

HEALTH CONCERNS GENERAL RECOMMENDATIONS

ASTHMA

When a student has difficult or labored breathing, keep him/her calm. Give warm water to drink and limit activities on smoggy days. Call health office and ask for wheel chair. **Do not send student alone!**

ALLERGIES

When students complain of congestion, sinus pain or itchy, watery eyes, send them to the health office.

MIGRAINE HEADACHES

At first complaint of headache, have student relax. Send to health office for cold compress on forehead and possible medication.

ADD or ADHD

Some of these students have medication to be taken at specific times during the day. The classroom teacher is responsible for sending student to health office. If medication is missed, student may become restless and unable to concentrate.

DIABETES

Watch for signs of pale, clammy skin, shakiness, heart pounding and weakness. Call health office immediately! **Do not send student alone!**

CONDUCTIVE HEARING LOSS

Give preferential seating.

VISION DEFICIT

Give preferential seating.

SEIZURES

Nothing in mouth. Protect from falls. Call health office.

NOSEBLEEDS

Have student pinch nostril, send to health office. Observe Universal Precaution procedures.

IMMUNIZATION WAIVER

Please notify the health office if a classroom outbreak (i.e. measles, chicken pox, etc.)

BLADDER/KIDNEY/URINARY PROBLEMS

May need to be excused to use restroom as needed.