



Gustine High & Middle School

March 2019 Breakfast & Lunch Menu

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Cold Sandwiches & Wraps

Monday
Ham & Cheese Sandwich

Tuesday
Italian Sub

Wednesday
Turkey & Cheddar Sub

Thursday
Grilled Triple Cheese Sand.

Friday
Sunbutter & Jelly

Breakfast

Monday
Breakfast on a Stick

Tuesday
Parfait

Wednesday
Breakfast Pizza

Thursday
Cinnamon Roll

Friday
Ham & Cheese Bagel

Cereal & Cereal Bars served daily

Find menus, nutrition, allergen information and more online or on your phone!
Download School Menus by Nutrislice to your smartphone from the App Store or visit: Gustine.nutrislice.com

Monday	Tuesday	Wednesday	Thursday	Friday
<p>St. Patrick's Day March 17th</p>				
4 Bacon Cheddar Melt Seasoned Wedge Fresh Fruit Sandwich	5 Bean & Cheese Burrito Seasoned Pinto Beans Fresh Fruit Grilled Chicken Sand	6 Orange Chicken Steamed Rice & Broccoli Fresh Fruit Enchilada	7 Cheesy Pizza Pasta Steamed Carrots Fresh Fruit Hot Dog	8 Broccoli Cheese Baked Potato Carrots Fresh Fruit Chicken Nuggets
11 Chicken & Waffles Seasoned Wedge Fresh Fruit Hamburger	12 Beef Nachos w/ Beef, Cheese & Refried Beans Fresh Fruit Corn Dog	13 General Tso Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	14 Macaroni & Cheese Green Beans Fresh Fruit Macaroni & Cheese	15 Roasted Chicken Mashed Potatoes Green Beans Fresh Fruit Burrito
18 No School Staff Development	19 Chicken Fajita w/ Pepper & Onions Corn Fresh Fruit Grilled Chicken Sand	20 Teriyaki Dippers Steamed Rice & Broccoli Fresh Fruit Enchilada	21 Chicken Alfredo Steamed Carrots Fresh Fruit Hot Dog	22 BBQ Beef Rib Sand French Fries Fresh Fruit Burrito
25 Popcorn Chicken Bowl w/ Corn Fresh Fruit Hamburger	26 Enchiladas Seasoned Pinto Beans Fresh Fruit Corn Dog	27 Honey Fire Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	28 Breakfast for Lunch Pancakes, Berries, Sausage & Potatoes Fresh Fruit Macaroni & Cheese	29 Meatball Sandwich Carrot Sticks Fresh Fruit Chicken Nuggets

Classic Cheese Pizza and Pepperoni Pizza served daily,
All pizza made w/ reduced fat cheese & whole grain crust.
Includes Veggie & Fruit.

Specials

Monday: Aloha Pizza
Tuesday: Buffalo Chicken Pizza
Wednesday: Jalapeno Pepperoni Pizza
Thursday: BBQ Chicken
Friday: Veggie Pizza

grilled

Lean beef burgers w/ cheese barbequed daily.
Breaded chicken sandwiches available daily.

Specials

Monday: Avocado Cheeseburger
Tuesday: Chili Cheese Dog
Wednesday: Fiesta Burger
Thursday: Philly Cheesesteak
Friday: BBQ Bacon Cheese Burger

wild greens

Fresh Food Fast- Packaged for Grab N' Go
(Salads served with a dinner roll)

Specials

Monday: Buffalo Chicken Salad
Tuesday: Popcorn Chicken Salad
Wednesday: Caesar Salad
Thursday: Cobb Salad
Friday: Garden Salad

Breakfast Prices 1st Meal FREE FOR ALL STUDENTS 2nds & Adults: \$2.50 Lunch Prices 1st MEAL FREE FOR ALL STUDENTS 2nds & Adults: \$4.00 Milk & Bottled Water: \$0.50

For questions please call the Nutrition Services office at (209) 854-6747 or visit our website at <http://gustine.businesscatalyst.com/cafeateria> - **Menus available online!**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services.

To get nutritional information please check out the Nutrislice App. Download it free from the Google Play or iTunes Store. Ingredients and menu items subject to change without notice. Students offered a choices of 1% unflavored milk or nonfat chocolate milk. Gluten Free Option