



**NEW BRAUNFELS JR COUGARS
YOUTH FOOTBALL AND CHEER (NBJC)**



FREE SKILLS CAMP

June 12th & 13th

6pm to 8pm

HEB SOCCER FIELDS NEW BRAUNFELS

OPEN TO THE PUBLIC

With Special Guest

WILL HEYWARD of

EVERYDAY PHENOM TRAINING

- Form Running
- Lateral Movements
- Healthy Lifestyle Choices
- Speed
- Endurance
- Conditioning

EMAIL US FOR MORE INFO: jrcougarsfootball@yahoo.com

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