D2 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W1D3 (2018-19)	Grilled Cheese Sandwich	423.6	17.3	819.4	0	1.4	634.7	28.4	15.8	27.6	3	74.4	836
HIGH Lunch W1D3 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W1D3 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W1D3 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W1D3 (2018-19)	(CHICKEN)CHEF SALAD/RANC	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W1D3 (2018-19)	YOGURT PARFAIT STRWBRYV	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W1D3 (2018-19)	Spudster Potatoes	177.6	2.8	0	0	0.4	23	6.5	0.9	27.1	2.8	0	448.6
HIGH Lunch W1D3 (2018-19)	FRESH BROCC FLORET/RANCH	80.4	2.2	114.4	29.7	0.3	35.5	7.1	1	3.5	1.1	5.1	282.9
HIGH Lunch W1D3 (2018-19)	FRUIT PUNCH	52.9	0	0	3.2	0	0	0	0	12.3	0	0	8.8
HIGH Lunch W1D3 (2018-19)	TROPICAL FRUIT	90	0.9	0	0	0	0	0	0	22	2	0	0
HIGH Lunch W1D3 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W1D3 (2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W1D3 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W1D3 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W1D3 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W1D3 (2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W1D3 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W1D3 (2018-19)	Skim Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W1D3 (2018-19)	Strawberry Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W1D3 (2018-19)	Chocolate Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W1D3 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W1D4 (2018-19)	Bean & Two Cheese Dip	175.2	11.1	50.1	1.4	1.7	196	7.8	4.4	15.6	4.2	21.9	490.8
HIGH Lunch W1D4 (2018-19)	CHICKEN CHUNKS	188.1	16	175.9	0	0.9	14.1	6.6	1.4	15.1	1.9	42.3	451.5
HIGH Lunch W1D4 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W1D4 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W1D4 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W1D4 (2018-19)	YOGURT PARFAIT STRWBRYV	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W1D4 (2018-19)	(CHICKEN)CHEF SALAD/RANC	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W1D4 (2018-19)	FRESH BABY CARROTS	95.7	1.5	9773.7	1.8	0.6	42.9	7.2	1	7.9	2.1	5.1	328.7
HIGH Lunch W1D4 (2018-19)	MASHED POTATOES	70	1	1.9	6.4	0.2	7.1	1	0	15	1	0	340
HIGH Lunch W1D4 (2018-19)	FRESH STRAWBERRIES (whol	22.5	0.5	0	48	0.4	10	0	0	6.2	2.1	0	0
HIGH Lunch W1D4 (2018-19)	DICED PEARS W JUICE	60	0	0	0	0	0	0	0	14	2	0	10
HIGH Lunch W1D4 (2018-19)	Tortilla Chips	470.3	7.1	0	0	2.4	7.1	18.8	2.4	70.5	7.1	0	399.8
HIGH Lunch W1D4 (2018-19)	GARLIC BREADSTICK	110	3	0	2.4	1.1	0	4	1	17	2	0	230
HIGH Lunch W1D4 (2018-19)	DRESSING HONEY MUSTARD	120	0	0	0	0	0	10	1.5	8	0	10	125
HIGH Lunch W1D4 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W1D4 (2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W1D4 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6

HIGH Lunch W1D4 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W1D4 (2018-19)	KETCHUP INDIVIDUAL	30	0	0	0	0	0	0	0	9	0	0	255
HIGH Lunch W1D4 (2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W1D4 (2018-19)	1% Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W1D4 (2018-19)	Skim Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W1D4 (2018-19)	Strawberry Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W1D4 (2018-19)	Chocolate Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W1D4 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W1D5 (2018-19)	BD CHICK SAND FILET	360	27	0	0	2.9	60	11.5	2	38	3	50	640
HIGH Lunch W1D5 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W1D5 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W1D5 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W1D5 (2018-19)	(CHICKEN)CHEF SALAD/RAN	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W1D5 (2018-19)	YOGURT PARFAIT STRWBRYv	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W1D5 (2018-19)	WHOLE KERNAL CORN	94.8	2	245.4	2.3	0.4	2.8	2.2	1	15	2	4.4	0
HIGH Lunch W1D5 (2018-19)	GREEN BEANS	57.9	1.1	340.6	1.3	0.4	22.6	4.1	2.6	4.3	2.1	10.9	149.6
HIGH Lunch W1D5 (2018-19)	MANDARIN ORANGES/w/JUI	80	0	500	21	0.4	20	0	0	20	1	0	10
HIGH Lunch W1D5 (2018-19)	FRESH APPLE (GALA)	80	0	100	4.8	0.4	0	0	0	22	5	0	0
HIGH Lunch W1D5 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W1D5 (2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W1D5 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W1D5 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W1D5 (2018-19)	TOMATO VINE RIPE	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W1D5 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W1D5 (2018-19)	1% Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W1D5 (2018-19)	Skim Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W1D5 (2018-19)	Strawberry Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W1D5 (2018-19)	Chocolate Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W1D5 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W1D5 (2018-19)	MOON PIE MINI VANILLA	110	1	0	0	0.7	0	3	2	20	0	0	95
HIGH Lunch W1D5 (2018-19)	MOON PIE MINI CHO.	30.8	0.3	0	0	0.2	0	0.8	0.6	5.6	0	0	26.6
HIGH Lunch W2D1 (2018-19)	SPAGHETTI & MEAT SAUCE	433.6	24	652.4	19.2	4.3	69.6	8.3	2.8	60.8	4.5	55.5	292.4
HIGH Lunch W2D1 (2018-19)	Bosco Sticks	303.5	19.5	433.5	0	2.3	433.5	10.8	5.4	32.5	2.2	32.5	455.2
HIGH Lunch W2D1 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W2D1 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W2D1 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W2D1 (2018-19)	YOGURT PARFAIT STRWBRYv	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W2D1 (2018-19)	(CHICKEN)CHEF SALAD/RAN	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W2D1 (2018-19)	ROMAINE GARDEN SALAD	91.4	2	8047.5	14.8	0.8	44.7	7.3	1	6.4	2	5.1	299.9
HIGH Lunch W2D1 (2018-19)	FROZEN STEAMED GREEN PE	114.2	4.6	2107.6	17	1.6	23.9	3.9	2.5	13.6	4.5	10.4	107.9
HIGH Lunch W2D1 (2018-19)	FRESH ORANGES	70	1	100	78	0.4	60	0	0	21	7	0	0
HIGH Lunch W2D1 (2018-19)	APPLESAUCE	100	0	0	2.4	0.4	0	0	0	25	2	0	5
HIGH Lunch W2D1 (2018-19)	GARLIC BREADSTICK	110	3	0	2.4	1.1	0	4	1	17	2	0	230

HIGH Lunch W2D1 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W2D1 (2018-19)	TOMATO	11.7	0.3	6.7	13.3	0.7	0.7	0	0	2.3	0.3	0	1.7
HIGH Lunch W2D1 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W2D1 (2018-19)	PARMESAN CHEESE PKTS.	15	1	0	0	0	40	1	1	0	0	0	55
HIGH Lunch W2D1 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W2D1 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W2D1 (2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W2D1 (2018-19)	1% Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W2D1 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W2D1 (2018-19)	Strawberry Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W2D1 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W2D1 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W2D2 (2018-19)	CHICKEN BRD DRUMSTICK	190	16	100	0	1.1	20	11	2.5	5	1	50	450
HIGH Lunch W2D2 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W2D2 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W2D2 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W2D2 (2018-19)	YOGURT PARFAIT STRWBRYV	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W2D2 (2018-19)	(CHICKEN)CHEF SALAD/RANC	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W2D2 (2018-19)	French Fries	130	2	0	0.6	0.4	20	4	0.5	23	2	0	350
HIGH Lunch W2D2 (2018-19)	BAKED BEANS (hanover)	161.5	6.5	0	0	1.9	64.6	1.1	0	32.3	7.5	5.4	581.3
HIGH Lunch W2D2 (2018-19)	FRESH APPLE RED DELICIOUS	90	0	50	4.8	0.2	10	0	0	23.8	3.4	0	1
HIGH Lunch W2D2 (2018-19)	MIXED FRUIT W JUICE	80	1	200	1.2	0	0	0	0	18	1	0	5
HIGH Lunch W2D2 (2018-19)	GARLIC BREADSTICK	110	3	0	2.4	1.1	0	4	1	17	2	0	230
HIGH Lunch W2D2 (2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W2D2 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W2D2 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W2D2 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W2D2 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W2D2 (2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
HIGH Lunch W2D2 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W2D2 (2018-19)	Skim Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W2D2 (2018-19)	Strawberry Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W2D2 (2018-19)	Chocolate Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W2D2 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W2D3 (2018-19)	CHICKEN ALFREDO	278.9	18.2	226	27.7	2.3	129.4	7.5	2.8	35	2.5	10.1	497.6
HIGH Lunch W2D3 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	300	14	4.5	36	2	15	840
HIGH Lunch W2D3 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W2D3 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W2D3 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W2D3 (2018-19)	(CHICKEN)CHEF SALAD/RANC	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W2D3 (2018-19)	YOGURT PARFAIT STRWBRYV	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W2D3 (2018-19)	FROZEN STEAMED BROCCOLI	79.7	2	177.1	28.7	0	39.9	5.7	3.6	3.8	1.9	15.2	23.9
HIGH Lunch W2D3 (2018-19)	SAUCED BABY CARROTS	59.6	0.6	11688.6	2.2	0.7	27.9	3.5	2.2	6.9	2.4	9	65.5

HIGH Lunch W2D3 (2018-19)	GRAPE JUICE	80	1	0	0	0	0	0	0	18	0	0	15
HIGH Lunch W2D3 (2018-19)	FRESH BANANA	110	1	0	9	0.4	0	0	0	29	4	0	0
HIGH Lunch W2D3 (2018-19)	GARLIC BREADSTICK	110	3	0	2.4	1.1	0	4	1	17	2	0	230
HIGH Lunch W2D3 (2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W2D3 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W2D3 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W2D3 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W2D3 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W2D3 (2018-19)	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65
HIGH Lunch W2D3 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W2D3 (2018-19)	Skim Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W2D3 (2018-19)	Strawberry Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W2D3 (2018-19)	Chocolate Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W2D3 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W2D4 (2018-19)	SALISBURY STEAK & GRAVY	223.5	14	0	1.2	1.8	40	14.6	6	7.5	1	45	514.6
HIGH Lunch W2D4 (2018-19)	Beef & Bean Burrito	278.8	15.7	320	1	3.6	70	8.1	2.2	38.8	7.5	15.7	402.9
HIGH Lunch W2D4 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W2D4 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W2D4 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W2D4 (2018-19)	(CHICKEN)CHEF SALAD/RAN(	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W2D4 (2018-19)	YOGURT PARFAIT STRWBRYv	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191
HIGH Lunch W2D4 (2018-19)	PINTO BEANS	155	6.7	76.6	0	1.9	80.5	3.1	1.6	22.6	12	6.6	186
HIGH Lunch W2D4 (2018-19)	MASHED POTATOES	70	1	1.9	6.4	0.2	7.1	1	0	15	1	0	340
HIGH Lunch W2D4 (2018-19)	PINEAPPLE TIBITS W JUICE	70	0	0	6	0.4	20	0	0	16	1	0	0
HIGH Lunch W2D4 (2018-19)	FRESH STRAWBERRIES (whol	22.5	0.5	0	48	0.4	10	0	0	6.2	2.1	0	0
HIGH Lunch W2D4 (2018-19)	ROLL WG MA	140	5	0	0	1.4	20	2.5	1	32	7	5	80
HIGH Lunch W2D4 (2018-19)	MAYO	94.5	0	236.3	0	0	0	9.5	1.2	2.4	0	11.8	212.6
HIGH Lunch W2D4 (2018-19)	KETCHUP INDIVIDUAL	30	0	0	0	0	0	0	0	9	0	0	255
HIGH Lunch W2D4 (2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W2D4 (2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W2D4 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W2D4 (2018-19)	LETTUCE SHREDDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W2D4 (2018-19)	1% Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W2D4 (2018-19)	Skim Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W2D4 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W2D4 (2018-19)	Chocolate Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W2D4 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W2D5 (2018-19)	PORK PATTIE	273	17.9	105	5	2.8	63	13.7	3.7	20	4.2	31.5	210
HIGH Lunch W2D5 (2018-19)	CHICKEN CHUNKS	188.1	16	175.9	0	0.9	14.1	6.6	1.4	15.1	1.9	42.3	451.5
HIGH Lunch W2D5 (2018-19)	MINI CORN DOGS	250	11	0	0	3.6	0	10	1.5	31	1	15	630
HIGH Lunch W2D5 (2018-19)	Stuffed Crust Pepp Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
HIGH Lunch W2D5 (2018-19)	Cheeseburger	353	19.8	234	0	3.2	228	18.8	7.5	26.7	3	47.5	626.5
HIGH Lunch W2D5 (2018-19)	YOGURT PARFAIT STRWBRYv	379	9.2	1300	1.7	0.5	200	4.2	1.4	76.1	3.8	5	191

HIGH Lunch W2D5 (2018-19)	(CHICKEN)CHEF SALAD/RAN(	398.2	23.9	4523.4	58.9	6	97.7	25.2	5.6	25.1	5.9	50.1	1084.8
HIGH Lunch W2D5 (2018-19)	NORTHERN BEANS	278.5	9.8	177.1	1.9	2.9	99.2	6.6	3.6	40.6	9.7	15.2	422.5
HIGH Lunch W2D5 (2018-19)	DRAGON PUNCH JUICE	50	0	500	30	0	0	0	0	13	0	0	35
HIGH Lunch W2D5 (2018-19)	TROPICAL FRUIT	90	0.9	0	0	0	0	0	0	22	2	0	0
HIGH Lunch W2D5 (2018-19)	FRESH CANTALOUPE	29.1	0.6	2910.4	27.9	0.2	11.6	0	0	7	0.6	0	14.6
HIGH Lunch W2D5 (2018-19)	Roast Beef Gravy	10	0	0	0	0	0	0.3	0	1.5	0	0	70
HIGH Lunch W2D5 (2018-19)	TOMATO	5.8	0.2	3.3	6.7	0.3	0.3	0	0	1.2	0.2	0	0.8
HIGH Lunch W2D5 (2018-19)	LETTUCE SHREDED	0.9	0	11.8	0.2	0	0	0	0	0.2	0.1	0	0.6
HIGH Lunch W2D5 (2018-19)	PICKLE DILL SLICE	3	0	0	0.1	0	0	0	0	0.1	0	0	228
HIGH Lunch W2D5 (2018-19)	MAYO	40	0	100	0	0	0	4	0.5	1	0	5	90
HIGH Lunch W2D5 (2018-19)	KETCHUP INDIVIDUAL	20	0	0	0	0	0	0	0	6	0	0	170
HIGH Lunch W2D5 (2018-19)	MUSTARD INDIVIDUAL	10	0	0	0	0	0	0	0	0	0	0	130
HIGH Lunch W2D5 (2018-19)	DRESSING HONEY MUSTARD	120	0	0	0	0	0	10	1.5	8	0	10	125
HIGH Lunch W2D5 (2018-19)	1% Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
HIGH Lunch W2D5 (2018-19)	Skim Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
HIGH Lunch W2D5 (2018-19)	Strawberry Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
HIGH Lunch W2D5 (2018-19)	Chocolate Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
HIGH Lunch W2D5 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.4	0	3	0	18	2	0	260
HIGH Lunch W2D5 (2018-19)	CINNAMON ROLL	130	2	1000	0	1.1	20	4	1	22	2	0	125