



FROM THE NURSE' OFFICE

Newton County Schools Illness Guidelines

Students should stay home or seek medical treatment if they...

- Have an elevated temperature greater than 100 degrees F.
- Have vomited or had diarrhea over the past 24 hours.
- Have large amounts of nasal or chest mucus discharge that is greenish/yellow in color.
- Have symptoms of conjunctivitis such as blood shot eye, crusty discharge from the eye, swelling, and or pain of the eye.
- Have a severe, red inflamed, sore throat (possible strep throat). Other symptoms of strep throat may include a headache, stomach ache, or rash.
- Have a severe earache with or without fever.
- Have a communicable illness such as chickenpox/shingles.
- Have an active infestation of head lice or scabies.

Students should remain home...

- For at least 24 hours after an elevated temperature returns to normal without fever reducing medications.
- For at least 24 hours after vomiting or diarrhea has ended.
- For at least 24 hours after antibiotic medication for sinus infection, pink eye, strep throat, or ear infection.
- Until chickenpox/shingles vesicles or any rash with drainage has completely dried.
- Until adequately treated for head lice and scabies. (See link for Head Lice Information)

General Health Information:

- Health form must be completed each year your child is in school. These may be printed from our website or they can be picked up at registration or from the nurse's office.
- Please inform your school nurse about any changes in your child's health throughout the school year such as accident, surgery, recent hospitalization, or medication changes. You may send a copy of medical records necessary for the nurse to provide the best possible care for your child during school.
- Keep physicals and immunizations up-to-date.
- A doctor's note is required to return to school after any communicable illness, hospitalization/surgery, broken bones, or prolonged illness.