



**February 2019**  
**Breakfast & After Care Snack Menu**

<p><b><u>Student Daily Lunch</u></b>  <b><u>Prices:</u></b>          Reduced \$ .40          Paid \$3.25  <b><u>Daily Adult Price</u></b>          \$4.50  <b><u>Payment Options:</u></b>          Cash          Money Order  <a href="http://www.ezschoollpay.com">www.ezschoollpay.com</a></p>				<p><b>Friday, 1st</b></p> <p><b><u>Breakfast</u></b>          *Assorted Cereal          *Buttered Toast  <u>OR</u>          *Sausage (Chicken) Biscuit</p> <p>*Chilled Fruit          100% Fruit          Juice          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          Chef Choice</p>
<p><i>"This Institution is an Equal Opportunity Provider and Employer"</i></p>				
<p><b>Monday, 4th</b></p> <p><b><u>Breakfast</u></b>          *Frosted Flakes Cereal          (1/3 Less Sugar)          *Buttered Toast  <u>OR</u>          *French Toast Sticks w/          Syrup</p> <p>Chilled Applesauce          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Chex Mix          Choice of Milk</p>	<p><b>Tuesday, 5th</b></p> <p><b><u>Breakfast</u></b>          *Apple Cinnamon          Cheerios Cereal          *Buttered Toast  <u>OR</u>          *Chicken Biscuit</p> <p>Fresh Apple          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Pop Tart          Choice of Milk</p>	<p><b>Wednesday, 6th</b></p> <p><b><u>Breakfast</u></b>          *Cinnamon Toast Crunch          Cereal          *Buttered Toast  <u>OR</u>          *Breakfast Pizza</p> <p>Chilled Sliced Pears          100% Fruit Juice          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Cinnamon Toast Crunch          (Cereal on the Go)</p>	<p><b>Thursday, 7th</b></p> <p><b><u>Breakfast</u></b>          *Cocoa Puffs Cereal          *Buttered Toast  <u>OR</u>          *Waffles w/ Syrup</p> <p>Chilled Fruit Cocktail          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          Fresh Apple Slices          Choice of Milk</p>	<p><b>Friday, 8th</b></p> <p><b><u>Breakfast</u></b>          *Assorted Cereal          *Buttered Toast  <u>OR</u>          *Cinnamon Roll</p> <p>Chilled Fruit          100% Fruit Juice          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Baked Lays Chips          100% Fruit Juice</p>
<p><b>Monday, 11th</b></p> <p><b><u>Breakfast</u></b>          *Frosted Flakes Cereal          (1/3 Less Sugar)          *Buttered Toast  <u>OR</u>          *Blueberry Pancake Pup</p> <p>Chilled Peach Cup          100% Fruit Juice          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Cinnamon Apple          Waffle Graham Cracker          Choice of Milk</p>	<p><b>Tuesday, 12th</b></p> <p><b><u>Breakfast</u></b>          *Apple Cinnamon          Cheerios Cereal          *Buttered Toast  <u>OR</u>          *Grilled Cheese          Hash Brown</p> <p>Fresh Orange Slices          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Gold Fish Pretzels          100% Fruit Juice</p>	<p><b>Wednesday, 13th</b></p> <p><b><u>Breakfast</u></b>          *Cinnamon Toast Crunch          Cereal          *Buttered Toast  <u>OR</u>          Scrambles Eggs          Grits</p> <p>Fresh Apple          Choice of Milk</p> <p><b><u>After Care Snack</u></b>          *Rice Krispie Treat          Choice of Milk</p>	<p><b>Thursday, 14th</b></p> <p><b><u>Breakfast</u></b>          *Cocoa Puffs Cereal          *Buttered Toast  <u>OR</u>          *Pop Tart          Sausage Link (Turkey)</p> <p>Chilled Fruit          Choicer of Milk</p> <p><b><u>After Care Snack</u></b>          *White Cheddar Popcorn          100% Fruit Juice</p>	<p><b>Friday, 15th</b></p> <p>No School          Winter Break</p>

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<i>Monday, 18th</i>	<i>Tuesday, 19th</i>	<i>Wednesday, 20th</i>	<i>Thursday, 21st</i>	<i>Friday, 22nd</i>
<p><i>No School Winter Break</i></p>	<p><u><b>Breakfast</b></u> *Apple Cinnamon Cheerios Cereal *Buttered Toast <u><b>OR</b></u> *Chicken Biscuit</p> <p>Fresh Apple Choice of Milk</p> <p><u><b>After Care Snack</b></u> *Pop Tart Choice of Milk</p>	<p><u><b>Breakfast</b></u> *Cinnamon Toast Crunch Cereal *Buttered Toast <u><b>OR</b></u> *Breakfast Pizza</p> <p>Chilled Sliced Pears 100% Fruit Juice Choice of Milk</p> <p><u><b>After Care Snack</b></u> *Cinnamon Toast Crunch (Cereal on the Go)</p>	<p><u><b>Breakfast</b></u> *Cocoa Puffs Cereal *Buttered Toast <u><b>OR</b></u> *Pancakes w/ Syrup Sausage Link (Turkey)</p> <p>Chilled Applesauce Choice of Milk</p> <p><u><b>After Care Snack</b></u> Fresh Apple Slices Choice of Milk</p>	<p><u><b>Breakfast</b></u> *Assorted Cereal *Buttered Toast <u><b>OR</b></u> *Cinnamon Roll</p> <p>Chilled Fruit 100% Fruit Juice Choice of Milk</p> <p><u><b>After Care Snack</b></u> *Baked Lays Chips 100% Fruit Juice</p>
<i>Monday, 25th</i>	<i>Tuesday, 26th</i>	<i>Wednesday, 27th</i>	<i>Thursday, 28th</i>	
<p><u><b>Breakfast</b></u> *Frosted Flakes Cereal (1/3 Less Sugar) *Buttered Toast <u><b>OR</b></u> *Cinnamon French Toast w/ Syrup</p> <p>Chilled Applesauce Choice of Milk</p> <p><u><b>After Care Snack</b></u> *Cinnamon Apple Waffle Graham Cracker Choice of Milk</p>	<p><u><b>Breakfast</b></u> *Apple Cinnamon Cheerios Cereal *Buttered Toast <u><b>OR</b></u> *Chicken Biscuit</p> <p>Fresh Apple Choice of Milk</p> <p><u><b>After Care Snack</b></u> *Gold Fish Pretzels 100% Fruit Juice</p>	<p><u><b>Breakfast</b></u> *Cinnamon Toast Crunch Cereal *Buttered Toast <u><b>OR</b></u> *Breakfast Pizza</p> <p>Chilled Sliced Pears 100% Fruit Juice Choice of Milk</p> <p><u><b>After Care Snack</b></u> *Rice Krispie Treat Choice of Milk</p>	<p><u><b>Breakfast</b></u> *Cocoa Puffs Cereal *Buttered Toast <u><b>OR</b></u> *Waffles w/ Syrup</p> <p>Chilled Fruit Cocktail Choice of Milk</p> <p><u><b>After Care Snack</b></u> *White Cheddar Popcorn 100% Fruit Juice</p>	<p><u><b>Daily Milk Choices:</b></u> 1% Non-Flavored Fat Free Chocolate Fat Free Strawberry Fat Free Vanilla</p> <p>*Whole Grain</p>