

# Scott County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

Generated on: 12/21/2018 10:14:50 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Mon - 01/07/2019					
Lunch 9-12	Total	1			
HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	0.000
Weighted Daily Average % of Calories			*N/A*	*N/A*	0.000
Nutrient Guideline			750-850		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Tue - 01/08/2019					
Lunch 9-12	Total	1600			
Chicken Tenders Baked MS546	3 tenders	950	250	17.0	0.000
Chicken Tenders Fried MS548	3 tenders	600	301	17.0	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1400	160	29.0	0.000
Tuna Salad w/ Crackers MS636	1/2 CUP	200	276	21.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Cream-Style Corn MS1028	1/2 cup	1200	115	24.81	0.000
Glazed Carrots MS1018	1/2 cup	250	56	9.28	0.000
Apple and Orange Wedges MS1240	1/2 cup	300	53	13.45	0.000
Banana Berry Blend MS1224	1/2 cup	1200	98	24.27	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	700	120	22.0	0.000
Milk, FF White 1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr, 1/2 pt.PFMS1702	1/2 pint	200	130	23.0	0.000
Milk, FF, Van, 1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Cookie,Chocolate ChipPurMS1428	1 cookie	375	120	16.0	0.000
Weighted Daily Average % of Calories			750	107.79	0.000
Nutrient Guideline			750-850	57.5%	

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Base Menu Spreadsheet

Portion Values - Detailed

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Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

Generated on: 12/21/2018 10:14:50 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Wed - 01/09/2019					
Lunch 9-12	Total	1600			
Chili Con Carne w/oBeans MS132	1/2 cup	1400	167	3.87	0.000
Bread/Mozz. Cheese Stic 1MS924	1 breadstick	1400	150	15.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Spicy Chicken Sand MS736	1 each	500	330	40.17	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Baked Potato w/ Marg, MS1074	1 potato	1500	181	36.59	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Pineapple Tidbits MS1286	1/2 cup	350	72	18.87	0.000
Mandarin Fruit Cup MS1254	1/2 cup	1000	62	16.28	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	500	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	450	30	1.0	0.000
Cheese 1 oz. String MS938	1 ounce	1200	80	1.0	0.000
Sour Cream PC MS1564	1 each	150	55	0.82	0.000
Weighted Daily Average			807	101.41	0.000
% of Calories				50.3%	
Nutrient Guideline			750-850		

Thu - 01/10/2019					
Lunch 9-12	Total	1600			
Cheesy Chicken Over/RiceCMS516	1 serving	1300	354	29.46	0.000
Cornbread 2 WG MS1301	1 piece	1150	205	35.42	0.000
Country Fried Steak Sand MS746	1 each	250	476	43.18	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Cabbage, Seasoned MS1015	1/2 cup	350	44	5.86	0.000
Baked Beans, MS1000	1/2 cup	750	163	36.85	0.000
Fresh Fruit Bowl VarietyMS1244	1 each	650	84	21.72	0.000
Hot Cinnamon Apples MS1208	1/2 cup	500	118	21.92	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	700	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	225	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ketchup PC MS1528	1 packet	500	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	200	30	1.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Fruit Crisp MS1412	1 serving	400	273	45.51	0.000
Weighted Daily Average			849	120.61	0.000
% of Calories				56.9%	
Nutrient Guideline			750-850		

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Base Menu Spreadsheet

Portion Values - Detailed

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Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Fri - 01/11/2019					
Lunch 9-12	Total	1600			
Cheeseburger 2 oz., US MS728.1	1 each	1250	316	32.23	0.000
Grilled Chicken Sandwich MS764	1 each	350	296	31.21	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Fried Crinkle Cut Fries MS1089	1/2 cup	1600	134	17.55	0.000
Tropical Fruit MS1249	1/2 cup	350	126	32.73	0.000
Fresh Fruit Cup MS1250	1/2 cup	1300	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	1100	30	1.0	0.000
Mustard, PC, MS1538	1 packet	500	4	0.5	0.000
Cookie, Sugar, Pur ENR, MS1436	1 cookie	1000	120	17.0	0.000
Weighted Daily Average			753	105.42	0.000
% of Calories				56.0%	
Nutrient Guideline			750-850		

Mon - 01/14/2019					
Lunch 9-12	Total	1600			
Chicken Nuggets Bkd MS532	5 nuggets	1200	211	12.0	0.000
Chicken Nuggets,Fried MS534	5 nuggets	400	259	12.0	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1700	160	29.0	0.000
Tuna Salad w/ Crackers MS636	1/2 CUP	100	276	21.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Baked Beans, MS1000	1/2 cup	850	163	36.85	0.000
Mashed Potatoes MS1078	1/2 cup	850	91	15.67	0.000
Brown Gravy, Package MS1506	2 ounces	250	26	5.18	0.000
Chilled Peach Slices MS1274	1/2 cup	600	65	17.49	0.000
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Assorted Gelatin w/ Top MS1450	1/2 cup	750	89	19.38	0.000
Weighted Daily Average			759	115.37	0.000
% of Calories				60.8%	
Nutrient Guideline			750-850		

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Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Tue - 01/15/2019					
Lunch 9-12	Total	1600			
Vegetable Beef Soup MS816	1 cup	1500	130	12.27	0.000
Grill Cheese Sand2 oz.UMS760.1	1 each	1700	302	32.04	0.000
Fruit & Yogurt Salad U MS618.1	1 salad	100	425	65.35	0.000
Spinach Salad MS1119	1 cup	1000	88	8.54	0.000
Squash, Summer: MS1127	1/2 cup	650	42	6.26	0.000
Chilled Peach Slices MS1274	1/2 cup	600	65	17.49	0.000
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Assorted Gelatin w/ Top MS1450	1/2 cup	1000	89	19.38	0.000
Weighted Daily Average % of Calories			753	101.84 54.1%	0.000
Nutrient Guideline			750-850		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Wed - 01/16/2019					
Lunch 9-12	Total	1600			
Beef Tips Over Noodles MS112	1 serving	1050	265	20.98	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1050	160	29.0	0.000
Pizza, WGR Pepperoni,Wdg MS306	1 wedge	500	270	32.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Tossed Salad w/Drsg MS1126	1/2 cup	1000	31	6.03	0.000
Green Peas, Frozen MS1070	1/2 cup	1200	91	13.67	0.000
Chilled Blushing Pears, MS1276	1/2 cup	375	71	18.91	0.000
Fresh Oranges MS1268	1 each	1300	61	15.22	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	500	30	1.0	0.000
Mustard, PC, MS1538	1 packet	200	4	0.5	0.000
Cookie, Sugar, Pur ENR, MS1436	1 cookie	1500	120	17.0	0.000
Weighted Daily Average % of Calories			750	108.07 57.7%	0.000
Nutrient Guideline			750-850		

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Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

Generated on: 12/21/2018 10:14:50 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Thu - 01/17/2019					
Lunch 9-12	Total	1600			
Turkey Sliced,Brown GravyMS564	1 serving	1600	136	6.76	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1600	160	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Baked Potato w/ Marg, MS1074	1 potato	1500	181	36.59	0.000
Green Beans,Frz,Cut, MS1042	1/2 cup	1100	39	5.31	0.000
Hot Cinnamon Apples MS1208	1/2 cup	800	118	21.92	0.000
Fresh Fruit Bowl VarietyMS1244	1 each	425	84	21.72	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	950	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	200	130	24.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	400	130	23.0	0.000
Cookie,Chocolate ChipPurMS1428	1 cookie	650	120	16.0	0.000
Weighted Daily Average			772	122.79	0.000
% of Calories				63.6%	
Nutrient Guideline			750-850		

Fri - 01/18/2019					
Lunch 9-12	Total	1600			
Cheeseburger 2 oz., US MS728.1	1 each	1500	316	32.23	0.000
Muffins & Yogurt Choice,MS1686	1 serving	50	235	42.0	0.000
Cheese 1 oz. String MS938	1 ounce	50	80	1.0	0.000
Muffin Loaf ChocChip1GR MS1633	1 muffin	50	160	26.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Fried Crinkle Cut Fries MS1089	1/2 cup	1600	134	17.55	0.000
Tropical Fruit MS1249	1/2 cup	350	126	32.73	0.000
Fresh Fruit Cup MS1250	1/2 cup	1300	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	800	30	1.0	0.000
Mustard, PC, MS1538	1 packet	500	4	0.5	0.000
Cookie,Chocolate ChipPurMS1428	1 cookie	1100	120	16.0	0.000
Weighted Daily Average			755	105.98	0.000
% of Calories				56.2%	
Nutrient Guideline			750-850		

Mon - 01/21/2019					
Lunch 9-12	Total	1			
HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	0.000

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Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Weighted Daily Average % of Calories			*N/A*	*N/A*	0.000
Nutrient Guideline			750-850		

Tue - 01/22/2019					
Lunch 9-12	Total	1600			
Steak Fingers, Baked MS180	4 each	1300	287	17.8	0.000
Macaroni and Cheese MS1338	1/2 cup	1000	121	18.91	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1000	160	29.0	0.000
Corn Dog MS744	1 each	300	247	27.08	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Field Peas, Frozen MS1068	1/2 cup	850	121	21.17	0.000
Broccoli Florets, FRZ, MS	1/2 cup	1600	70	7.05	0.000
Chilled Peaches, Frozen,MS1277	1/2 cup	1000	60	12.75	0.000
Fresh Fruit Cup MS1250	1/2 cup	450	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	900	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	250	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	325	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	150	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	2000	10	3.0	0.000
Mustard, PC, MS1538	1 packet	350	4	0.5	0.000
Weighted Daily Average % of Calories			793	106.83 53.9%	0.000
Nutrient Guideline			750-850		

Wed - 01/23/2019					
Lunch 9-12	Total	1600			
Chicken Mandarin MS570	1 Serving	1200	232	30.56	0.000
Rice, Asian Stir Fried, MS1348	1/2 cup	1100	119	25.28	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1200	160	29.0	0.000
Pizza, WGR Pepperoni,Wdg MS306	1 wedge	350	270	32.0	0.000
Tuna Salad MS630	1/2 cup	50	182	4.06	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Yam Patties MS1135	1/2 Cup	1200	120	28.0	0.000
California Vegetables MS1054	1/2 cup	650	50	5.67	0.000
Pear Salad MS1284	1/2 cup	400	102	19.99	0.000
Fruit Cocktail MS1248	1/2 cup	1300	58	14.91	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Assorted Gelatin,PC CupsMS1458	1 gelatin cup	650	70	18.0	0.000
Weighted Daily Average % of Calories			750	134.30 71.6%	0.000
Nutrient Guideline			750-850		

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Page 7

Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

Generated on: 12/21/2018 10:14:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Thu - 01/24/2019					
Lunch 9-12	Total	1600			
Beef -A- Roni MS114	3/4 cup	1250	294	26.0	0.000
Toast, Garlic WW MS1351	1 slice	1250	90	15.0	0.000
Spicy Chicken Sand MS736	1 each	300	330	40.17	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Whole Ker Corn Frz MS1031	1/2 cup	950	89	17.22	0.000
Green Beans,Frz,Cut, MS1042	1/2 cup	950	39	5.31	0.000
Chilled Blushing Pears, MS1276	1/2 cup	350	71	18.91	0.000
Mandarin Fruit Cup MS1254	1/2 cup	1300	62	16.28	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	800	30	1.0	0.000
Cookie,Chocolate ChipPurMS1428	1 cookie	1500	120	16.0	0.000
Weighted Daily Average			750	106.37	0.000
% of Calories				56.7%	
Nutrient Guideline			750-850		

Fri - 01/25/2019					
Lunch 9-12	Total	1600			
Cheeseburger 2 oz., US MS728.1	1 each	1250	316	32.23	0.000
Grilled Chicken Sandwich MS764	1 each	350	296	31.21	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Vegetable Juice, Assort,MS1156	1/2 cup	375	57	14.0	0.000
Fried Crinkle Cut Fries MS1089	1/2 cup	1600	134	17.55	0.000
Tropical Fruit MS1249	1/2 cup	350	126	32.73	0.000
Fresh Fruit Cup MS1250	1/2 cup	1300	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	1100	30	1.0	0.000
Mustard, PC, MS1538	1 packet	500	4	0.5	0.000
Cookie, Sugar, Pur ENR, MS1436	1 cookie	1000	120	17.0	0.000
Weighted Daily Average			753	105.42	0.000
% of Calories				56.0%	
Nutrient Guideline			750-850		

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# Scott County School District

Base Menu Spreadsheet

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Jan 7, 2019 thru Jan 31, 2019

Lunch 9-12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Mon - 01/28/2019					
Lunch 9-12	Total	1600			
Chicken Tenders Baked MS546	3 tenders	950	250	17.0	0.000
Chicken Tenders Fried MS548	3 tenders	600	301	17.0	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	1400	160	29.0	0.000
Tuna Salad w/ Crackers MS636	1/2 CUP	200	276	21.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Cream-Style Corn MS1028	1/2 cup	1200	115	24.81	0.000
Glazed Carrots MS1018	1/2 cup	250	56	9.28	0.000
Apple and Orange Wedges MS1240	1/2 cup	300	53	13.45	0.000
Banana Berry Blend MS1224	1/2 cup	1200	98	24.27	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	700	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	200	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Ketchup PC MS1528	1 packet	1300	10	3.0	0.000
Cookie,Chocolate ChipPurMS1428	1 cookie	375	120	16.0	0.000
Weighted Daily Average			750	107.79	0.000
% of Calories				57.5%	
Nutrient Guideline			750-850		

Tue - 01/29/2019					
Lunch 9-12	Total	1600			
Red BeansCND/Rice/SausageMS416	1 serving	900	298	37.58	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	900	160	29.0	0.000
Loaded Baked Potato Soup MS808	1 cup	650	391	42.2	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	650	100	18.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	10	60	9.0	0.000
Cabbage, Seasoned MS1015	1/2 cup	1000	44	5.86	0.000
Pinto Beans MS912	1/2 cup	650	146	26.17	0.000
Chilled Peach Slices MS1274	1/2 cup	600	65	17.49	0.000
Fresh Fruit Cup MS1250	1/2 cup	850	64	16.48	0.000
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	725	120	22.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	200	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	300	130	23.0	0.000
Milk, FF, Van,1/2 pt.PF MS1704	1/2 pint	75	130	24.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Assorted Gelatin w/ Top MS1450	1/2 cup	1000	89	19.38	0.000
Weighted Daily Average			767	121.76	0.000
% of Calories				63.5%	
Nutrient Guideline			750-850		

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Base Menu Spreadsheet

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Lunch 9-12

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	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Wed - 01/30/2019					
Lunch 9-12	Total	1600			
Hamburger Steak W/GvyUSMS144.1	1 steak	700	143	5.59	0.000
Cornbread 2 WG MS1301	1 piece	700	205	35.42	0.000
Pizza, WGR,Pepperoni,16' MS308	1 slice	850	350	29.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons,.5 Gram Packet,MS1318	1 packet	50	60	9.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	5	100	18.0	0.000
Mashed Potatoes MS1078	1/2 cup	1400	91	15.67	0.000
Brown Gravy, Package MS1506	2 ounces	200	26	5.18	0.000
Turnip Greens, Southern MS1046	1/2 cup	100	57	3.43	0.000
Fresh Oranges MS1268	1 each	600	61	15.22	0.000
Pineapple Tidbits MS1286	1/2 cup	750	72	18.87	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	700	130	23.0	0.000
Ketchup PC MS1528	1 packet	1200	10	3.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	850	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	450	130	23.0	0.000
Weighted Daily Average			752	110.40	0.000
% of Calories				58.7%	
Nutrient Guideline			750-850		

	Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost
Thu - 01/31/2019					
Lunch 9-12	Total	1600			
Chicken Spaghetti, ENR,C MS543	3/4 cup	950	326	38.49	0.000
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	950	160	29.0	0.000
Philly Steak on Hoagie MS782	1 Each	600	294	34.0	0.000
Chef Salad, MS600	1 salad	50	244	18.05	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
Croutons, Enriched, MS1317	1 ounce	5	70	14.0	0.000
Saltine Crackers, ENR,M MS1369	2 4-count packs	50	100	18.0	0.000
California Vegetables MS1054	1/2 cup	350	50	5.67	0.000
Baked Beans, US Ham, MS1000.1	1/2 cup	750	199	38.86	0.000
Fresh Fruit Bowl VarietyMS1244	1 each	700	84	21.72	0.000
Fruit Juice, Assorted, MS1246	1 4-oz. cup	750	65	15.5	0.000
Milk, FF Choc 1/2 pt.PF MS1700	1/2 pint	800	130	24.0	0.000
Milk, FF White1/2 pt.PF MS1706	1/2 pint	150	80	11.0	0.000
Milk, FFStrwbr,1/2 pt.PFMS1702	1/2 pint	600	130	23.0	0.000
Ranch Dressing (Mix)MS1546	2 TBSP	50	112	3.47	0.000
Mayonnaise PC Reduce Ft MS1534	PC Packet	400	30	1.0	0.000
Mustard, PC, MS1538	1 packet	300	4	0.5	0.000
Assorted Pudding CupsMS1462	1 pudding cup	650	85	19.0	0.000
Weighted Daily Average			752	120.61	0.000
% of Calories				64.2%	
Nutrient Guideline			750-850		

Weighted Average			685	100.04	0.000
				58.4%	

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# Scott County School District

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Lunch 9-12

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			Portion Size	Reimb Qty	Cals (kcal)	Carb (g)	Cost	
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	685		750 - 850	91%		65		
Carbohydrate (g)	100.04	58.44%						Correction Required - Calories are Low

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