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### **FOODLAND – GIVE ALOHA KHS CODE #77602**

Each year during the month of September, to honor Foodland's founder, Maurice J. "Sully" Sullivan and continue his legacy of giving back to the community, Foodland will match donations up to \$300,000 in total donations. Kaiser High School will be participating in this program. This is a great time to donate and provide KHS double your donation!

To donate, please stop in at any Foodland. By using your own Maka'i Card you may donate up to \$249 to Kaiser High School. Our school code is '77602'. Mahalo for supporting Kaiser High School!

### **HOMECOMING SPIRIT WEEK - SEPTEMBER 4 - 8**

The most anticipated week is about to happen. Cougars get into the spirit and participate in the following events:

WEDNESDAY – Aloha Day. Wear aloha attire or floral print. Must be at least 50% upper body floral. Accessories do not count. Afternoon Fair. Support our clubs and student government!

THURSDAY – Sports Day. Wear athletics-related attire on the upper half of your body. Afternoon game: Musical Chairs

FRIDAY – Blue & Gold Day. Wear your class shirt or a blue/gold or yellow shirt. Afternoon game: Class Ring.

HOMECOMING GAME vs. Kalani. JV game starts at 5:00pm. Varsity to follow. **GO COUGARS!**

### **KAISER STUDENT PLACES 2<sup>ND</sup> IN WAIKIKI ROUGHWATER SWIM**

Congratulations to Noelle Nakakura who took 2<sup>nd</sup> place in her age group (17-18 y/o) at the 2018 Waikiki Roughwater Swim. The distance of this swim is 3,824 meters, or 2.38 miles. That's from the New Otani Beach to the Hilton Rainbow Tower and Noelle accomplished this in 1:05. Cougar Proud!

### **MAHALO TO HAWAII KAI'S LION'S CLUB**

Our front office has a new look. A great big Mahalo to Eric Kwick (master carpenter) and the Hawaii Kai Lion's Club for creating a custom made trophy case and benches. Now we can proudly showcase the efforts of our students' work. Take a sneak peek here: [Trophy Case](#)

### **REGISTER FOR GLOBAL STUDIES, EARN CREDIT WITH NO HOMEWORK AND TESTS!**

As part of the Pacific and Asian Affairs Council (PAAC), Kaiser High School is offering an afterschool class where you can earn .05 Social Studies credit. Class meets Tuesday and Thursdays after school. This semester will focus on Japanese Culture and History, Art of the Pacific and Micronesians in Hawaii. Classes will attend PAAC conferences with students from across the state, and will also do a service project. Participating students will be eligible for travel scholarships to Japan. Please see flyer: [Global Studies](#). Please contact Ms. Mathew at 808-394-1200 ext 2265, for any questions or more information.

### **SEPTEMBER 5<sup>TH</sup> – TIMES SUPERMARKET SHOP AND SCORE – KAISER CODE 326**

Shop at Times Supermarket and help purchase equipment for our athletes. By purchasing certain products, Kaiser High School will receive points which will go towards Athletics. Be sure to use KHS code – 326. Please see flyer for more details and a list of qualifying items: [Shop and Save](#)

### **PSAT/NMSQT TEST DATE OCTOBER 10, 2018**

The PSAT/NMSQT is highly relevant to your future success because they focus on the skills and knowledge at the heart of education. They'll measure what you learn in high school and what you need to succeed in college.

Date of test: Wednesday, October 10, 2018, 7:30am at Kaiser High School

Deadline to Register: 3:00pm on Wednesday, September 26. Seats usually are filled before the deadline.

Cost: \$25.00, checks payable to Kaiser High School. Form and payment submission in room H-101. Fee waivers are available to Juniors who qualify for free/reduced lunch. NO REFUNDS

For any questions, please go to H-101.

### **REFLECTIONS CONTEST 2018 – 'HEROES AROUND ME'**

The 2018 Reflections Contest is here! Enter and win \$50 for 3<sup>rd</sup> place, \$100 for 2<sup>nd</sup> place and \$200 for 1<sup>st</sup> place! Students may enter original work in the following categories: Dance Choreography, Film Production, Literature, Music Composition, Photography and Visual Arts. Use the prompt 'Heroes Around Me' to inspire your work.

Last year, many of our winners also won the State level and moved on to the National level.

Entries are due October 31<sup>st</sup> and can be given to either Ms. Amy Connors in room E202, or PCNC Ann Olson at the office. Download a copy of the rules and requirements here: [Reflections2018](#) and see a copy of the flyer here: [Heroes Around Me](#).

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### **PROJECT GRADUATION ANNOUNCEMENTS:**

#### **PROJECT GRADUATION CLASS OF 2019 - NOW ACCEPTING REGISTRATIONS**

Project Grad 2019 is NOW ACCEPTING REGISTRATIONS!

Cost to sign up for Project Graduation:

September 1<sup>st</sup> through December 21, 2018 - \$225.00

December 22<sup>nd</sup> through graduation - \$300.00

So sign up now! Download your registration form here: [ProjectGrad 2019](#). Forms are also available at the front office. Please fill them out completely and return with your payment to the front office.

Parents... please email [kaiserprojectgrad2019@gmail.com](mailto:kaiserprojectgrad2019@gmail.com) if you would like to join the committee and to stay informed.

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**COLLEGE AND CAREER ANNOUNCEMENTS:**

**COLLEGE VISITS, FRIDAY SEPTEMBER 7<sup>th</sup>**

Rhodes College, 8:30 – 9:00am

University of Redlands, 10:45 – 11:20am

The George Washington University, 1:30 – 2:11pm

**COLLEGE FINANCIAL AID INFORMATION NIGHT, TUESDAY, SEPT 11<sup>TH</sup>**

All grade levels and their families are welcome to attend. It's never too early to start learning about how to pay for college. FAFSA opens on October 1, 2018 and Seniors will be applying at the time. Join us in the cafeteria, 6:30 – 8:00pm on Tuesday, September 11, 2018.



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**KAISER CLUB ANNOUNCEMENTS**

**SCIENCE BOWL MEETING**

Science Bowl participants, please meet in room A302 on Monday, September 10<sup>th</sup> during lunch.

**INTERNATIONAL CLUB**

The International Club, "iClub," welcomes students from all nations. Students meet at lunch time on Wednesday each week in F-204, Ms. Bender's room for ELL students.

Activities include community service projects, fun club outings, and two Travel Blog nights, one in each semester.

Travel Blog Night occurs in November and in March from 6-8 pm in the school library. It is open to the public, DOE staff and faculty, parents, guardians, and siblings. Guests are provided a "passport" that is stamped as they visit the various tables/presentations. Full passports are put into a drawing for prizes. The iClub members solicit prizes from area businesses to support this event. Last year, Rita's in Koko Marina provided us with several year-long coupons for lucky winners. Other contributors included Outback Steakhouse, Sophie's Pizza, and others. If you or someone you know is interested in contributing a prize, please contact Ms. Bender, the ELL Coordinator at Kaiser High School. We plan to hold Travel Blog Night when there are no other activities occurring to avoid scheduling conflicts. Students and faculty are invited to participate, iClub membership is not required. Past presentations have included native dress, cultural dance, games, and food.

What are the interesting things about your motherland? People want to know about your country's academic, educational, historic, and social stories. Enlighten us! For more information, bring your lunch to F-204 on Wednesdays to learn more.

**KEY CLUB KRISPY KREME FUNDRAISER @ HOMECOMING FAIR, WED. SEPT. 5TH**

Head's up! Key Club will be selling Krispy Kreme donuts at the Homecoming Fair next Wednesday, September 5th. Cost will be \$12 for a dozen.

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**KAISER HS ATHLETICS ANNOUNCEMENTS**

CLICK HERE FOR [PARTICIPATION/PARENT CONSENT FORM](#):

CLICK HERE FOR [PHYSICAL EXAM/CONCUSSION RISK ACK FORM](#)

CLICK HERE FOR [PARENT ATHLETE HANDBOOK](#)

CLICK HERE FOR [KAISER ATHLETICS WEBSITE](#)

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**HAWAI'I SELF STORAGE – ELITE STUDENT ATHLETE AWARD**

The Elite Student Athlete Award recognized a player that exemplifies excellence as a student, teammate and the community. Selected students will be spotlighted weekly on OC16 and social media accounts One lucky student will win a \$4,000 scholarship to pursue and obtain a college degree.

Please click on the following: [Application Elite Athlete](#) and [Elite Athlete Information](#)

**AIR RIFLERY UPDATE**

Cougars go 2 -0 with a win over Kahuku this past Saturday.  
Taylor Dunaway shot an impressive 543.15 to keep the Lady Cougars aiming high.

**BOYS SOCCER PRESEASON CONDITIONING**

Boys soccer Preseason Conditioning will start Monday, September 10, 2018.

We will meet Mondays from 6:30 – 7:45 P.M. Meet at the bleachers by the boys locker room. All athletes must have their current physical and parent consent forms in order to participate.

If you have any questions, please contact Coach Layne at [layne.abalos@gmail.com](mailto:layne.abalos@gmail.com). Mahalo!

## **GIRLS SOCCER ANNOUNCEMENTS**

Lady Cougars, Preseason Conditioning will start Wednesday, September 5 – Friday, October 26, 2018.

We will meet Monday, Wednesday and Friday from 3:30 – 5:30 P.M. Meet at the Girl's locker room. All athletes must have their current physical and parent consent forms in order to participate.

If you have any questions, please contact Coach Noe at [ladycougars808@gmail.com](mailto:ladycougars808@gmail.com). Mahalo!

## **WRESTLING CONDITIONING HAS STARTED**

To all athletes interested in participating in the upcoming Wrestling Season. Please contact Coach Hironaka at [coachhironaka@gmail.com](mailto:coachhironaka@gmail.com) for more information.

## **UPCOMING ATHLETIC EVENTS**

Wednesday, Sept 5

Girls Volleyball vs Roosevelt @ Roosevelt, 5:30pm

Thursday, Sept 6

Bowling @ KBay, 5:00pm

Friday, Sept 7

Football – Homecoming Game vs. Kalani, JV at 5:00pm, Varsity to follow.

## **KAISER COMPLEX COMMUNITY NEWS:**

**Parent Training Program "Loving Solutions": Sep. 13-Nov. 29 (10 Thursday nights), 6-8 pm, FREE**

<http://www.ainahaina.k12.hi.us/resources/Home/Loving-Solutions-2018.pdf>

For all parents/guardians of children ages 5 to 10 years. Classes are open to the public -- please bring a friend! Limited to the first 25 participants. Childcare is available. This class is only offered once a school year at Aina Haina Elementary School. Register by Sept. 4th. For more information, contact Renee

Ako: [Renee\\_Ako@notes.k12.hi.us](mailto:Renee_Ako@notes.k12.hi.us).

PCNCs Renee Ako and Joanne Imada (Niu Valley Middle School) are excited to present this nationally recognized program <https://www.parentproject.com/>. Classes are fun and interactive. Facilitators will share information, teach strategies and lead small group activities. It is rewarding to return each week to share successes, challenges and to receive feedback. Get a glimpse of Loving Solutions including a preview of Unit 1 here: <https://www.parentproject.com/docs/LovingSolutionsPreviewUnit1.pdf>

## **KIWANI'S SEEKING VENDORS FOR GIFT FAIR, DECEMBER 1<sup>ST</sup>**

The Kiwanis Club is looking for vendors for their 2<sup>nd</sup> annual Gift Fair which will be held at Kaiser High School from 9am – 2pm on December 1, 2018. If you are interested please contact [scottivanaga@gmail.com](mailto:scottivanaga@gmail.com)

**FRIENDS OF KAISER PTSA HAS NEW COUGAR WEAR ITEMS FOR SALE!**

Check out the new items the PTSA has to get you in the Cougar Spirit! Click here for pics: [Cougars](#) and [Wear](#)

Cougar Pride shirts in Blue, White and Grey are \$15

Hoodie with yellow inside hood, \$35

Stadium Seats, comfy and light weight, \$30

Hats or Visors, \$15

Get your Cougar Wear today! To order, please email [aolson@kaiserhs.k12.hi.us](mailto:aolson@kaiserhs.k12.hi.us)

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**IMPORTANT UPCOMING DATES (Click here for link to KHS CALENDAR)**

Sep 4 Friends of Kaiser PTSA, 6:00pm in the Conference Room

Sep 4 – 8 Homecoming Week

Sep 7 Homecoming Football Game – Kaiser Cougars vs. Kalani Falcons

Sep 8 Homecoming Dance, 6:30pm in the Cafeteria

Sep 11 College Financial Aid and Information Night, 6:30pm in the Cafeteria

Sep 11 IBDP Grade 12 Parent Night, 6:00pm in the Library

Sep 13 Make Up Picture Taking, 2:15 – 2:45pm in the Library

Sep 19 Kaiser Open House

Sep 21 Planning and Collaboration Day, No Students

Oct 5 Quarter 1 Ends

Oct 8 – 12 Fall Break

Mahalo,  
Ann Olson

Parent Community Network Coordinator (PCNC)  
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