

Ben Milam Elementary
<http://milam.mcallenisd.org>

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OCTOBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
29 Fall Festival shirts will be sold this month. Check Milam social media for more info.	30 2 nd Six Weeks	1 Fideo con Pollo/ Beef Tamales	2 Fall Festival parent volunteer forms go home today. Cheeseburger/Hamburger	3 McHi Homecoming Parade 6:45 p.m. @ McHi Everyone is invited to attend! Oven Roasted Chicken/ Chicken Tenders	4 MILAM SPIRIT DAY WEAR YOUR MILAM T-SHIRT Pepperoni/Cheese Pizza	5
6 Fall Festival Ticket Sales Purchase your Fall Festival tickets online this year! Visit: http://milamfallfestival.square.site	7 Chicken Sticks/Hot Dog	8 PICTURE DAY Picadillo con Papas/ Beef Tamales	9 YOM KIPPUR Cheeseburger/Hamburger	10 PTO Meeting -in the gym- 6:30 p.m. Spaghetti w/ Meat Sauce/ Cheese Sticks	11 MILAM SPIRIT DAY WEAR YOUR MILAM T-SHIRT Fall Festival parent volunteer forms due today. Pepperoni/Cheese Pizza	12
13	14 COLUMBUS DAY Weather Day No School	15 ALL Fall Festival food, drink, candy & \$5 donations due today. Nachos/Frito Pie	16 Progress Reports Cheeseburger/Hamburger	17 Sloppy Joe/Pulled Pork Sliders	18 MILAM SPIRIT DAY WEAR YOUR MILAM T-SHIRT Pepperoni/Cheese Pizza	19 McAllen ISD Dyslexia Conference MILAM FALL FESTIVAL 4:00-7:00 P.M.
20	21 Milam Book Character Pumpkin Patch Decorate a pumpkin as a character from one of your favorite books and bring it to the library Oct. 21-25. Fake pumpkins ONLY. Corn Dog/Hot Dog	22 Fideo con Pollo/ Beef Tamales	23 PROGRESS REPORTS Cheeseburger/Hamburger	24 Milam Spirit Night Cowboy Chicken 5:00 -9:00 PM Oven Roasted Chicken/ Chicken Tenders	25 MILAM SPIRIT DAY WEAR YOUR MILAM T-SHIRT Pepperoni/Cheese Pizza	26
27 RED RIBBON WEEK	28 RED RIBBON WEEK WEAR RED Chicken Sticks/Hot Dog	29 RED RIBBON WEEK WEAR EXERCISE GEAR & BRING A HEALTHY SNACK Picadillo con Papas/ Beef Tamales	30 RED RIBBON WEEK WEAR CRAZY HAIR & SOCKS Cheeseburger/Hamburger	31 HALLOWEEN RED RIBBON WEEK WEAR A STAR WARS OR SUPERHERO SHIRT ~TRUNK OR TREAT~ 7:00-9:00 P.M. Spaghetti w/ Meat Sauce Cheese Sticks	1 End of 2 nd Six Weeks RED RIBBON WEEK WEAR MILAM SHIRT & BOOTS	2

Parent and Family Engagement Meetings
 Tuesday, 10/8/19, **Parent's Rights & Responsibilities/Classroom Observations/McKinney Vento**, 8:30 a.m. & 2:30 p.m.
 Tuesday, 10/15/19, **Breast Cancer Awareness**, 8:30 a.m.
 10/10/19 & 10/22/19 – **State Mandated Assessments**, 6:30 p.m.
 10/30/19 – **Bilingual Dept. Parent Presentation**, Morris MS, 9:00 a.m.

I'm **DELILAH**
THE DAIRY COW

OCTOBER

2019



GOOD EATS AT

**McAllen ISD
Child Nutrition
Services
K-5 Menu**

SPECIAL ANNOUNCEMENTS

Additional choice of assorted reduced sugar cereals served at breakfast

Additional lunch choices offered daily:

M/W/F: Ham & Cheese Sandwich
T/TH: Pin Wheels

Flavored and unflavored skim milk offered at each meal service

Water is also available in cafeterias



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

M

T

W

TH

F

Pancake on a stick
Juice/Fruit
Fideo con Pollo w/ Tortilla
Beef Tamales
Refried Beans
Seasoned Cucumbers
Juice/Fruit **1**

Egg & Chorizo Taco
Juice/Fruit
Hamburger/Cheeseburger
Burrito w Cheese
Burger Salad
Emoji Fries
Juice/Fruit **2**

Morning Sausage Roll
Juice/Fruit
Oven Roasted Chicken w Biscuit
Chicken Tenders w Biscuit
Mashed Potatoes
Broccoli w cheese
Juice/Fruit **3**

Cinnamon Toast Crunch Bar
Juice/Fruit
Pepperoni/Cheese Pizza
Fish w Mac & Cheese
Carrot & Celery Sticks
Juice/Fruit **4**

Banana Chocolate Bar
Juice/Fruit
Chicken Sticks
Hot Dog
Pork N Beans
Carrot Sticks
Juice/Fruit **7**

Morning Sausage Roll
Juice/Fruit
Picadillo con Papas w/ Tortilla
Beef Tamales
Refried Beans
Taco Salad
Juice/Fruit **8**

Bacon & Egg Cheese Taco
Juice/Fruit
Hamburger/Cheeseburger
Burrito w Cheese
Emoji Fries
Juice/Fruit **9**

Mini Blueberry Pancakes
Juice/Fruit
Spaghetti w Meatsauce
Cheese Sticks w Marinara Sauce
Corn on the Cob
Seasoned Cucumbers
Juice/Fruit **10**

Raspberry Cream Bar
Juice/Fruit
Pepperoni/Cheese Pizza
Fish Mac & Cheese
Carrot & Celery Sticks
Juice/Fruit **11**

NO SCHOOL
14

Honeybun
Juice/Fruit
Nachos
Frito Pie
Refried Beans
Taco Salad
Juice/Fruit **15**

Chorizo & Bean Taco
Juice/Fruit
Hamburger/Cheeseburger
Chicken Burger
Burger Salad
Emoji Fries
Juice/Fruit **16**

Marranito
Juice/Fruit
Sloppy Joe
Pulled Pork Sliders
Glazed Carrot
Seasoned Cucumbers
Juice/Fruit **17**

Cinnamon Roll
Juice/Fruit
Pepperoni/Cheese Pizza
Fish w Mac & Cheese
Carrot & Celery Sticks
Juice/Fruit **18**

Blueberry Poptart
Juice/Fruit
Corn Dog
Hot Dog
Pork N Beans
Carrot Sticks
Juice/Fruit **21**

Pancake on a stick
Juice/Fruit
Fideo con Pollo w/ Tortilla
Beef Tamales
Refried Beans
Seasoned Cucumbers
Juice/Fruit **22**

Egg & Chorizo Taco
Juice/Fruit
Hamburger/Cheeseburger
Burrito w Cheese
Burger Salad
Emoji Fries
Juice/Fruit **23**

Morning Sausage Roll
Juice/Fruit
Oven Roasted Chicken w Biscuit
Chicken Tenders w Biscuit
Mashed Potatoes
Broccoli w cheese
Juice/Fruit **24**

Cinnamon Toast Crunch Bar
Juice/Fruit
Pepperoni/Cheese Pizza
Fish w Mac & Cheese
Carrot & Celery Sticks
Juice/Fruit **25**

Banana Chocolate Bar
Juice/Fruit
Chicken Sticks
Hot Dog
Pork N Beans
Carrot Sticks
Juice/Fruit **28**

Morning Sausage Roll
Juice/Fruit
Picadillo con Papas w/ Tortilla
Beef Tamales
Refried Beans
Taco Salad
Juice/Fruit **29**

Bacon & Egg Cheese Taco
Juice/Fruit
Hamburger/Cheeseburger
Burrito w Cheese
Emoji Fries
Juice/Fruit **30**

Mini Blueberry Pancakes
Juice/Fruit
Spaghetti w Meatsauce
Cheese Sticks w Marinara Sauce
Corn on the Cob
Seasoned Cucumbers
Juice/Fruit **31**

NATIONAL SCHOOL LUNCH WEEK

OCTOBER 14-18

SquareMeals.org/NSLW

