

Meal Pricing

Breakfast.....	\$1.35
Elementary Lunch.....	\$2.65
Reduced Breakfast.....	\$0.30
Reduced Lunch.....	\$0.40
Staff Breakfast.....	\$1.75
Staff Lunch.....	\$3.75
Adult Breakfast.....	\$1.55
Adult Lunch.....	\$3.75

2018-2019 Weatherford ISD Elementary School Menu

Meal Calendar

Week Two
Meal Plan

Week One
Meal Plan

Breakfast Menu

W e e k	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O n e	<ul style="list-style-type: none"> • French Toast Sticks • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Breakfast Pizza • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Yogurt and Mini Biscuit • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Pancakes • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Sausage Biscuit • Cereal & Toast • Fruit • Juice • Milk
T w o	<ul style="list-style-type: none"> • Breakfast on a Stick • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Roo McMuffin • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • French Toast Sticks • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Sausage Roll • Cereal & Toast • Fruit • Juice • Milk 	<ul style="list-style-type: none"> • Breakfast Burrito • Cereal & Toast • Fruit • Juice • Milk

Other Breakfast Information:

Fruit Offered Daily

Lunch Menu

W e e k	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O n e	<ul style="list-style-type: none"> • Fish Nuggets • Chicken Nuggets • Mashed Potatoes & Gravy • Cooked Carrots • Fruit • Milk 	<ul style="list-style-type: none"> • Steak Fingers • Turkey & Cheese Sandwich • Salad • Pinto Beans • Fruit • Milk 	<ul style="list-style-type: none"> • Chicken Crisпитos • Corn Dog • Spanish Rice • Broccoli & Cheese • Fruit • Milk 	<ul style="list-style-type: none"> • Pepperoni Pizza • Bean & Cheese Burrito • Green Beans • Baby Carrots • Salsa • Fruit • Milk 	<ul style="list-style-type: none"> • Cheeseburger • Chicken Patty Sandwich • Potato Wedges • Fruit • Milk
T w o	<ul style="list-style-type: none"> • Hot Dog • Chicken Tenders • Mashed Potatoes & Gravy • Broccoli & Cheese • Roll • Fruit • Milk 	<ul style="list-style-type: none"> • Popcorn Chicken & Roll • Meatball Sub • Green Beans • Side Salad • Fruit • Milk 	<ul style="list-style-type: none"> • Hamburger • Fajita Chicken Salad • Potato Smiles • Side Salad • Roll • Fruit • Milk 	<ul style="list-style-type: none"> • Cheese Pizza • Bean & Cheese Burrito • Cooked Carrots • Pinto Beans • Salsa • Fruit • Milk 	<ul style="list-style-type: none"> • Nachos • Grilled Cheese Sandwich • Corn • Spanish Rice • Fruit • Milk

Other Lunch Information:

Watch For New Items Offered Monthly

Assorted Fruit and Vegetables Offered Daily

Some items may contain pork and subject to change without notice. Please inquire if you have any questions.

AUGUST 2018

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
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19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2018

S	M	T	W	T	F	S
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OCTOBER 2018

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NOVEMBER 2018

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DECEMBER 2018

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JANUARY 2019

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FEBRUARY 2019

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MARCH 2019

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APRIL 2019

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MAY 2019

S	M	T	W	T	F	S
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The Texas Department of Agriculture (TDA) has issued the Texas Public School Nutrition Policy to promote a healthier environment in schools. This Policy contains various nutritional regulations that the Weatherford ISD Child Nutrition Department must follow. The following is a list of the regulations that must be followed on a daily basis at each campus.

• Elementary classrooms may serve one nutritious snack per day in the morning or afternoon (not during regular meal periods of that class) under teacher's guidance. Prepackage snacks must comply with the fat and sugar limits of Texas Public School Nutrition Policy, must be single-size servings. All snacks (homemade and prepackage) may not contain any FMNV's or consist of candy or desert type items (cookie, cakes, cupcakes, pudding, ice cream, or frozen deserts, etc.).

• Classroom birthday parties must be scheduled after the end of the class's lunch period so that these celebrations will not replace a nutritious lunch. Foods of Minimal Value (FMNV's) may not be brought into the cafeteria during lunch serving periods.

• Carbonated drinks, candies, water ices, and chewing gum may not be sold, served or given away during meal periods where reimbursable meals are served/consumed.

Weatherford ISD Elementary School Menu



Austin Elementary.....	817-598-2851
Crockett Elementary.....	817-598-2827
Curtis Elementary.....	817-598-2838, x7
Ikard Elementary.....	817-598-2821
Martin Elementary.....	817-598-2920
Seguin Elementary.....	817-598-2817
Wright Elementary.....	817-598-2831

Three Ways to Purchase Meals

Pre-Payments Online:

To post money on your students account, you may log into your myschoolbucks.com account. This service is easy to use, convenient, private, and secure. Parents may view/print their student's purchase history, account balance, and pay for multiple students by credit card or debit card. There is a convenience fee to pay online.

Check:

Make checks payable to the school your student attends. Include the students name(s) and ID number on the check. Bring the check to the cafeteria.

Cash:

Cash may be brought to your students cafeteria and deposit into their account or students may pay on a daily basis. Please put cash in an envelope with your students name(s) and ID number.

Menus are subject to change due to item availability

Weatherford ISD • Child Nutrition Department
999 Sloan, Weatherford, TX 76086
www.weatherfordisd.com

Executive Director of Support Services
Alicia Hernandez, 817-598-2991

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.